

Brain and Peripheral Nerve System Processing, Staining, Common Artifacts and Unusual Normal Structures

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Musculoskeletal Systems
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Disclaimer

- All procedures used to obtain images from animals in this presentation were approved by the animal care and use committee in accordance with federal regulations and the Guide for the Care and Use of Laboratory Animals
- Nervous system sampling protocols in this presentation have been endorsed by the Scientific and Regulatory Policy Committee of the Society of Toxicologic Pathology (SRPC)





**STP Position Paper:
Recommended Practices for Sampling and
Processing the Nervous System (Brain, Spinal
Cord, Nerve, and Eye) during Nonclinical
General Toxicity Studies Toxicologic Pathology,
2013**

STP Working Group on Nervous System Sampling:

Brad Bolon (chair), Robert H. Garman, Ingrid D. Pardo, Karl Jensen, Robert C. Sills, Aude Roulois, Ann E. Radovsky, Alys Bradley, Lydia Andrews-Jones, Mark Butt, Laura Gumprecht (co-chair)

Fixation and Tissue Collection

- Immersion fixation after organ removal for 18 hours (rodents) to 48 hours (non-rodents)



Brain, spinal cord, and nerve:

- Neutral buffered 10% formalin (NBF), with or without stabilizers
- Permits routine processing of neural tissues with other non-neural tissues

Eye:

- Bouin's: the RECOMMENDED fixation method
- Davidson's solution, or modified Davidson's solution is ACCEPTABLE fixation methods for eyes
 - intravitreal injection of NBF or NBF: glutaraldehyde mixtures
 - immersion in NBF, if and only if retinal artifacts can be minimized consistently



Brain Weights

- Fresh or fixed brain weight (as long as the same choice is employed throughout a given study)
- Care must be taken to ensure that all organs are removed trimmed in a comparable fashion (e.g., to include or exclude the olfactory bulbs)



Tissue Trimming

Brain:

- Relatively homologous levels acquired using defined external anatomic landmarks used for trimming and internal landmarks to select regions for analysis
- Level orientation generally coronal, but another plane may be selected at the discretion of the study pathologist

Spinal cord:

- Three levels (cranial cervical [approximately C₁-C₂], thoracic [approximately T₆-T₈], and lumbar intumescence [about L₄-L₅])
- Sections assessed in transverse and longitudinal / oblique orientations



Tissue Trimming

Nerve:

- Longitudinal and transverse sections of the sciatic and/or tibial nerve trunk
- Bilateral collection recommended, but unilateral examination acceptable

Eye and optic nerve:

- Axial section through the middle of the globe and nerve
- Bilateral examination recommended
- The chosen practices should be defined in a facility-specific standard operating procedure (SOP) or other reference document and used on all GLP-type general toxicity studies (e.g., 1-, 3-, 6-, 9-, and 12-month tests) in which neural tissues are to be examined



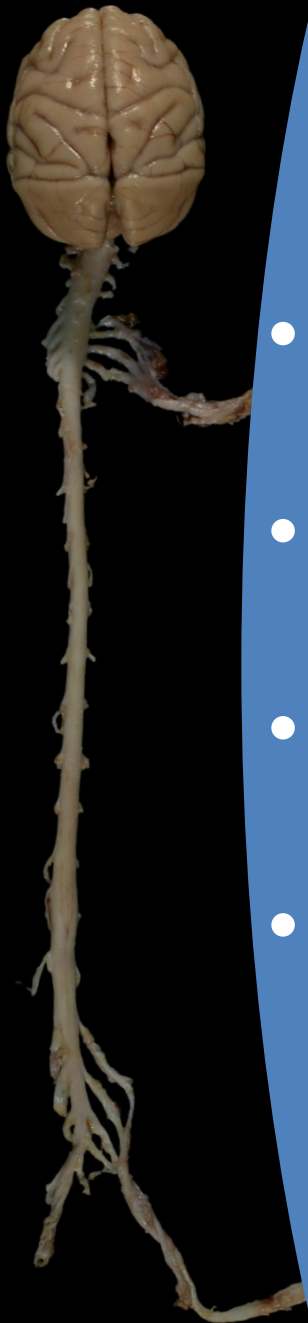
Tissue processing and staining

- **Tissue Processing:** standard paraffin embedding and standard section thickness (typically 4-8 mm)
- **Standard stain:** hematoxylin and eosin (H&E)
- **Special neurohistological procedures are employed in two instances:**
 - *Post hoc* at the discretion of the study pathologist.
 - Side-by-side with the H&E –stained material if presumptive evidence suggests that a neural structure may be affected
- For rodent carcinogenicity bioassays, the brain sampling protocol should be left to the discretion of the sponsoring institution



Histopathology Examination

- qualitative analysis (no routine need for quantitative measurements)
- emphasis on structures to be examined rather than levels to be acquired
- levels should be fairly consistent for all animals in a given study
- study pathologist is aware of dose group identities, in-life findings, etc., (i.e., an uncoded [“unblinded”] analysis)



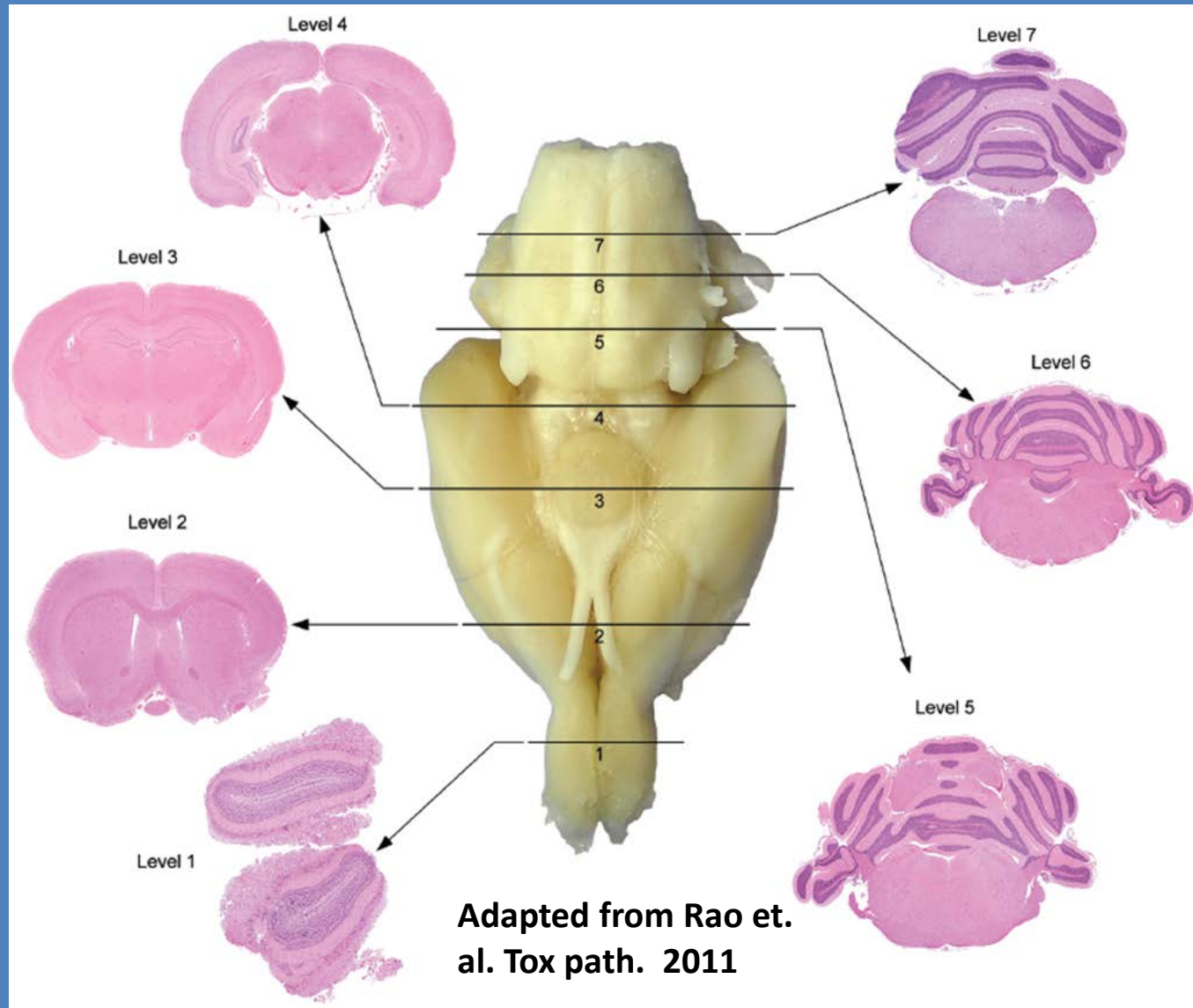
Reporting

- fixation, tissue processing, histological, and analytical practices are specified in some detail
- regions are designated using specific terms (e.g., cerebral cortex vs. forebrain)
- explicit reporting **RECOMMENDED** (e.g., a tabular listing of all regions assessed)
- implicit reporting **ACCEPTABLE**
- listing regions examined in a separate SOP but not formally including it in the report
- citing literature regarding nervous system sampling procedures for the species in question





Ventral brain sectioning for the rat (a) and for the mouse (b).



Adapted from Rao et. al. Tox path. 2011

Major Landmarks for Level Orientation during Brain Sampling in GLP-type Nonclinical General Toxicity Studies in Adult Rodents

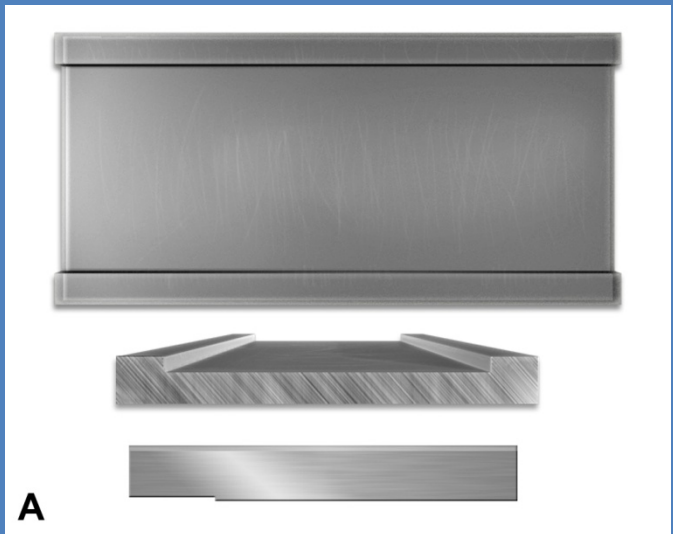
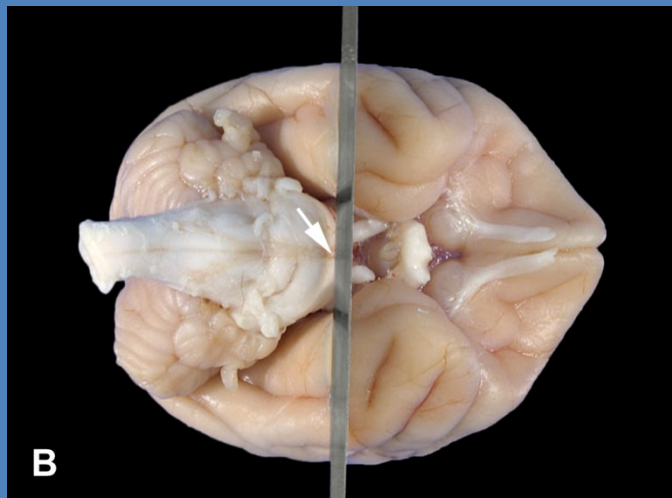
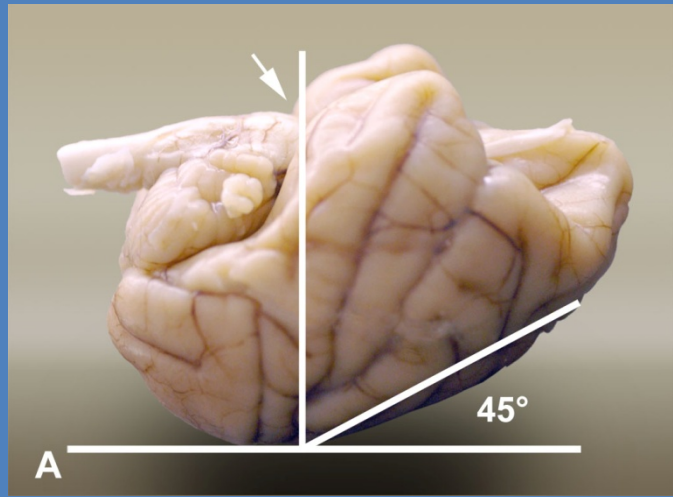
The table shows brain structures visible at given levels (using features visible when the organ is trimmed near the planes in rat brain Figure).

Levels (from Figure 1)							Brain Structures (listed from rostral to caudal)
1	2	3	4	5	6	7	
X							Olfactory Bulb
	X						Anterior Commissure
	X						Septal Nuclei
	X						Caudate / Putamen
	X	X	X				Cerebral Cortex (frontal, parietal, temporal, occipital)
	X	X					Corpus Callosum
	X	X					Internal Capsule
	X	X					External capsule
		X					Optic Tract
		X					Amygdala
		X	X				Hippocampus
		X					Thalamus
		X					Hypothalamus
		X	X				Cerebral Peduncles
			X				Midbrain, Rostral
				X			Midbrain, Caudal
				X			Pons
				X	X	X	Pyramids
				X	X	X	Cerebellum
					X		Deep cerebellar nuclei
			X	X	X	X	Reticular formation
					X	X	Trigeminal Nuclei & Tracts
						X	Medulla oblongata
		X				X	Choroid plexus

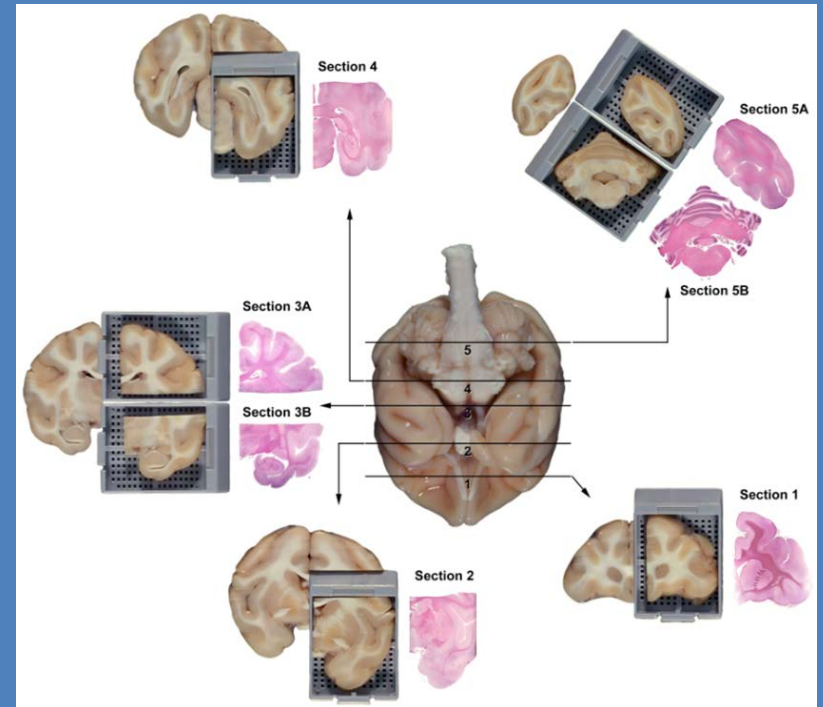
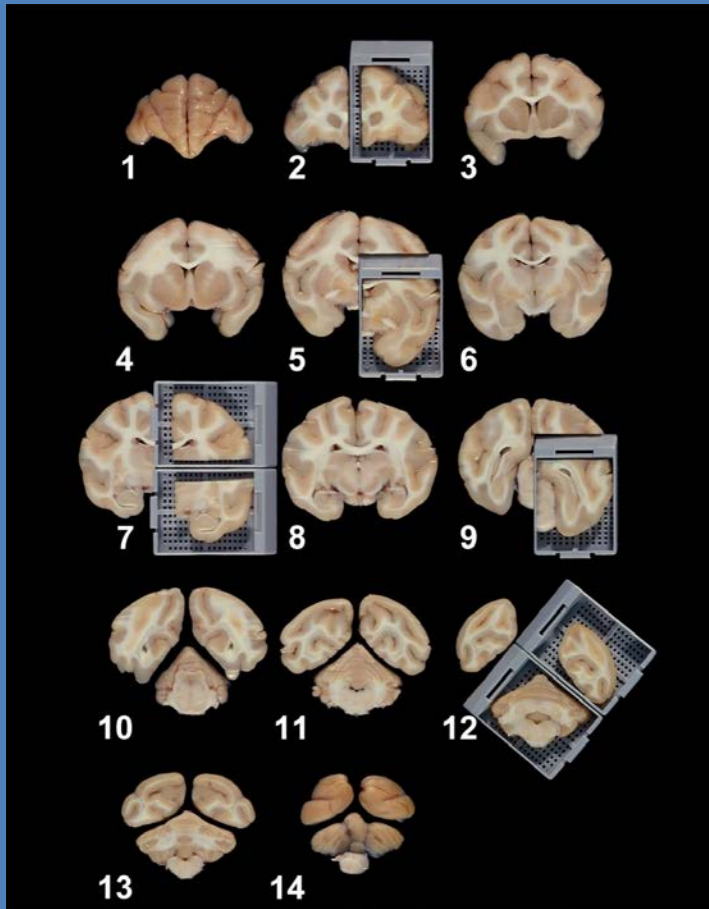




Brain sectioning NHP




Brain sectioning NHP



Adapted from Pardo et al., Tox Path 2012

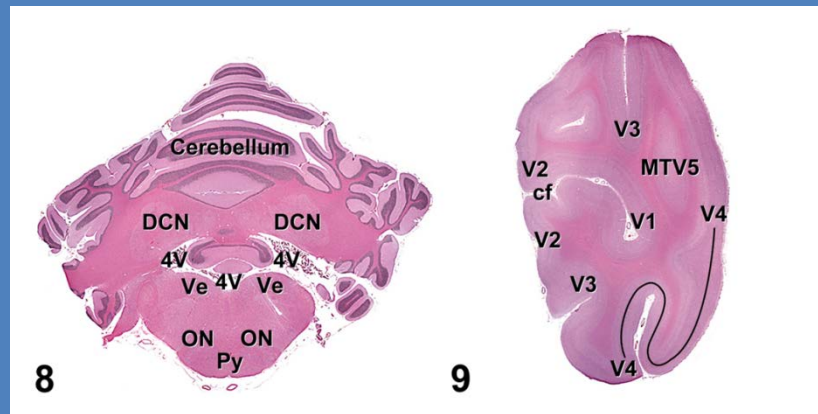
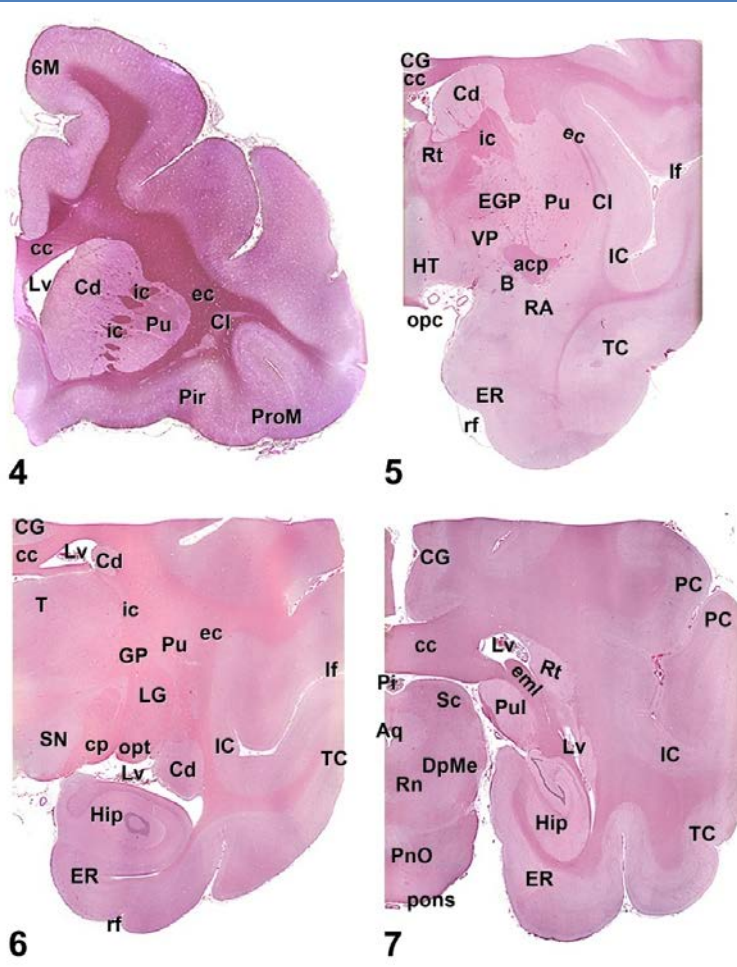
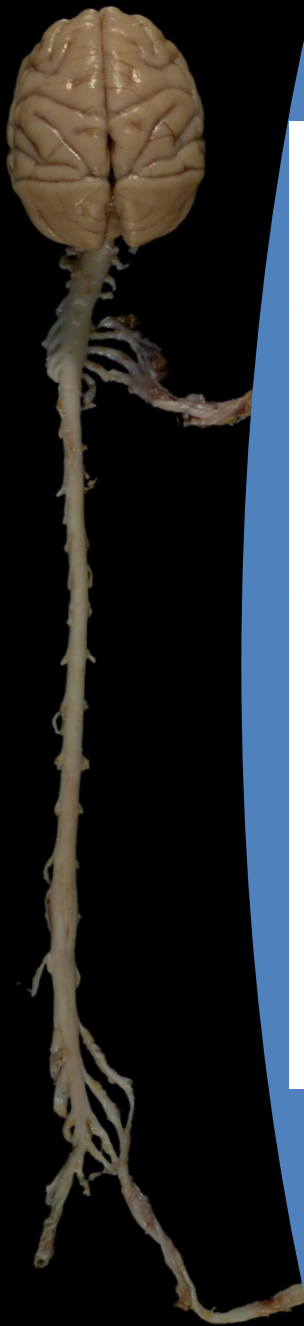
Major Landmarks for Level Orientation during Brain Sampling in GLP-type Nonclinical General Toxicity Studies in Adults of Non-Rodent Species

The table shows brain structures visible in given sections (using features visible when the organ is trimmed at the levels in the NHP Figure).

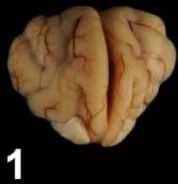
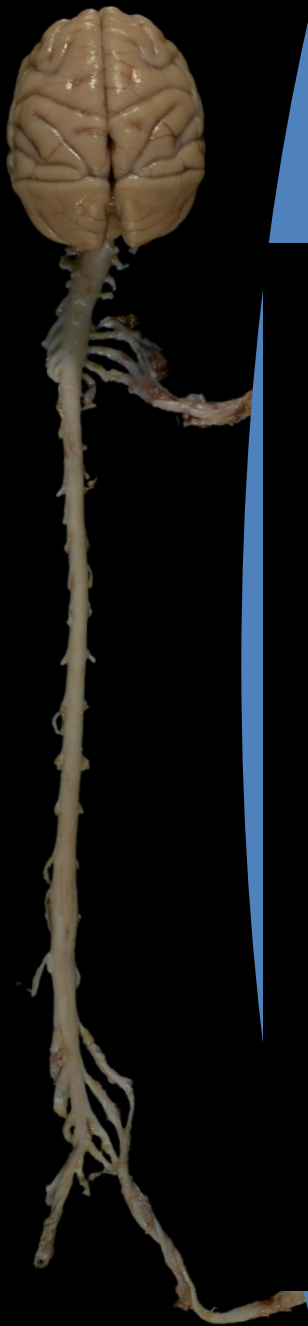


Sections (from Figure 2)							Brain Structures (listed from rostral to caudal)
1	2	3A	3B	4	5A	5B	
X	X	X	X				Caudate / Putamen
X	X	X	X	X	X		Cerebral Cortex (frontal, parietal, temporal, occipital)
X	X	X					Corpus Callosum
	X						Anterior Commissure
	X						Septal Nuclei
	X	X	X				Internal Capsule
	X	X	X				External capsule
	X		X				Hypothalamus
	X						Amygdala
		X	X	X			Thalamus
			X	X			Hippocampus
			X	X			Cerebral Peduncles
			X				Optic Tract
				X			Midbrain
				X			Pons
						X	Pyramids
						X	Cerebellum
				X		X	Reticular Formation
						X	Trigeminal Nuclei
						X	Medulla oblongata
	X	X	X	X		X	Choroid plexus

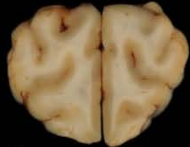
Histologic sections of the brain in NHP



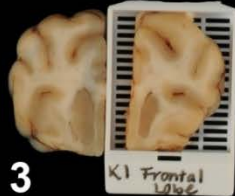
Dog Brain Sectioning



1



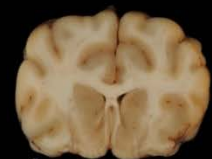
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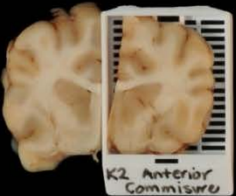
3



K1 Frontal lobe



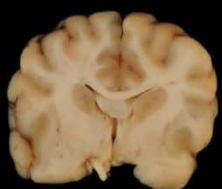
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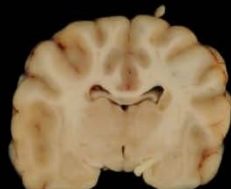
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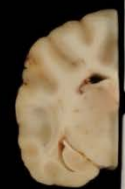
K2 Anterior Commissure



6



7



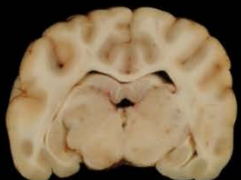
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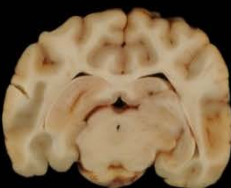
K3 Ant. dorsal thalamus



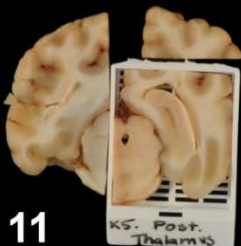
K4 Ant. ventral thalamus



9



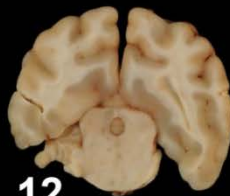
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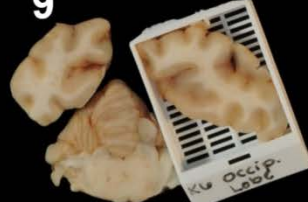
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K5 Post. thalamus



12



13



K6 Occip. lobe



14

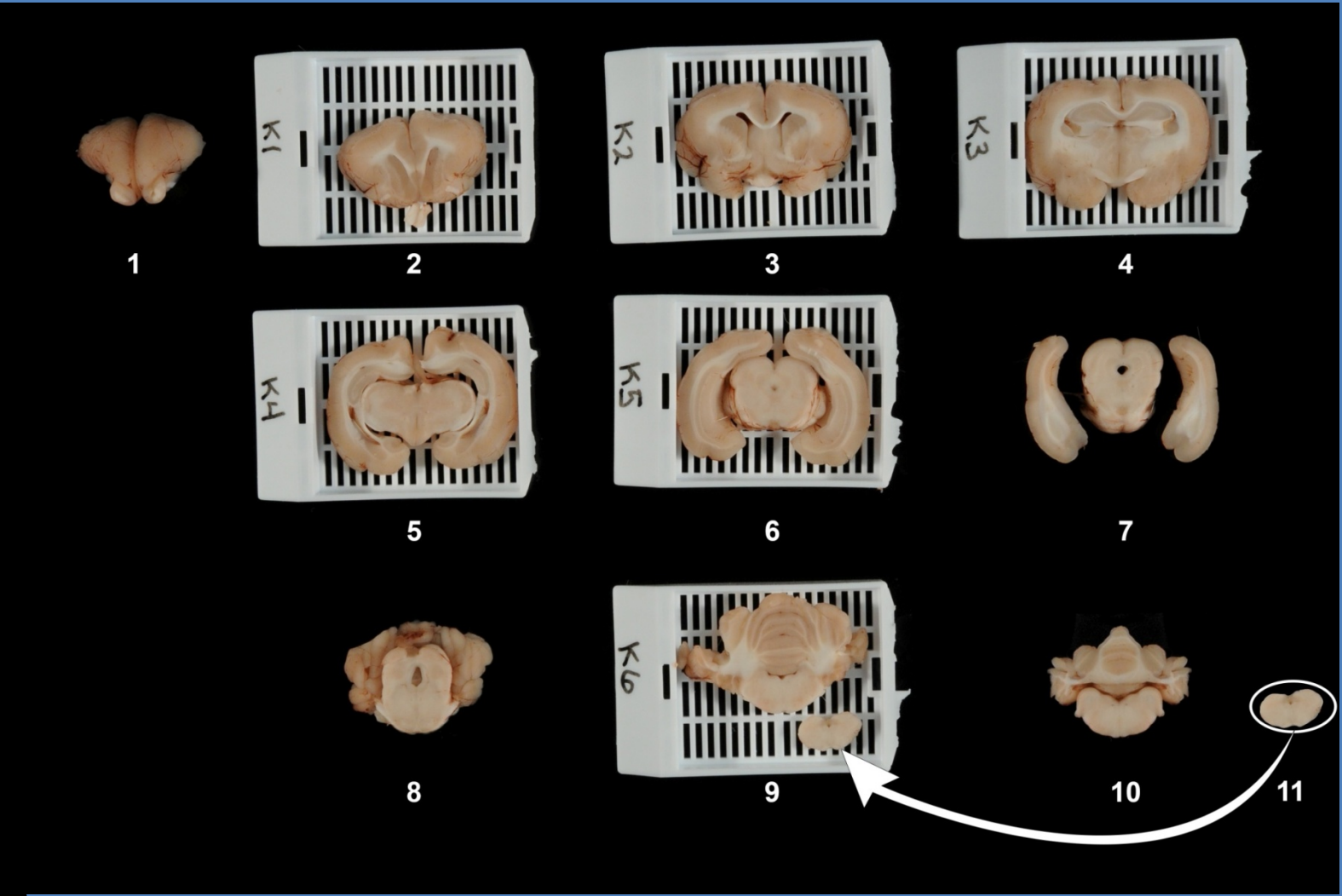
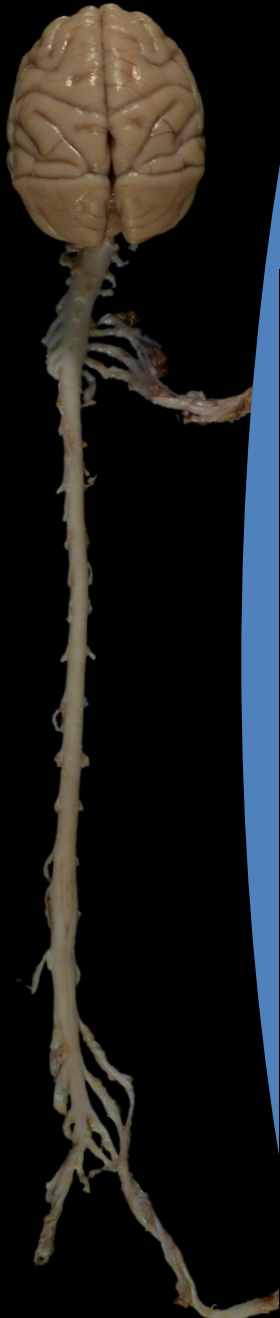


K7 Cerebellum/Brainstem

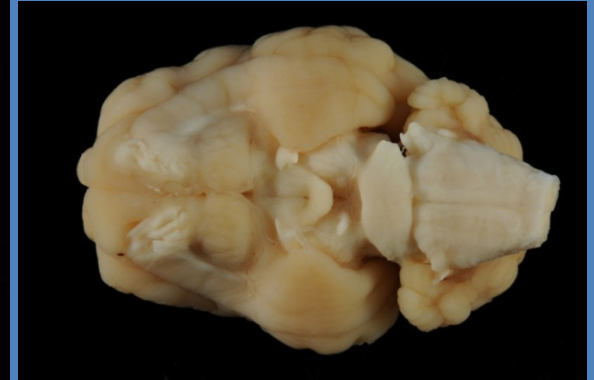
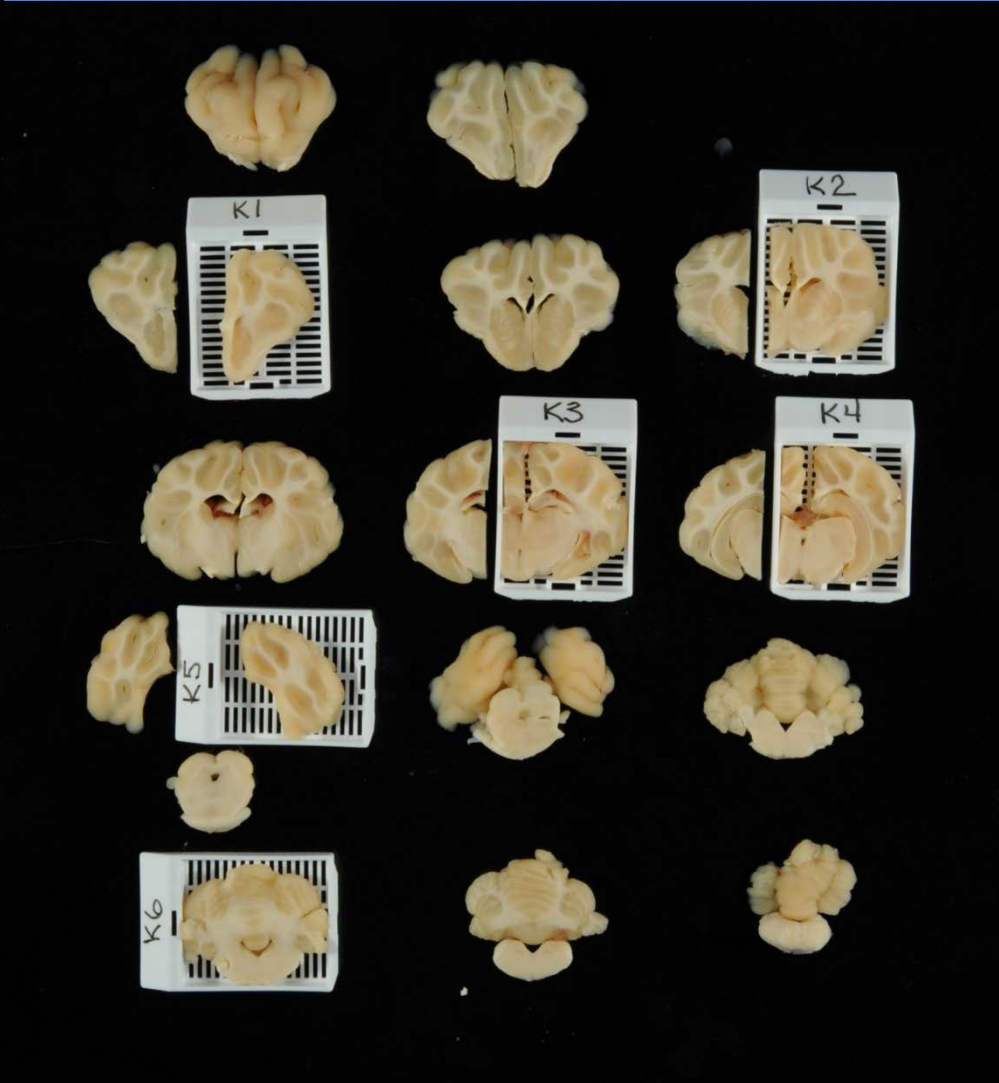
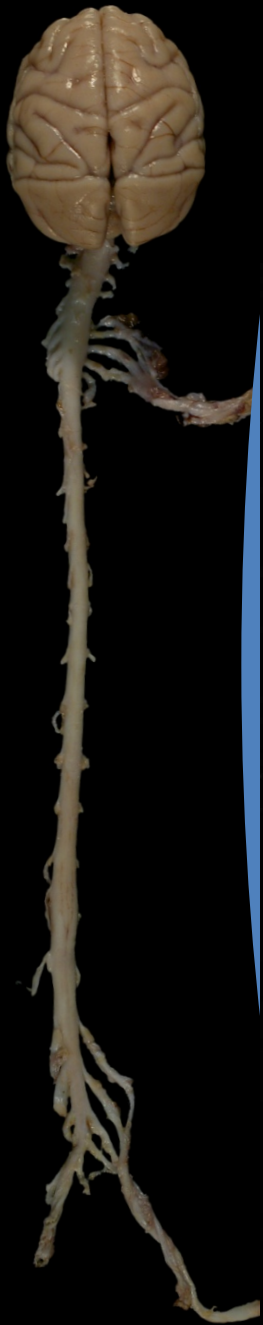


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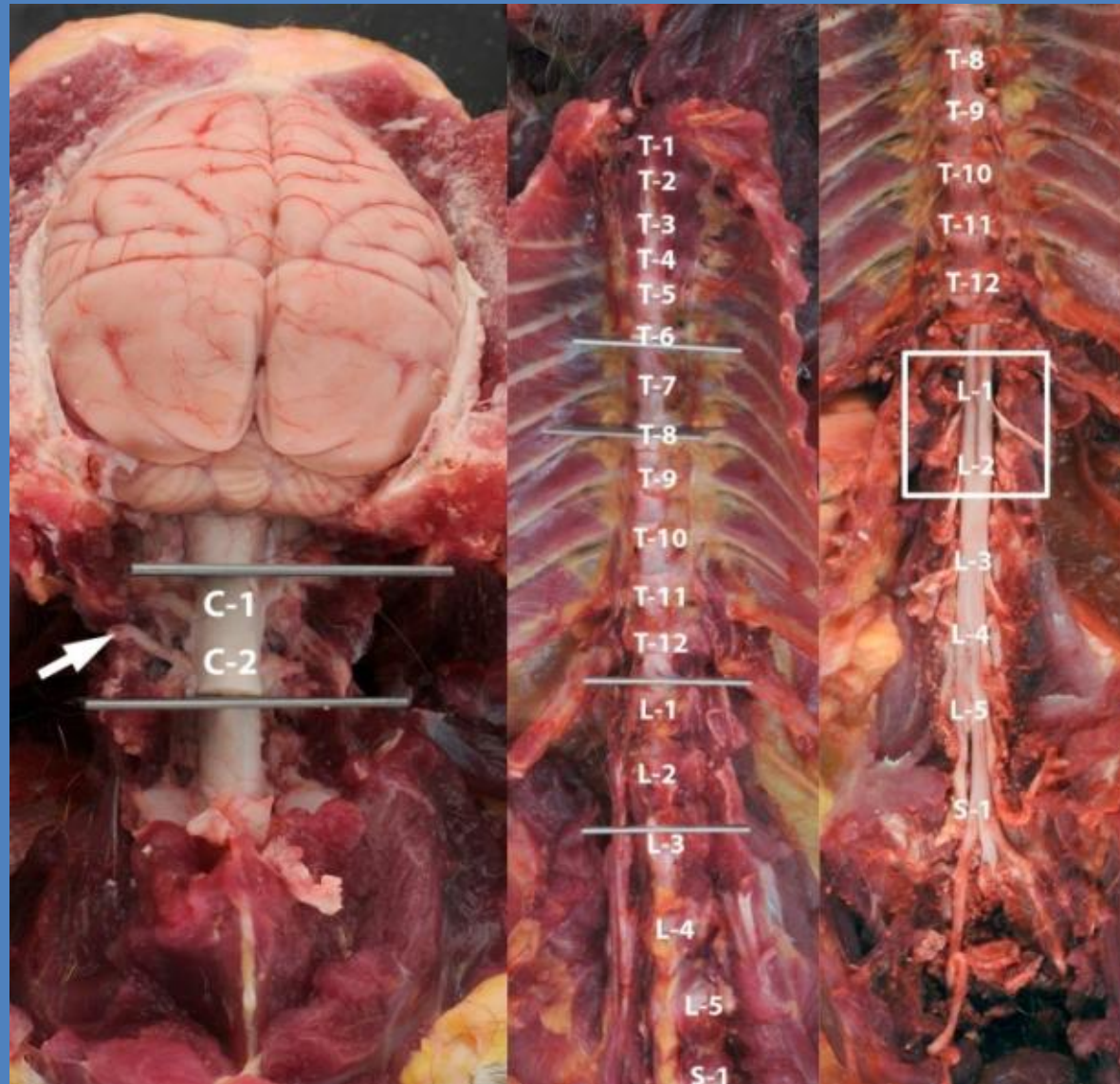
Rabbit Brain Sectioning



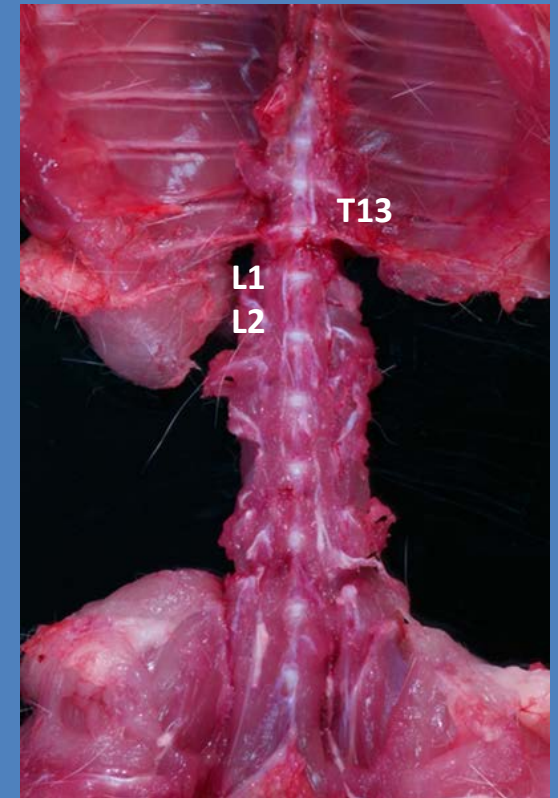
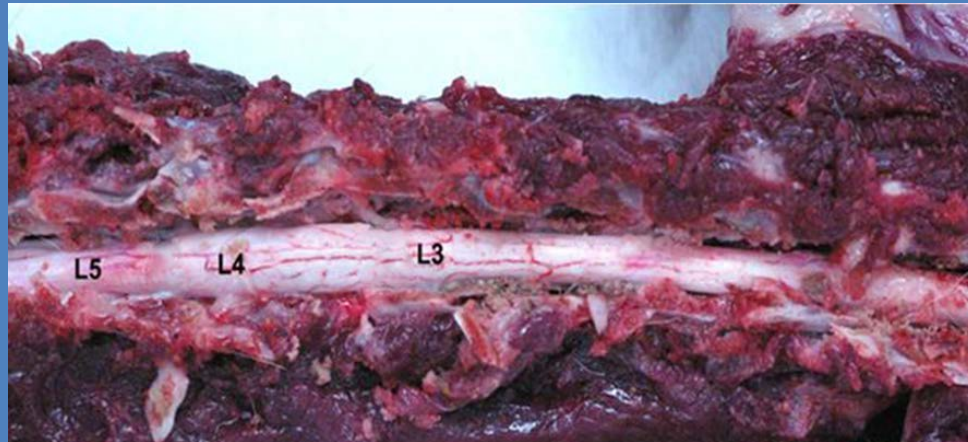
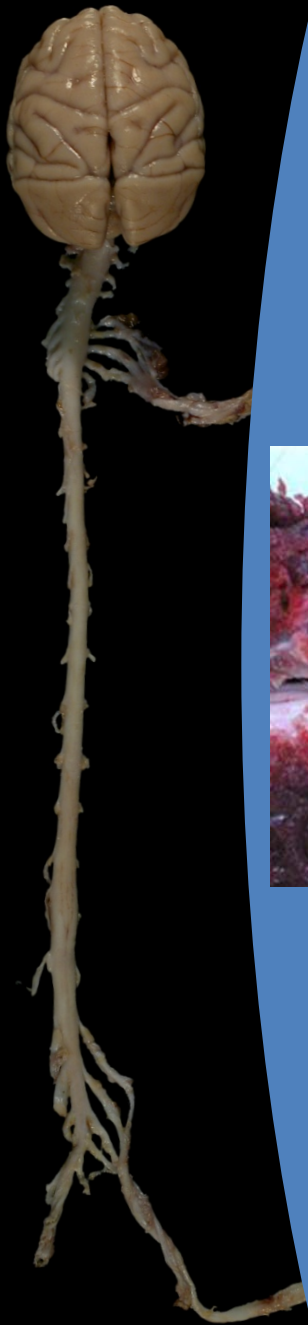
Minipig Brain Sectioning



Monkey spinal cord sections



Spinal cord dog and rodent

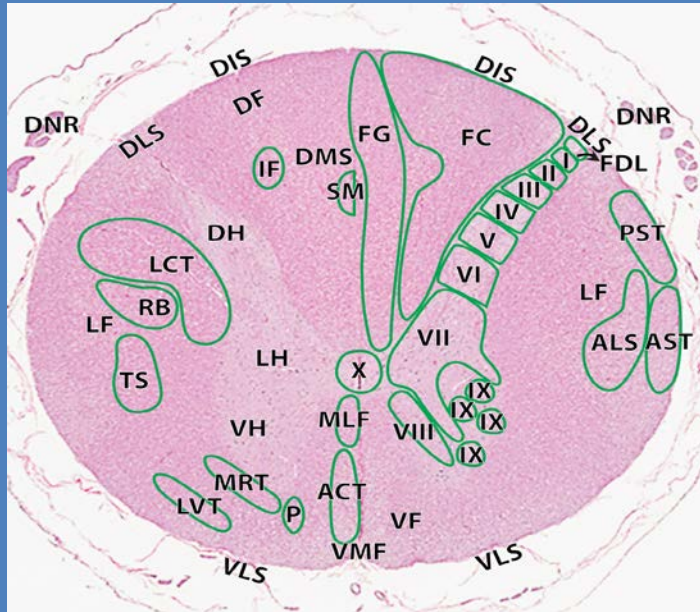


Sectioning the spinal cord NHP transverse and longitudinal (or oblique)

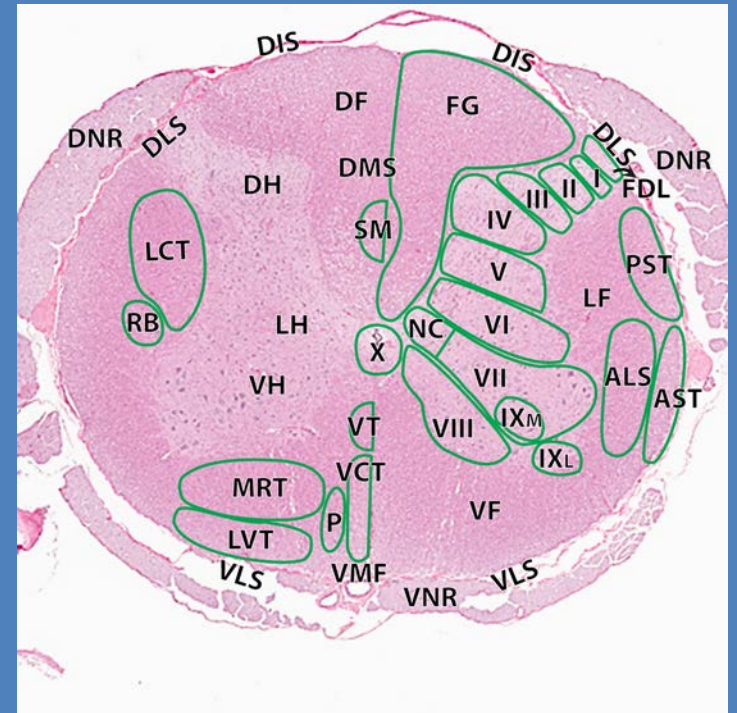


Spinal cord NHP

Cervical cord (C1-C2)

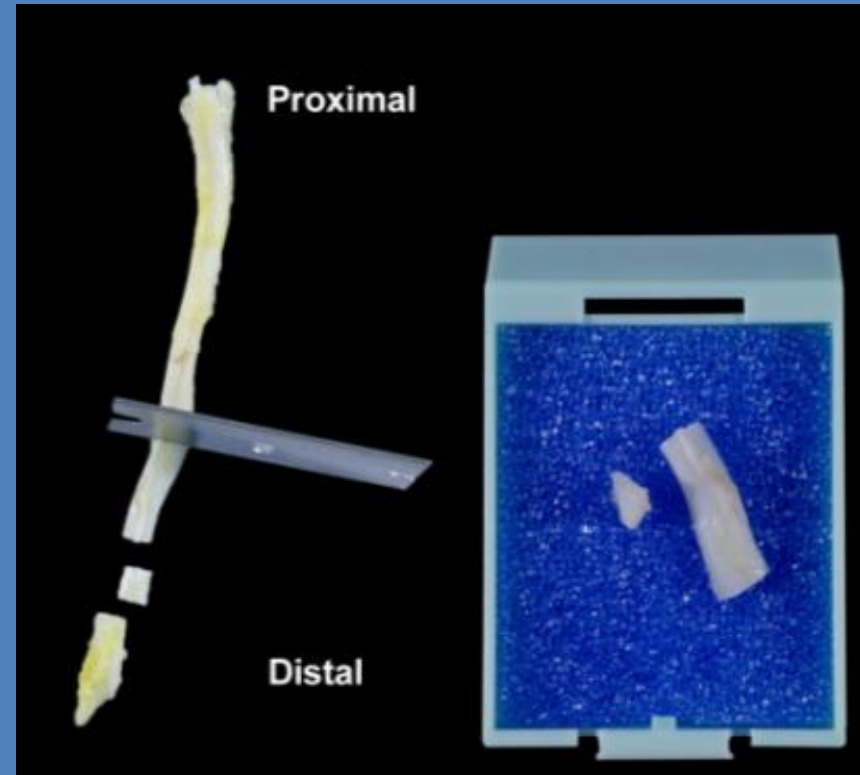


Lumbar cord NHP (L4-L5)



Pardo et. al., Tox Path 2012

Sectioning the sciatic nerve NHP

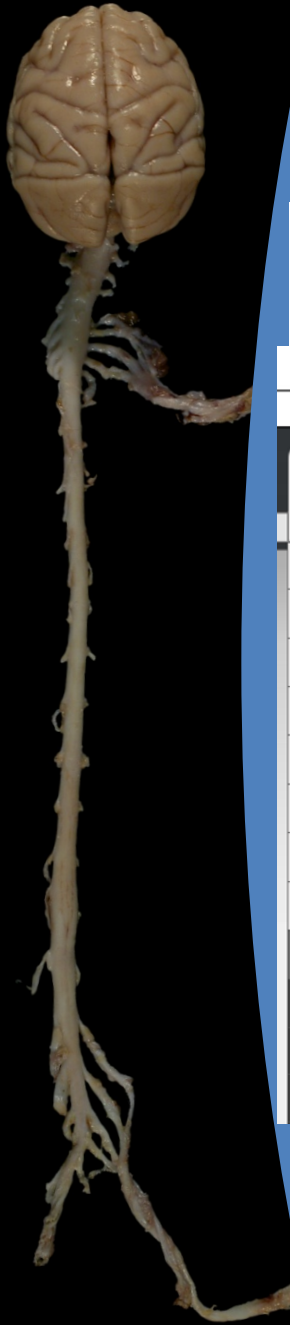


An anatomical specimen of a human brain and spinal cord, showing the brain at the top and the spinal cord extending downwards. The brain is light-colored and shows the characteristic gyri and sulci. The spinal cord is a long, thin, yellowish structure with visible nerve roots branching out. The specimen is set against a black background.

Common artifacts and Unusual Normal Structures

Nice references

Toxicologic Pathology, 40: 87S-157S, 2012
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DOI: 10.1177/0192623312439125



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Home » Publications » Nonneoplastic Lesion Atlas » Nervous System » Brain

Nonneoplastic Lesion Atlas
A guide for standardizing terminology in toxicologic pathology for rodents

Search the Atlas

Atlas Home

- Alimentary System
- Endocrine System
- Hematopoietic System
- Hepatobiliary System
- Immune System
- Integumentary System
- Musculoskeletal System
- Nervous System**
- Brain**
- Angiectasis
- Axonopathy

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Brain

Narrative Authors and Reviewers

Recent changes in neuropathology evaluation in NTP studies include routine examination of seven sections of the brain instead of the traditional three-section approach. The modified seven sections include the traditional three sections and four additional sections that include neuroanatomic areas and subsites such as the olfactory bulb, superior colliculus, medial geniculate body, inferior colliculus, substantia nigra, and area postrema, to name a few. In fact, approximately 50 neuroanatomic sites will be available for routine evaluation with the NTP seven-section approach. The rationale and basis for the seven-section approach are described in Rao et al. (2011).

[Figure 1](#) outlines the landmarks for the seven sections in the rat. The traditional three-section approach included levels 2, 3, and 6. The modified approach now includes the addition of four sections (levels 1, 4, 5, and 7), for a total of seven sections.

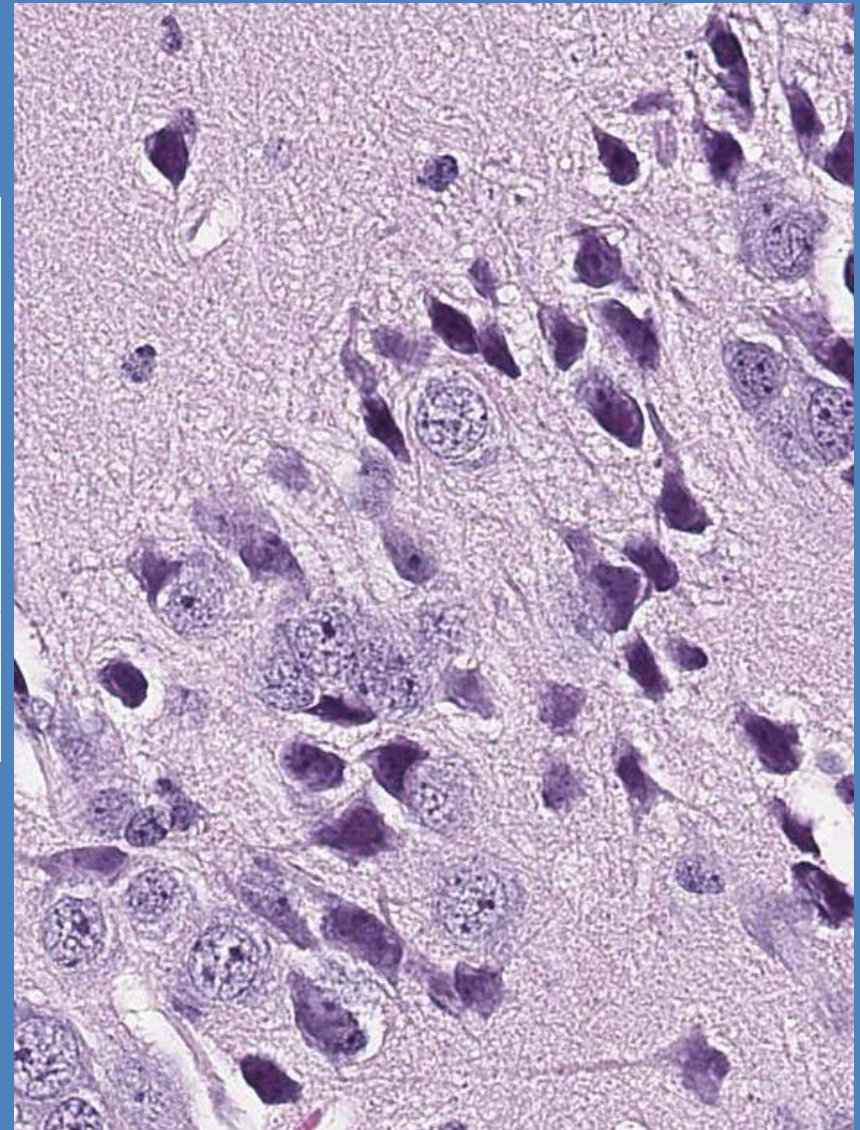
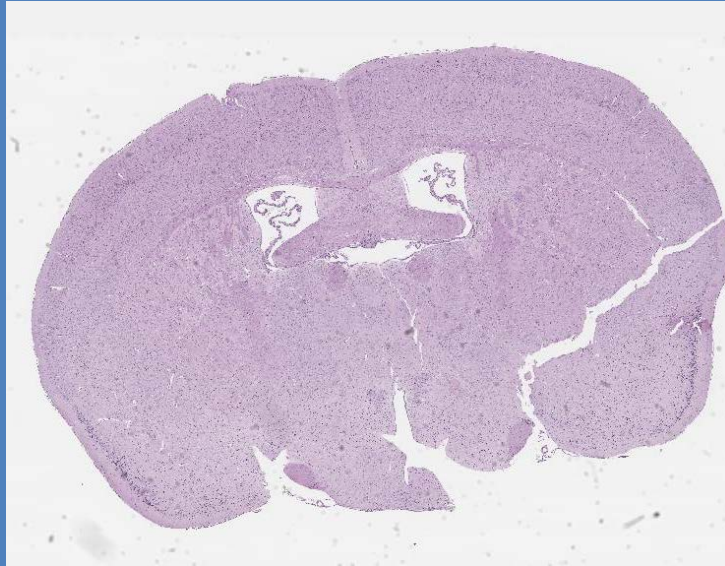
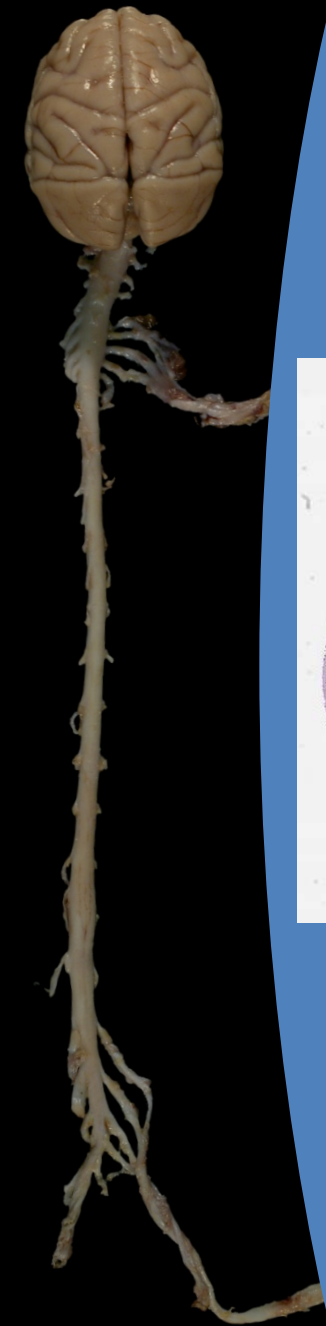
The neuroanatomy and functional significance of the ~50 neuroanatomic sites in the NTP-7 are detailed in Rao et al. (in press). The Society of Toxicologic Pathology best practices approach for neuropathologic evaluations also includes a seven-section approach as detailed by Bolon et al. (2013). Although not identical, the trimming planes are comparable to the planes depicted in Rao et al, 2011 and Bolon et al, 2013. It is important to note that modest variations in trimming planes are expected variations in brain sampling among animals within a single study, across multiple studies, and among institutions.

Nonneoplastic Lesion Atlas

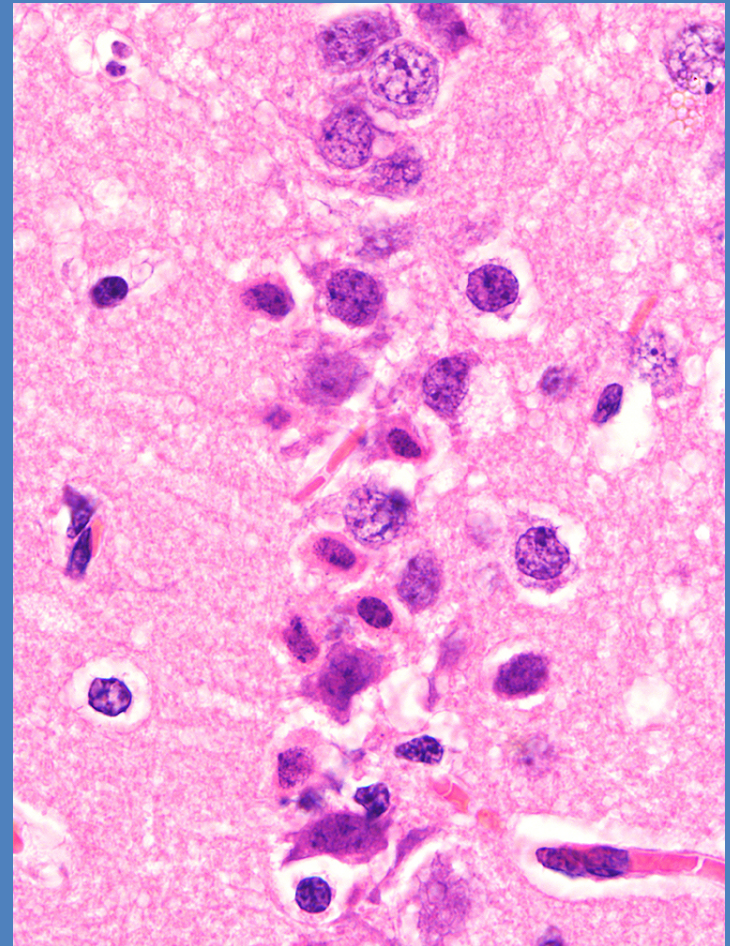
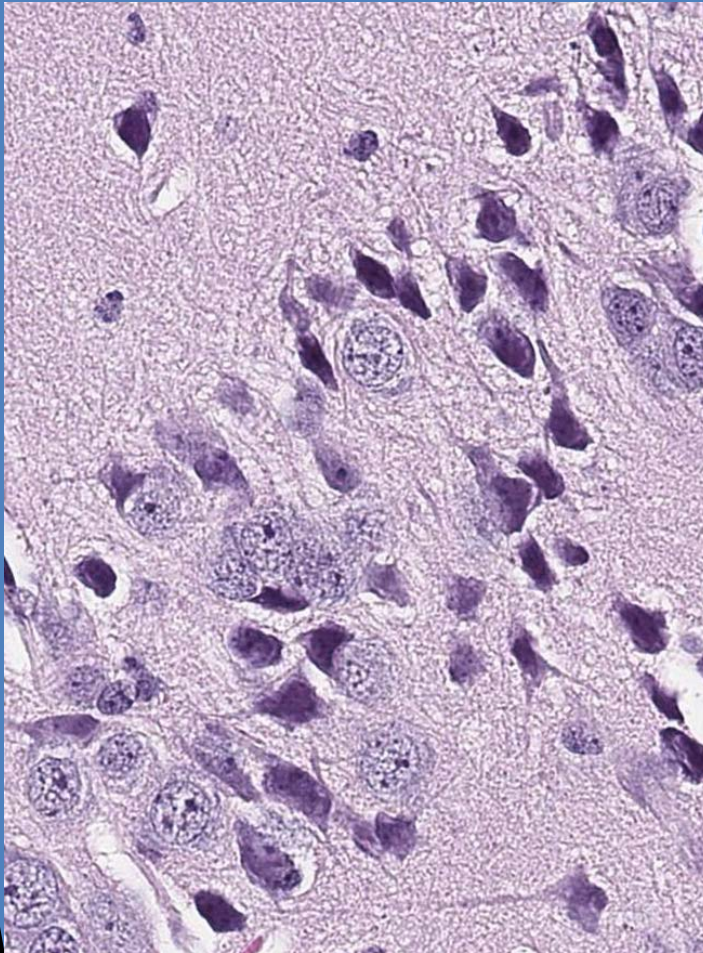
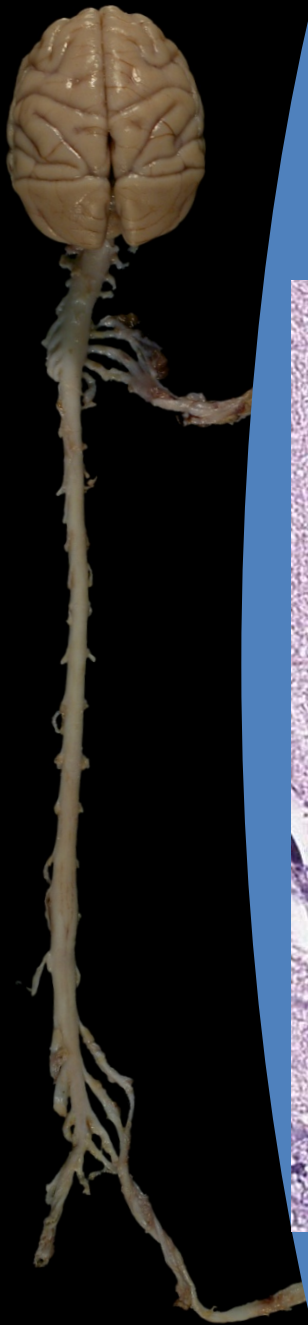
A guide for standardizing terminology in toxicologic pathology for rodents



Dark Neuron

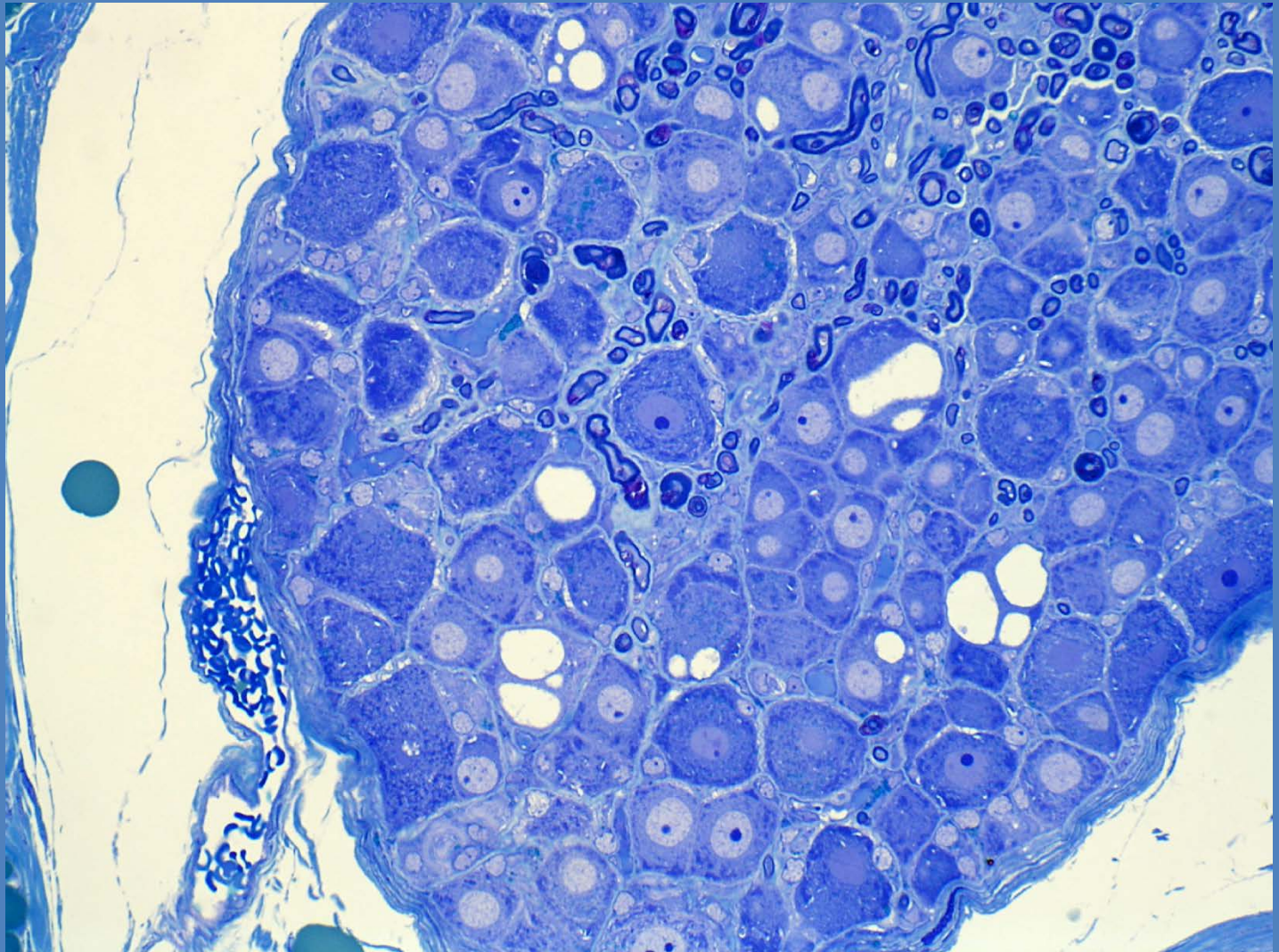


Dark Neurons vs. Necrotic Neurons H&E stain



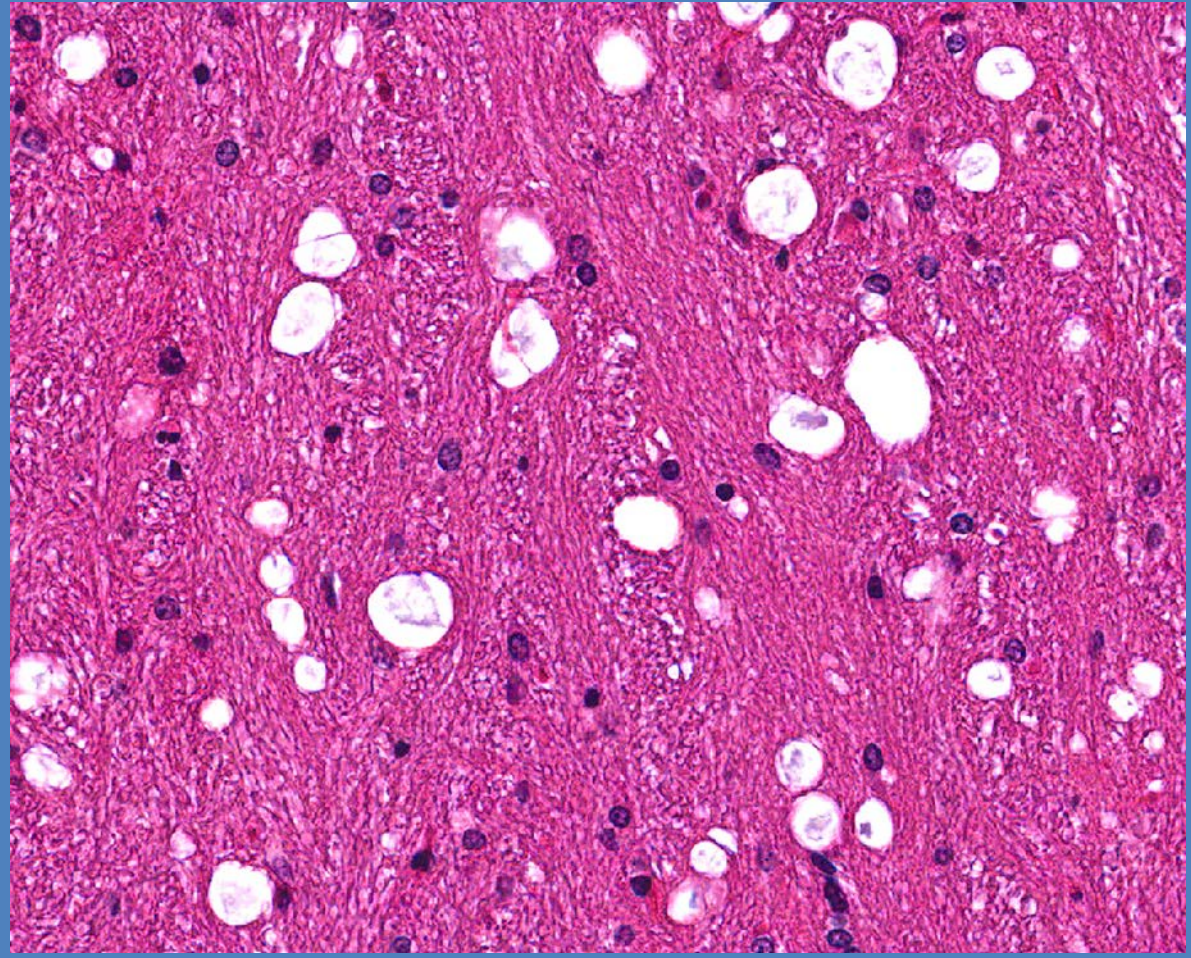
Neuronal Vacuolation

Dorsal root ganglion T-blue



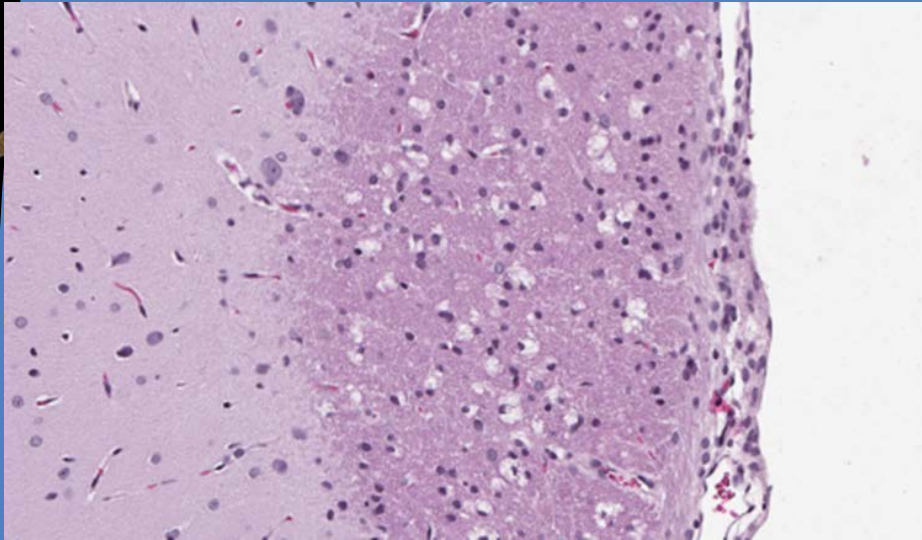


White Matter Vacuolation



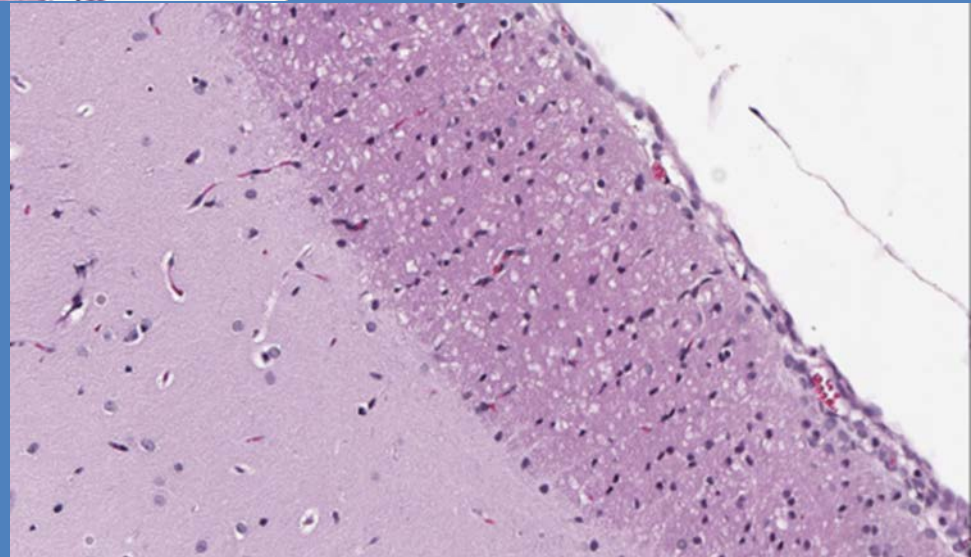
Buscaino bodies, mucocytes or metachromatic bodies

Immersion Fixed Brain (25 days)

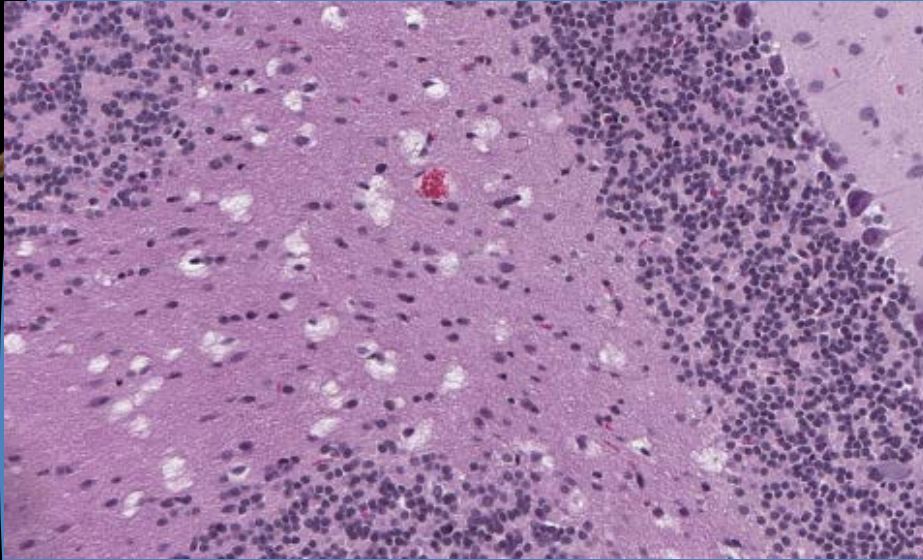


10% Neutral Buffer
Formalin (NBF)

4% Paraformaldehyde
(PFA)

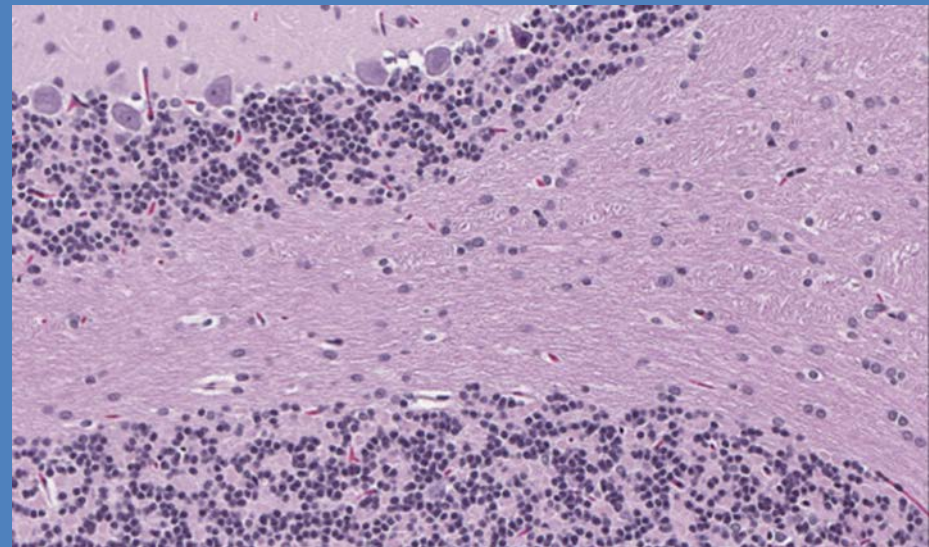


Brain fixed ex-situ vs. in-situ 10% NBF



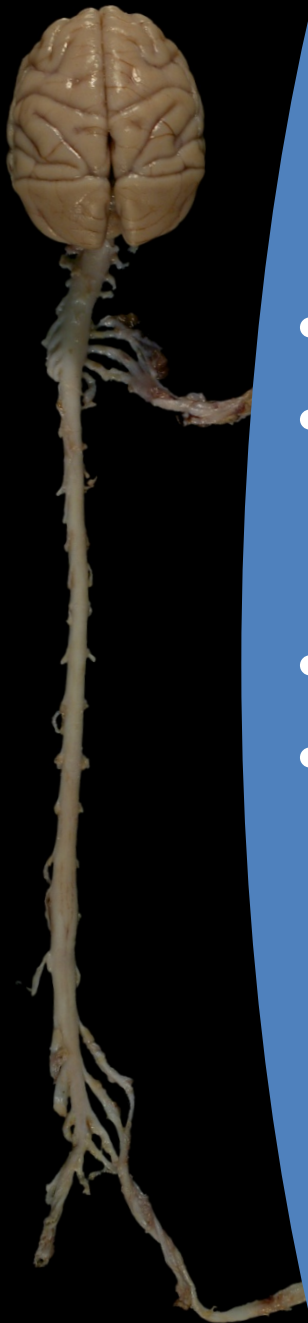
Brain removed from skull

In-situ (calvarium intact)

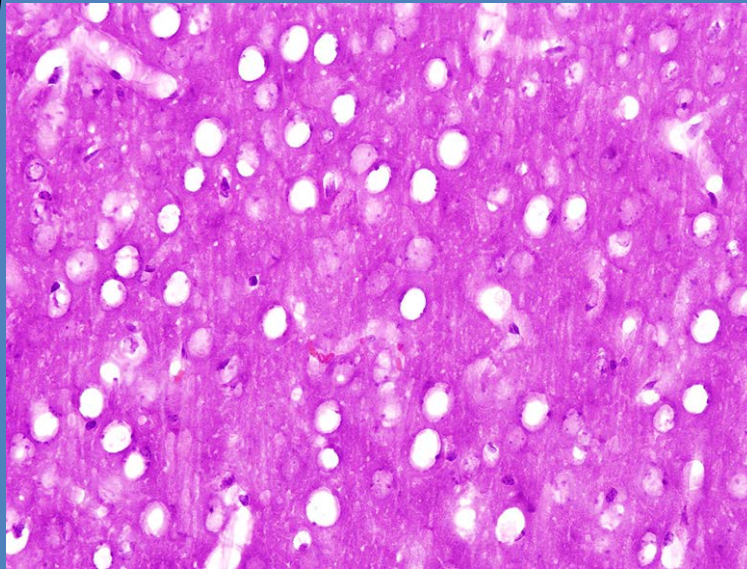


Recommendations

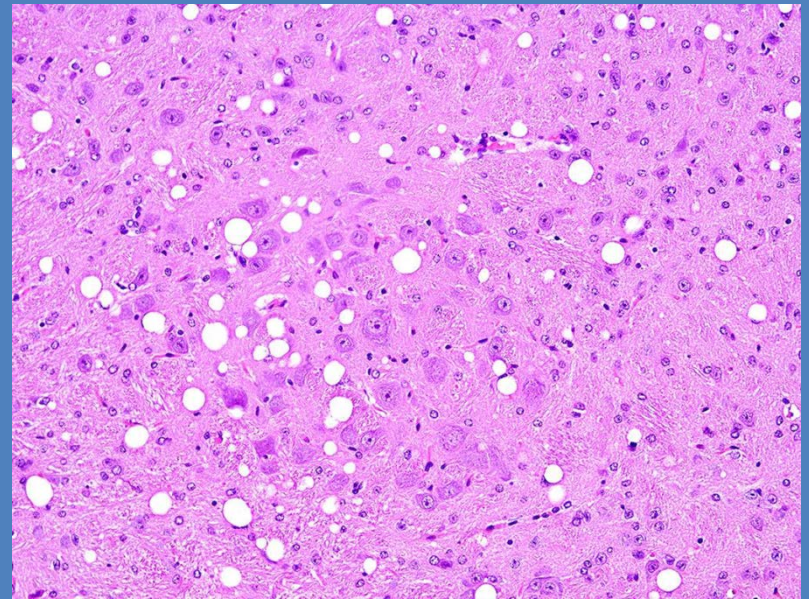
- Handle brain very gentle during necropsy
- Avoid leaving the brain in fixative for a long term (>15 days) before its processed for light microscopic evaluation
- Process all brains together under same conditions
- Leaving the brain in the calvarium appeared to reduce artificial vacuolation



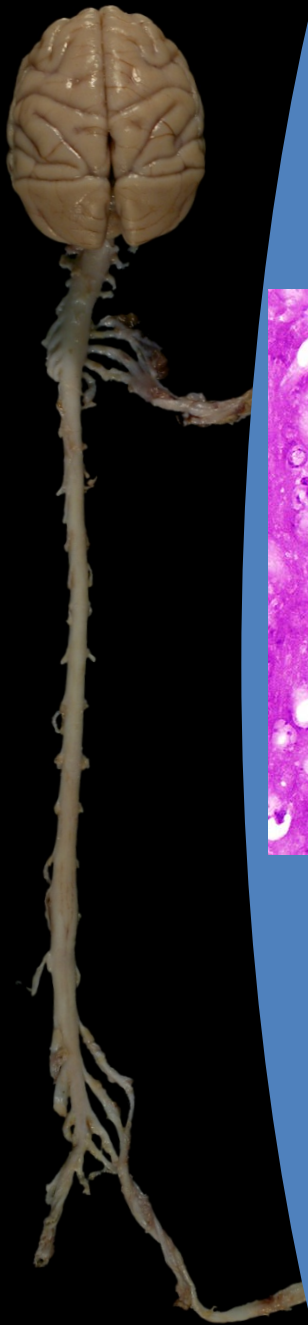
More vacuolation



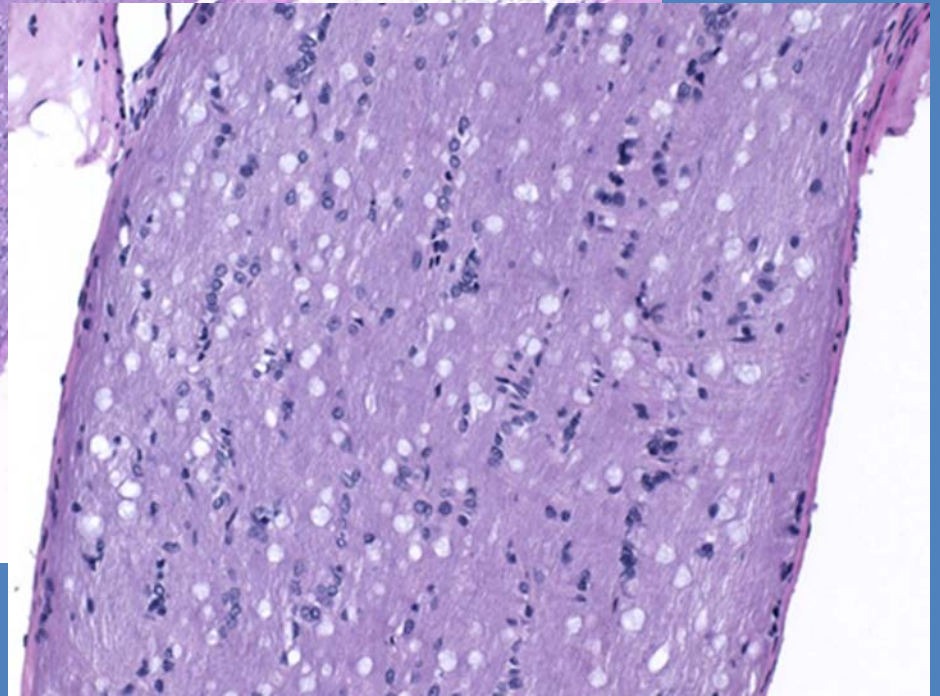
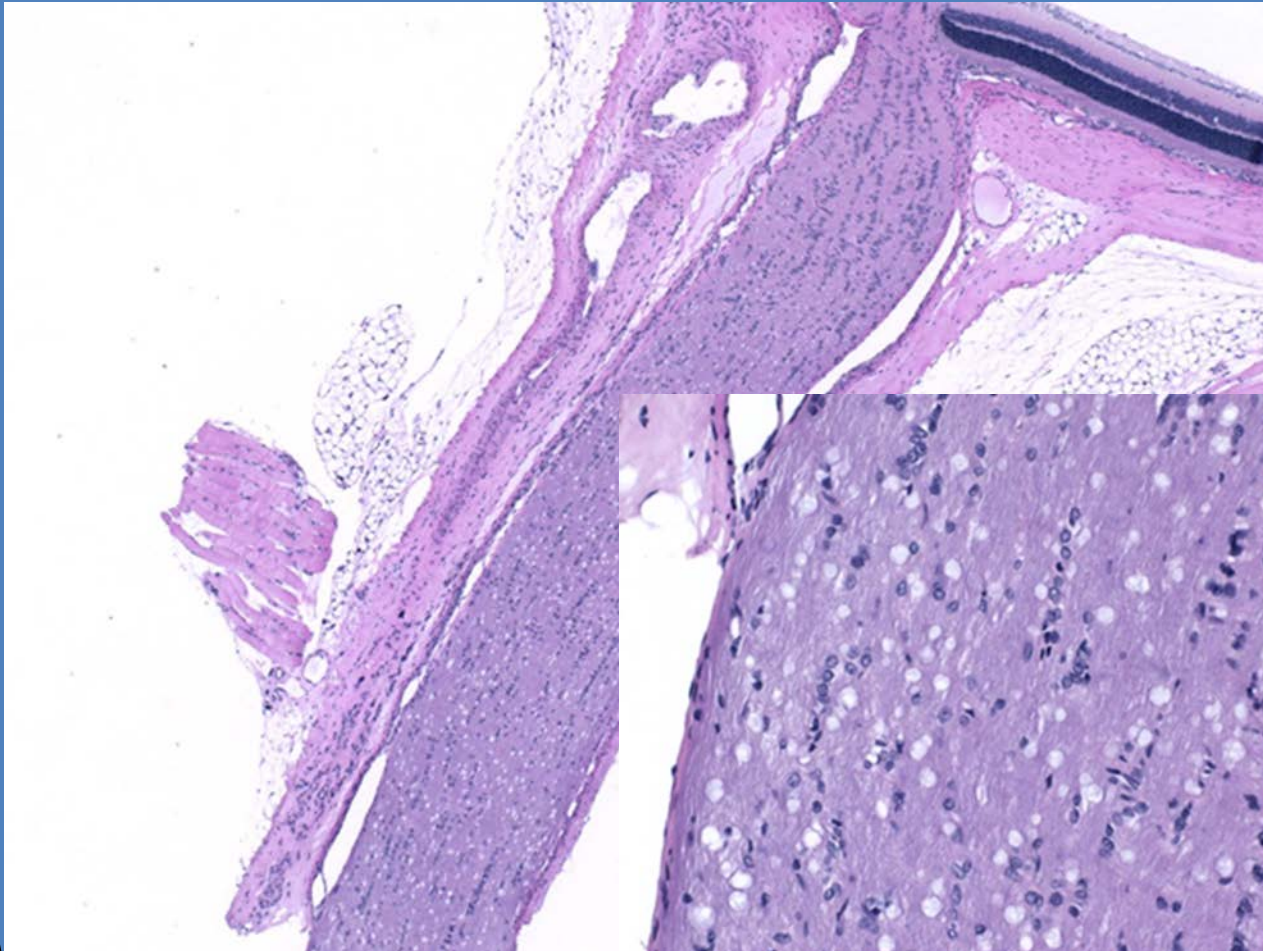
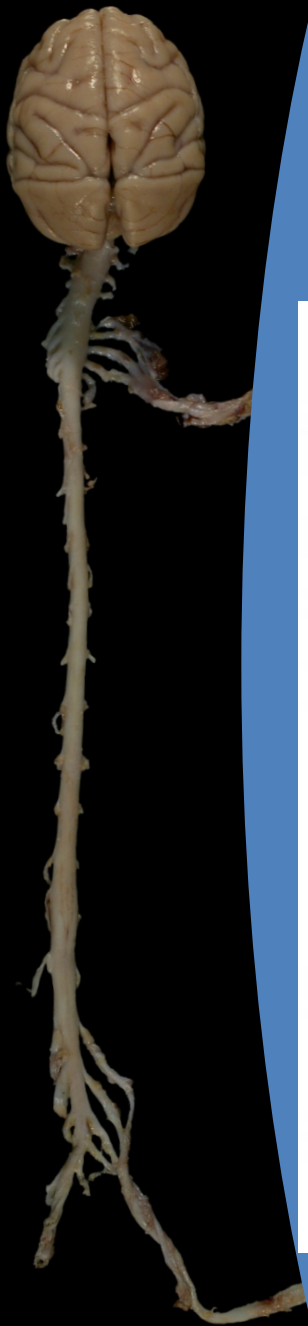
**Vacuolation caused by frozen in
Sucrose Solution**



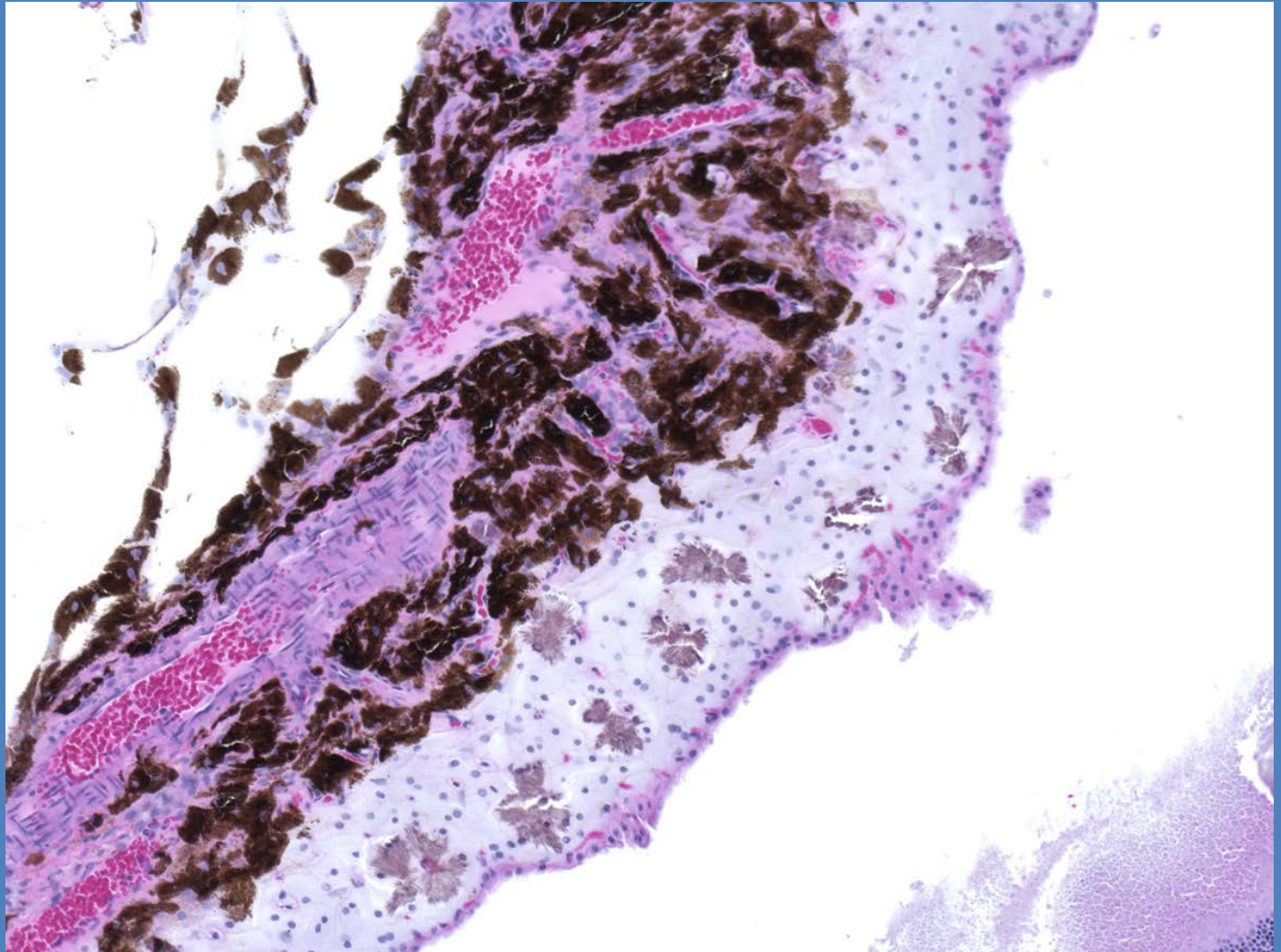
**Vacuolation caused by Davidson's
Fixation (contains 33% ethanol for 7
days)**



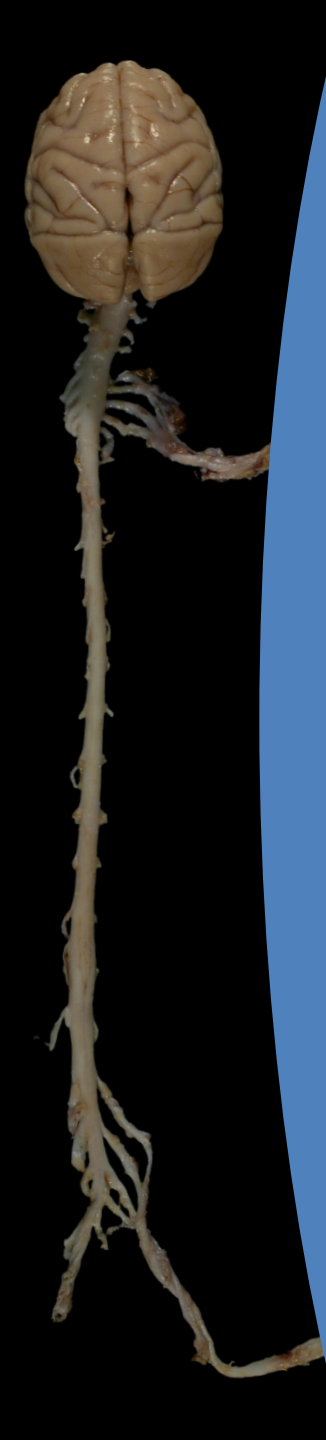
Vacuolation of the optic nerve Davidson's Fixation



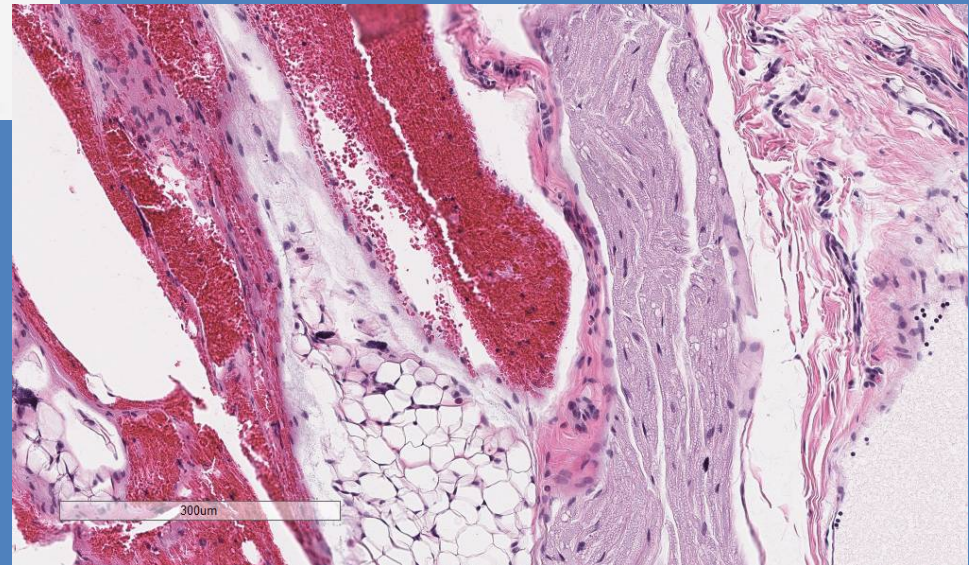
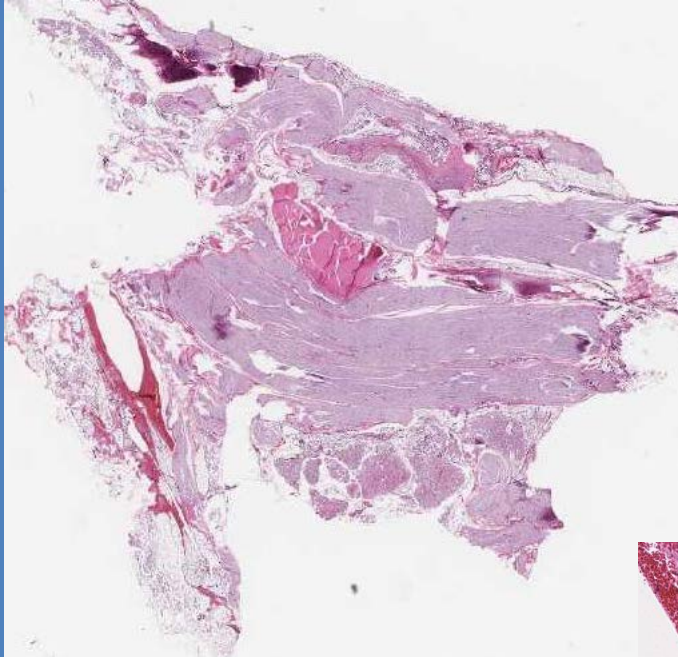
Deposition of crystal in the tapetum lucidum caused by buffer in the fixative



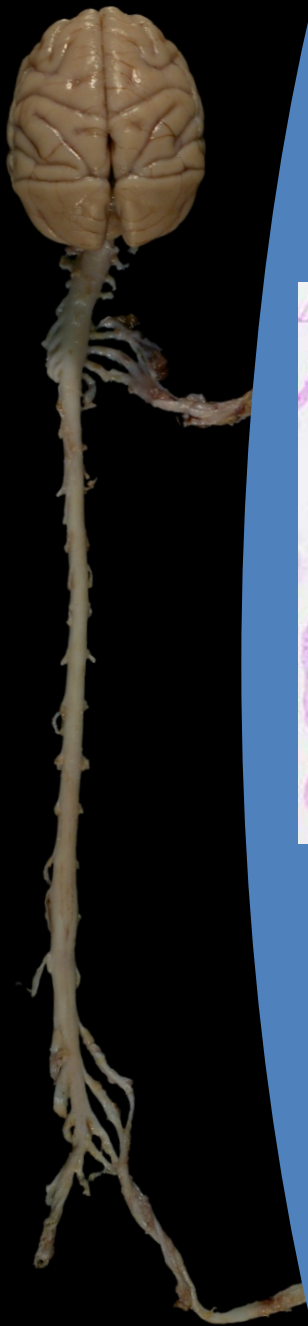
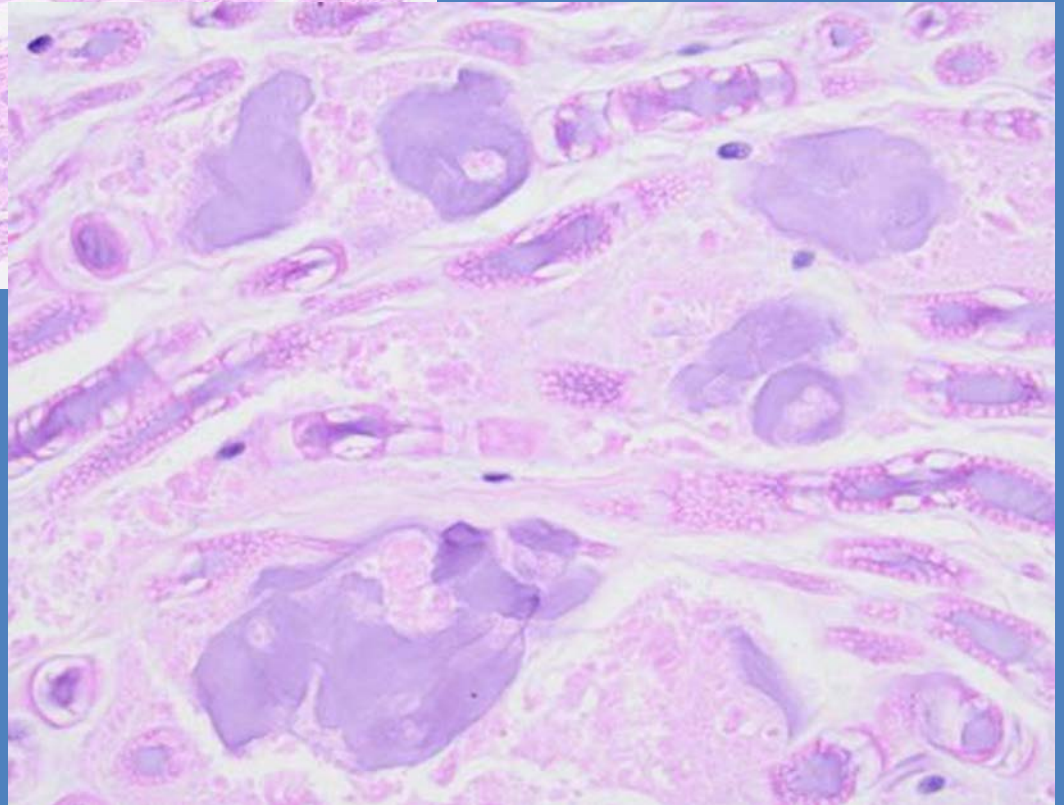
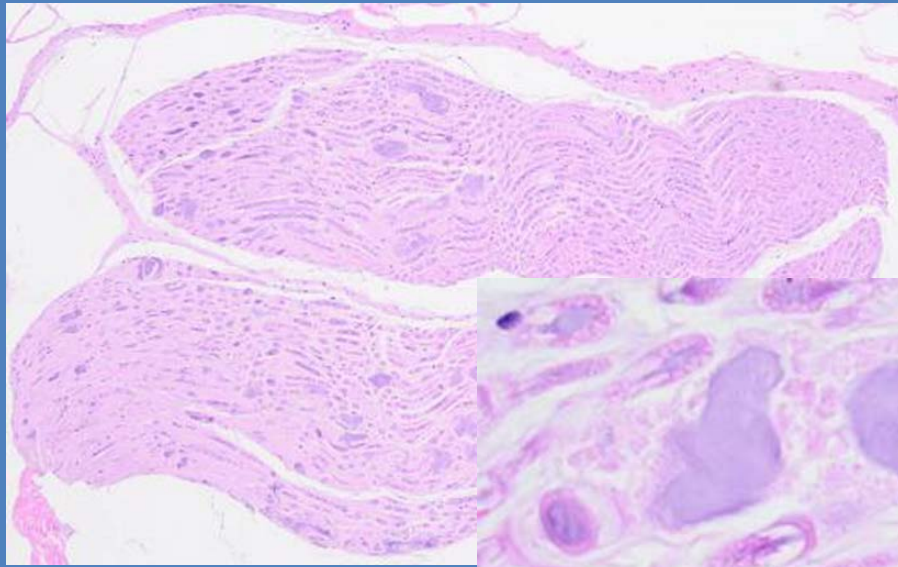
Introduction of Foreign Material



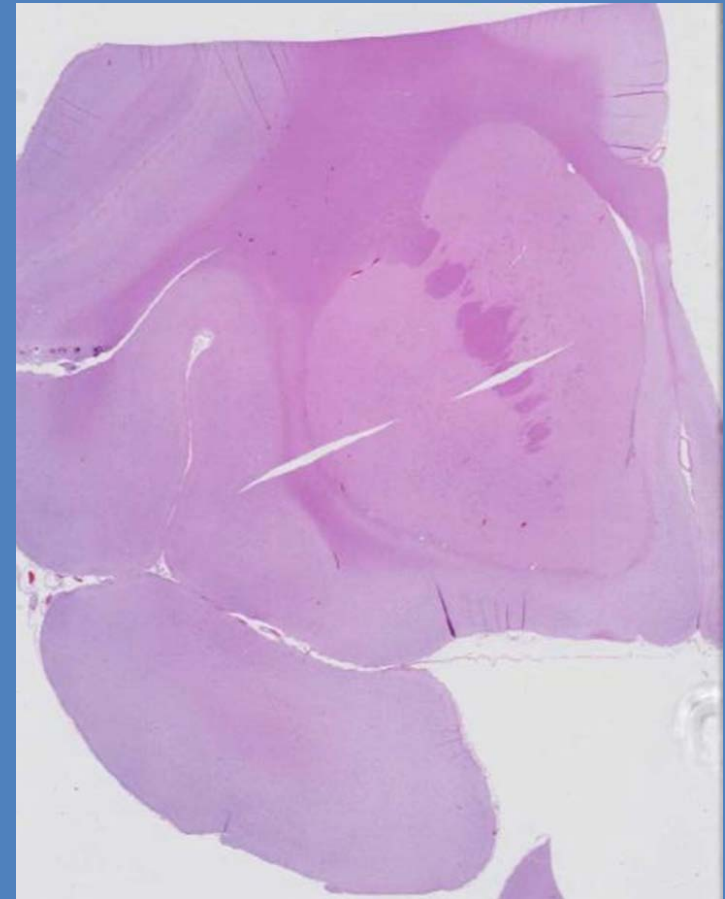
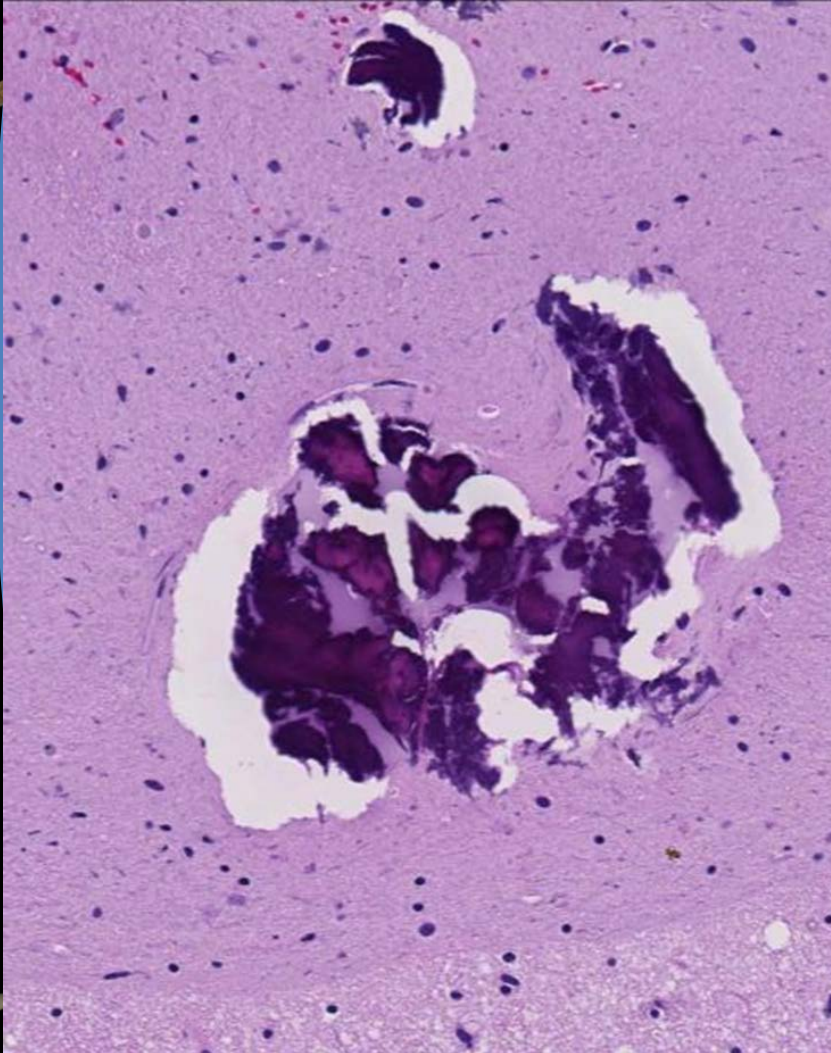
Hemorrhage in nerve



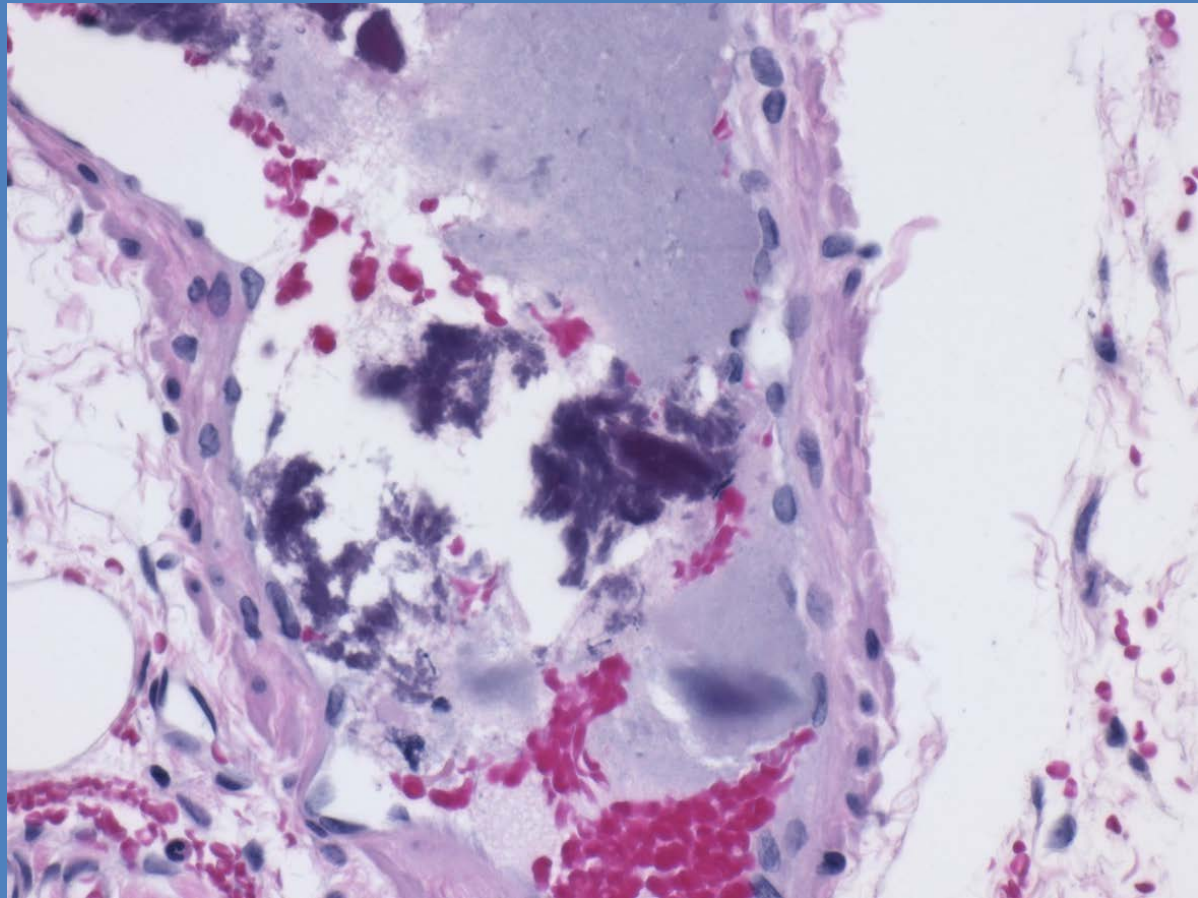
Pulling nerve during necropsy



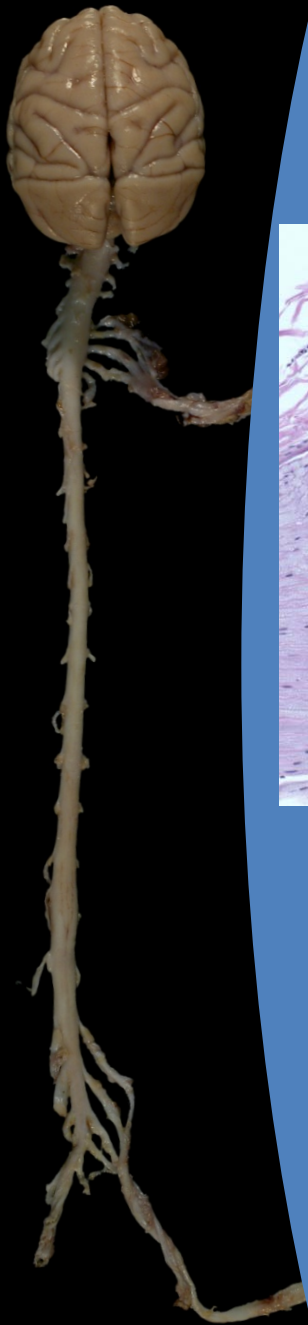
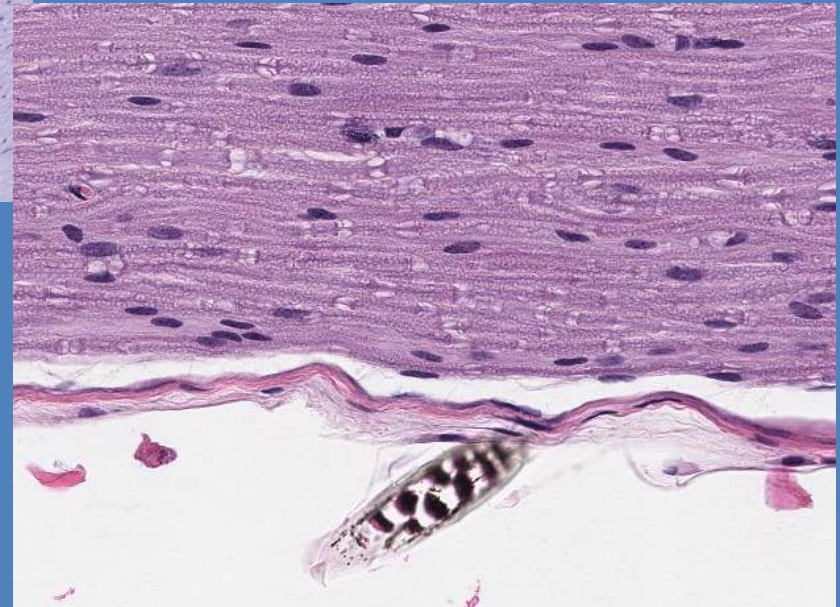
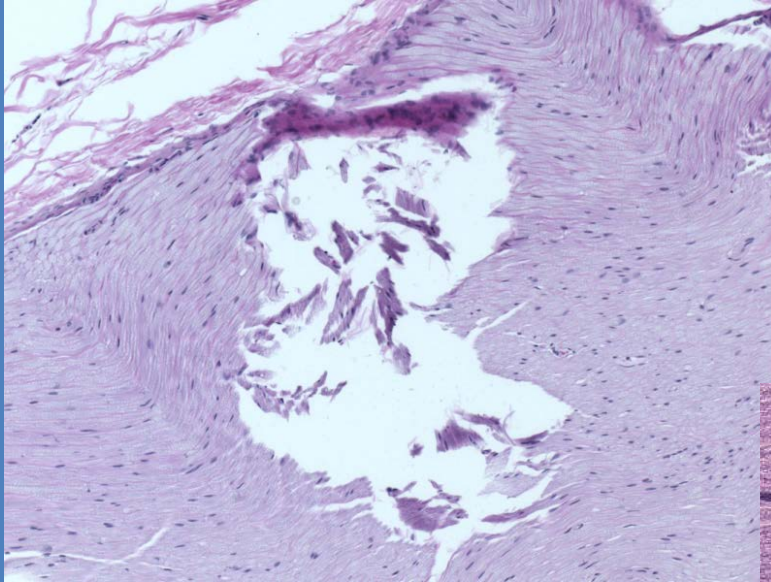
Introduction of bone material using the bone saw



Emboli of bone material produced at necropsy

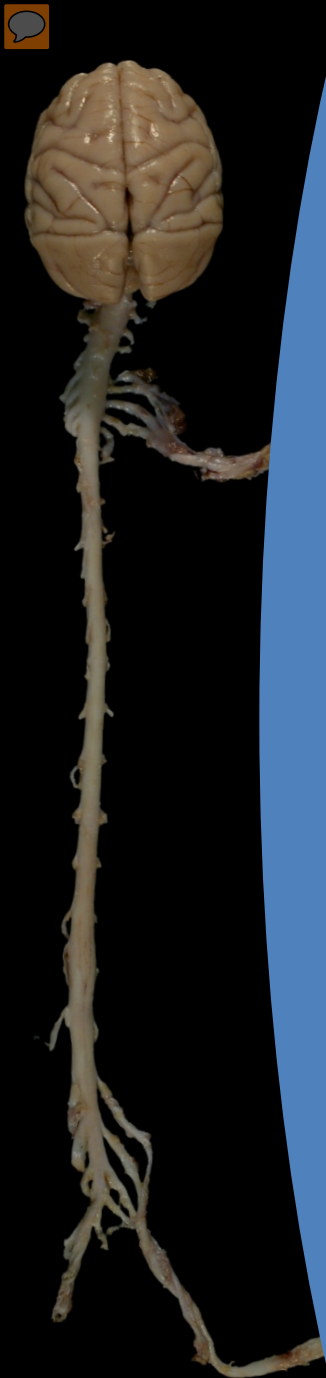


Microtome/water bath related- artifacts

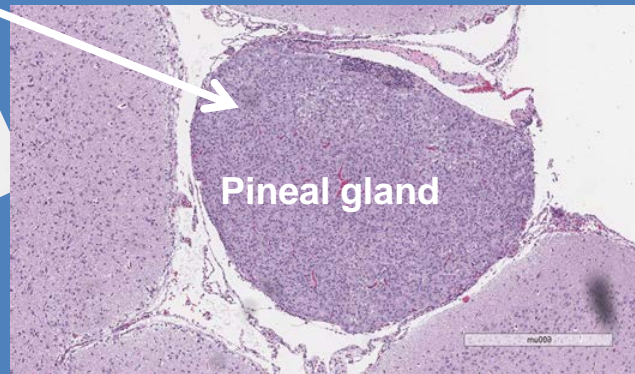
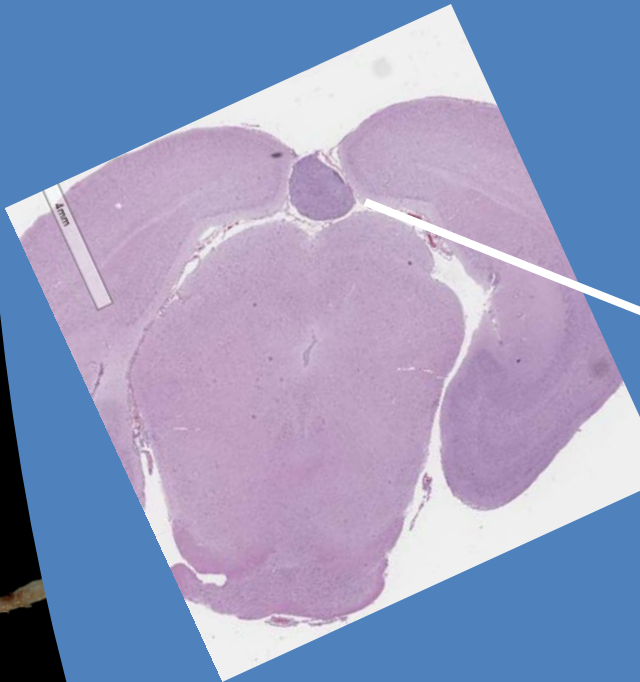
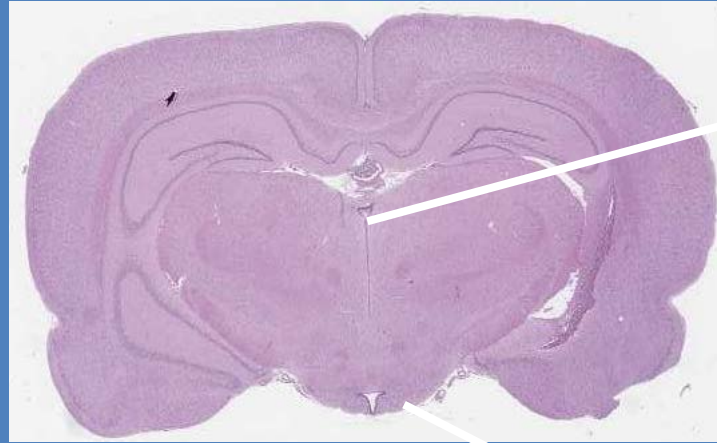
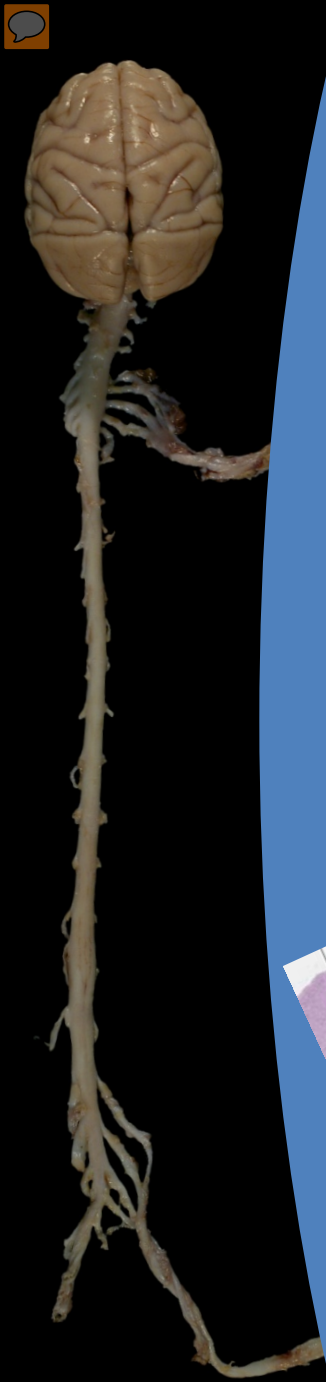


Circumventricular organs (CVOs)

CVO	Location	Function
Subfornical organ	3V	Sensory: involved in the thirst response to increase osmolality (angiotensin II) in severe dehydration
Subcommissural organ	3 V	Secretory: spondin (normal development of Reissner's fiber and ventricular system)
Organum vasculosum of lamina terminalis	3V	Sensory: secretory Detects peptide concentrations in order to control fluid regulatory (homeostatic) responses
Median eminence (ME)	3 V	Secretory: Neurohormones (inactivation of tyrosine hydroxylase in ME is needed to induce a prolactin response in the pituitary gland)
Pineal gland	3V	Secretory: Integrate circadian rhythms (melatonin)
Pituitary gland	3V	Secretory: ADH and oxytocin
Choroid plexus	Lateral, 3V and 4V	CSF
Area postrema	4V	Sensory: vomit reflex center



Circumventricular organs (CVOs)

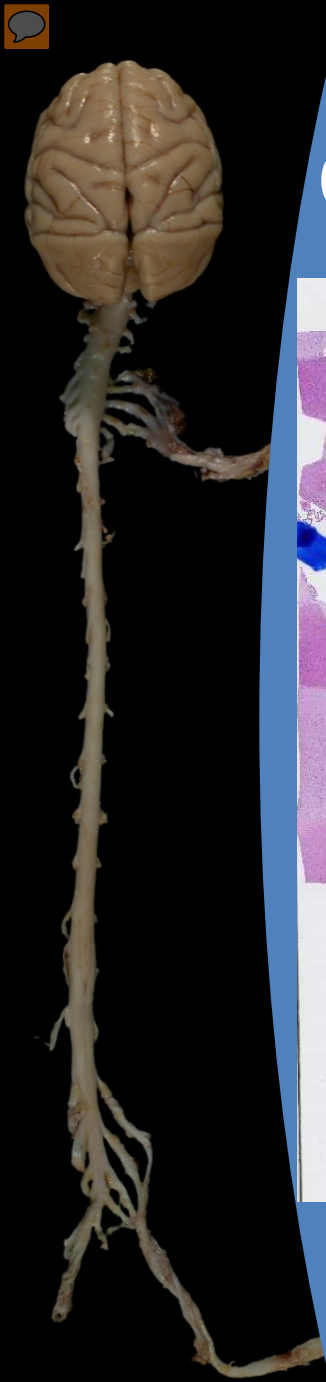
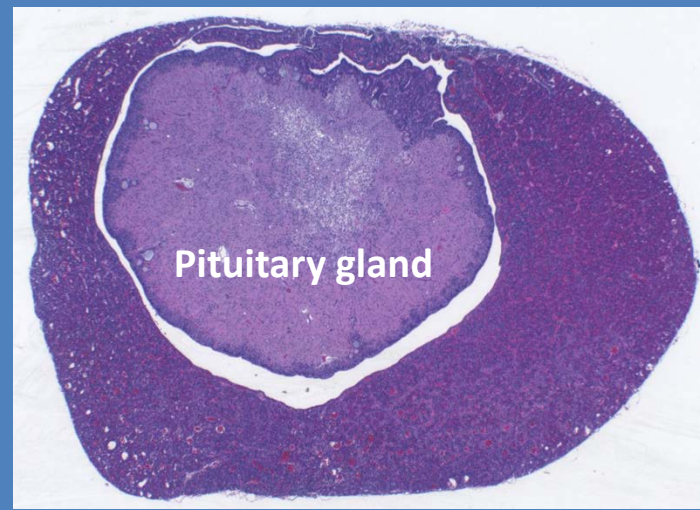
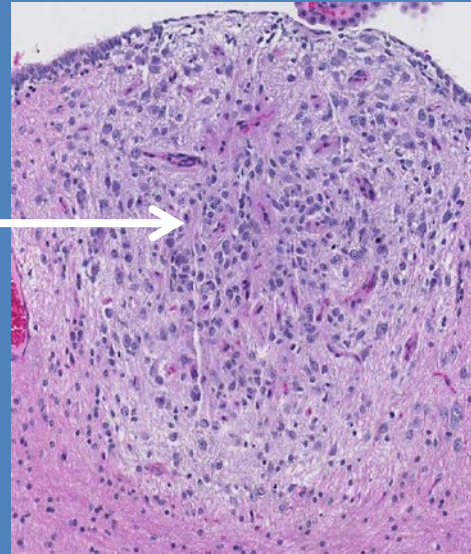


Subcommissural organ

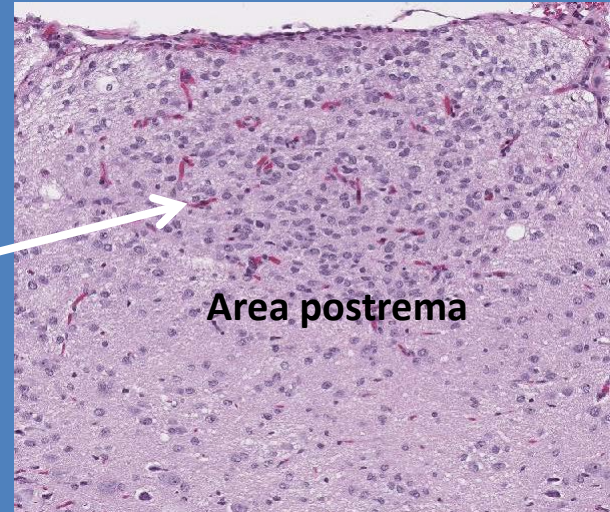
Median eminence

Pineal gland

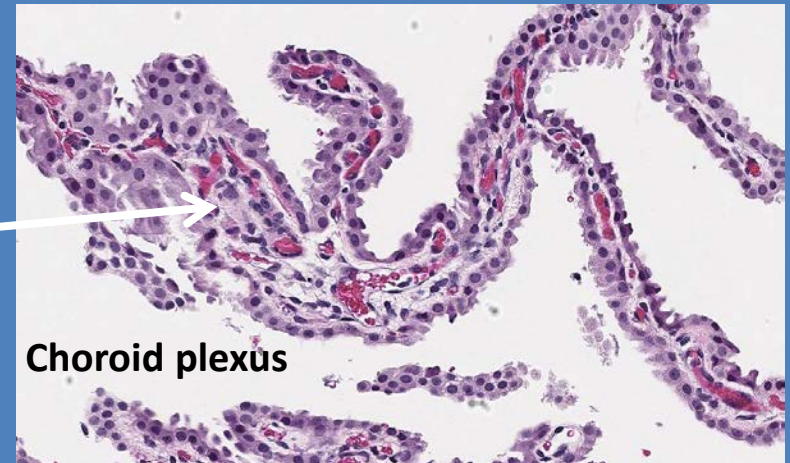
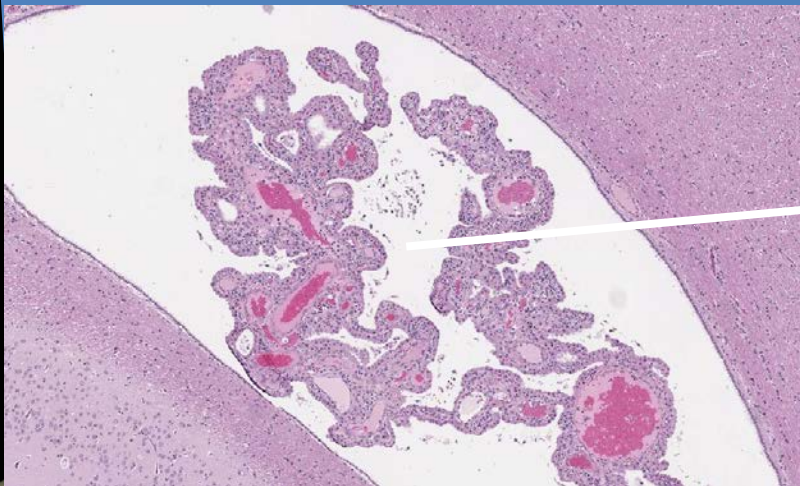
Circumventricular organs (CVOs)



Circumventricular organs (CVOs)

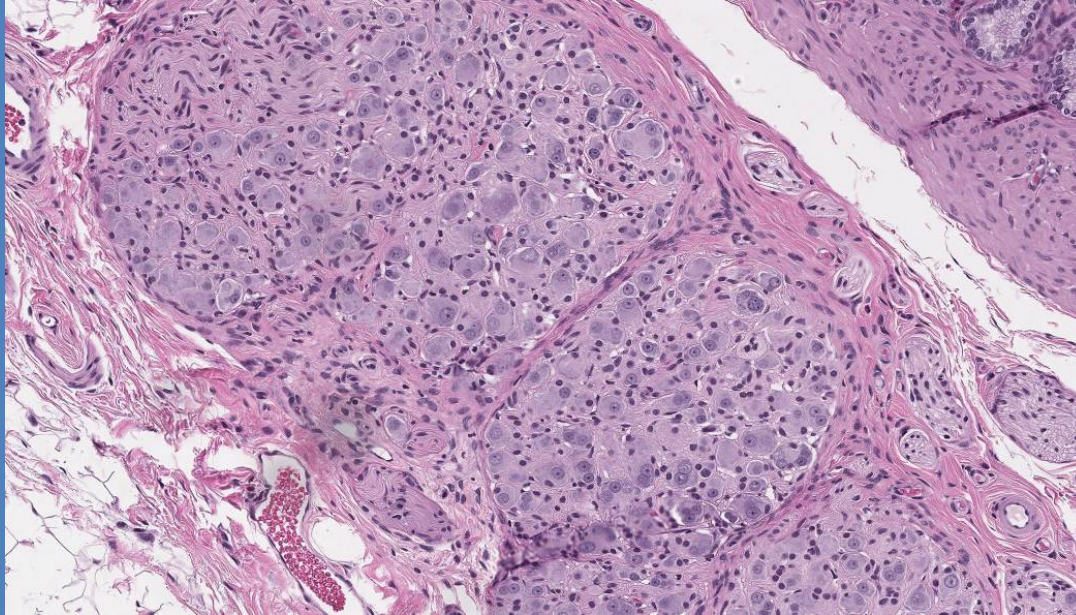


Area postrema

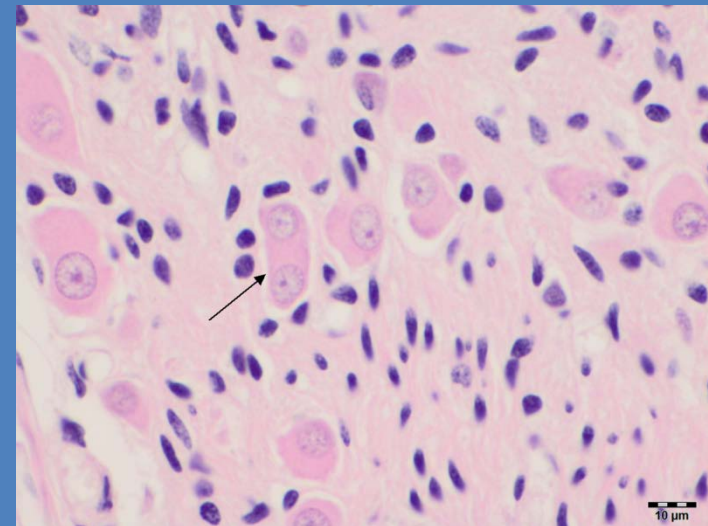


Choroid plexus

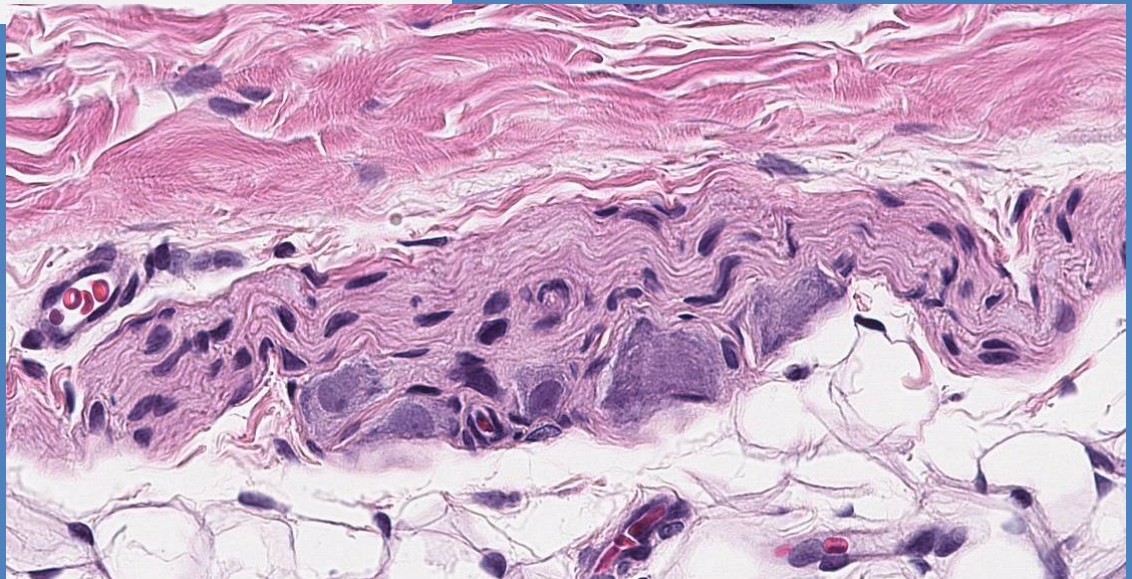
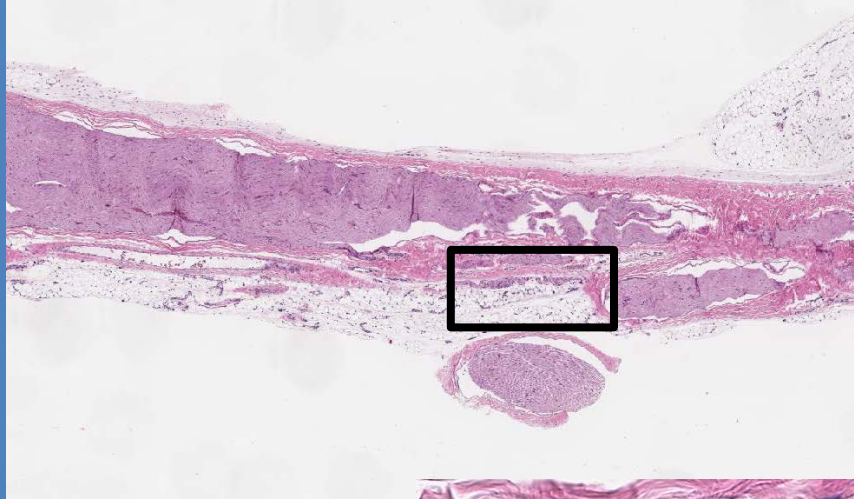
Binuclear neurons-ganglion



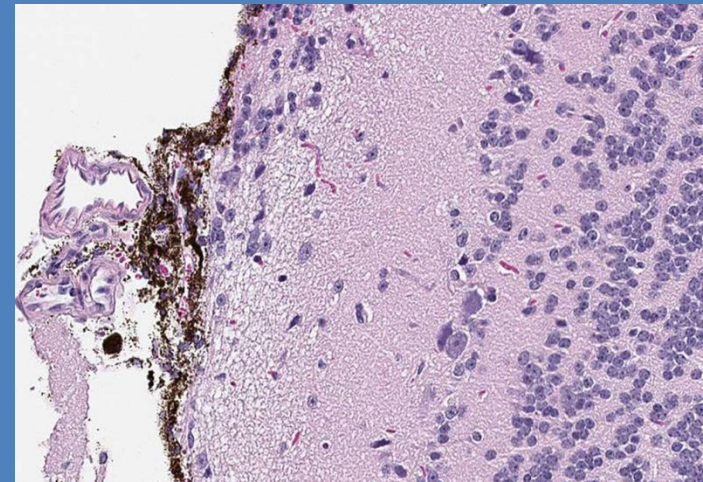
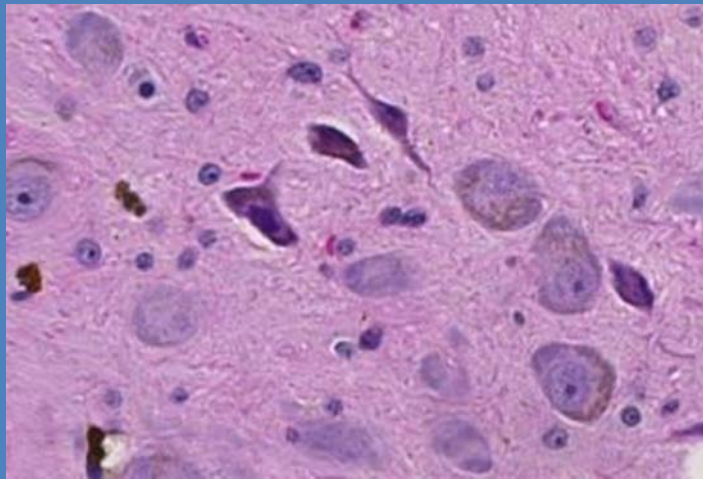
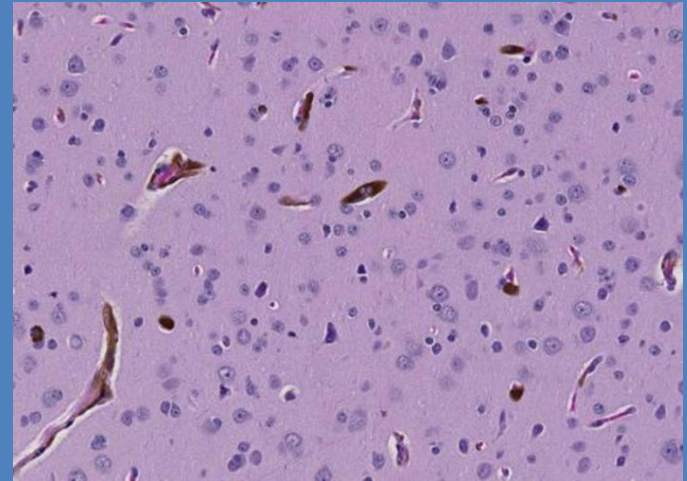
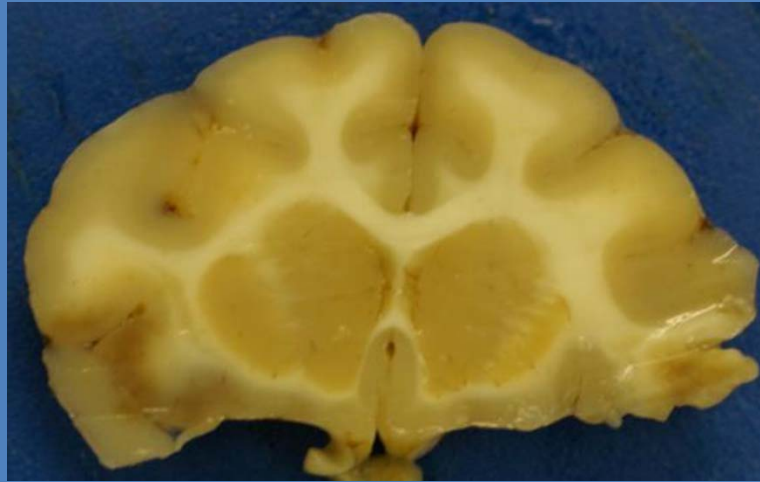
Parasympathetic ganglion-
Seminal vesicle



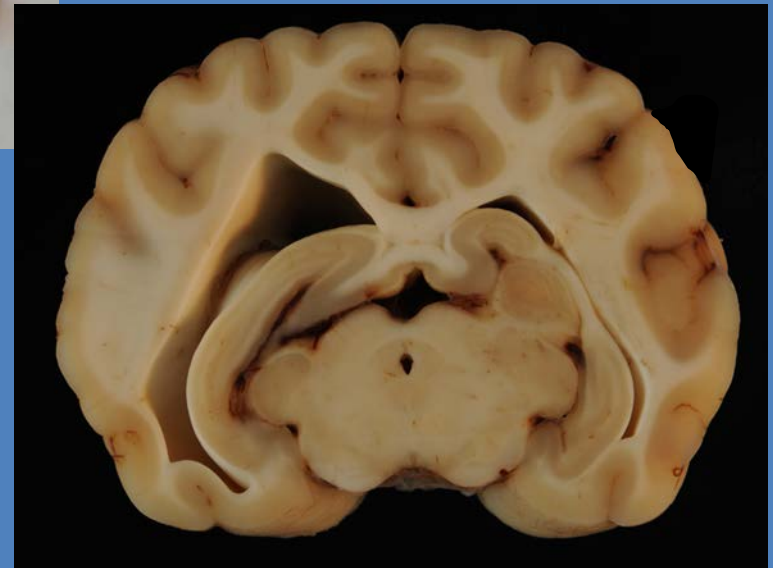
Neurons sciatic nerve



Melanin pigment



Ventriculomegaly in Beagle dogs



Conclusions


- Be familiar with the new recommendations to sample and process the nervous system and normal neural structures in preclinical species
- Be aware that inappropriate handling of the nervous system during the harvesting and processing for histopathologic evaluation can induce artefacts



Acknowledgments

- Dan Morton (Pfizer, Cambridge, MA)
- Brad Bolon and other members of the STP Working Group on Nervous System Sampling
- Walt Bobrowski, B.Sc., CEMT (Pfizer, Groton, CT)



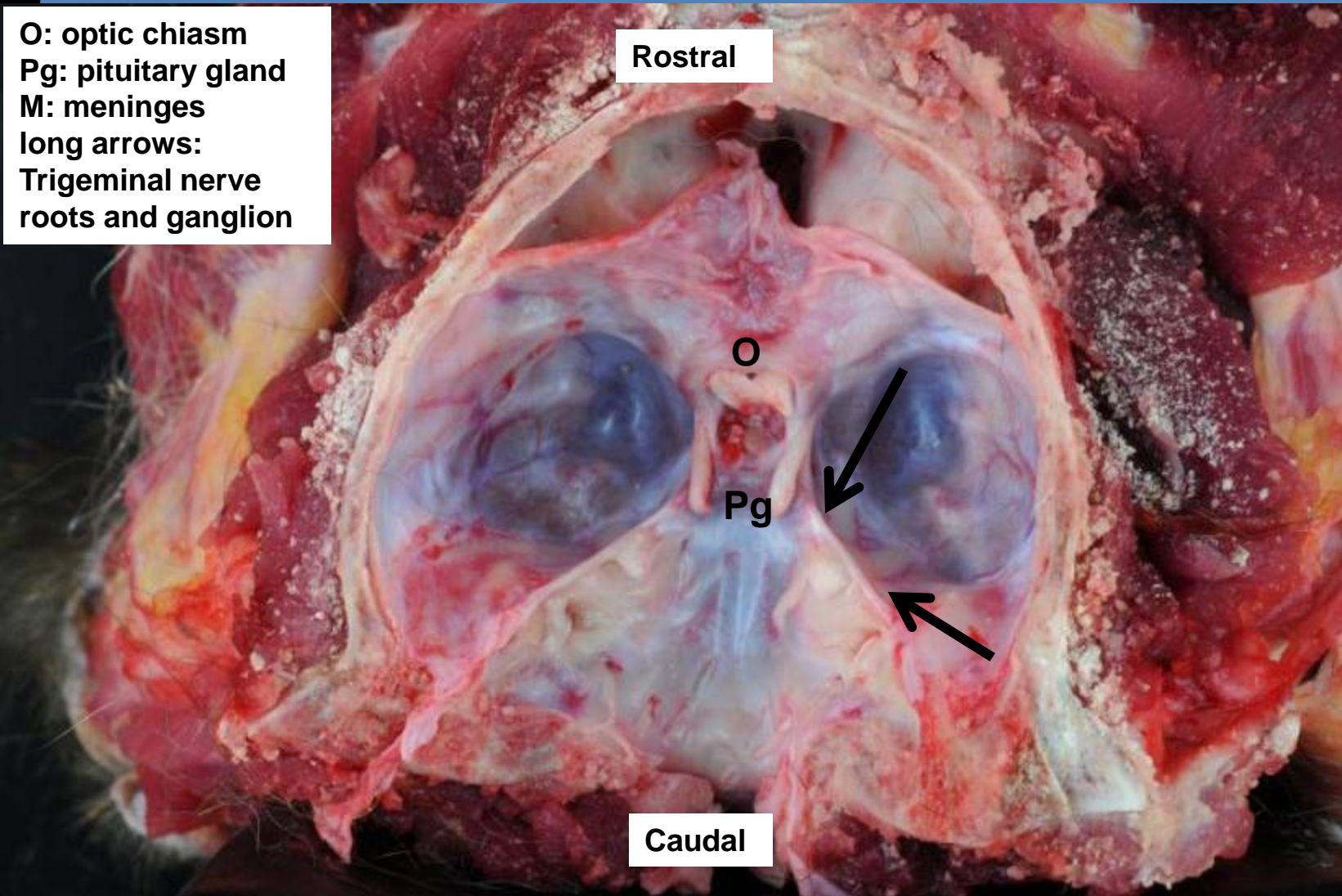


**Special necropsy collection to derisk
neurotoxicity**

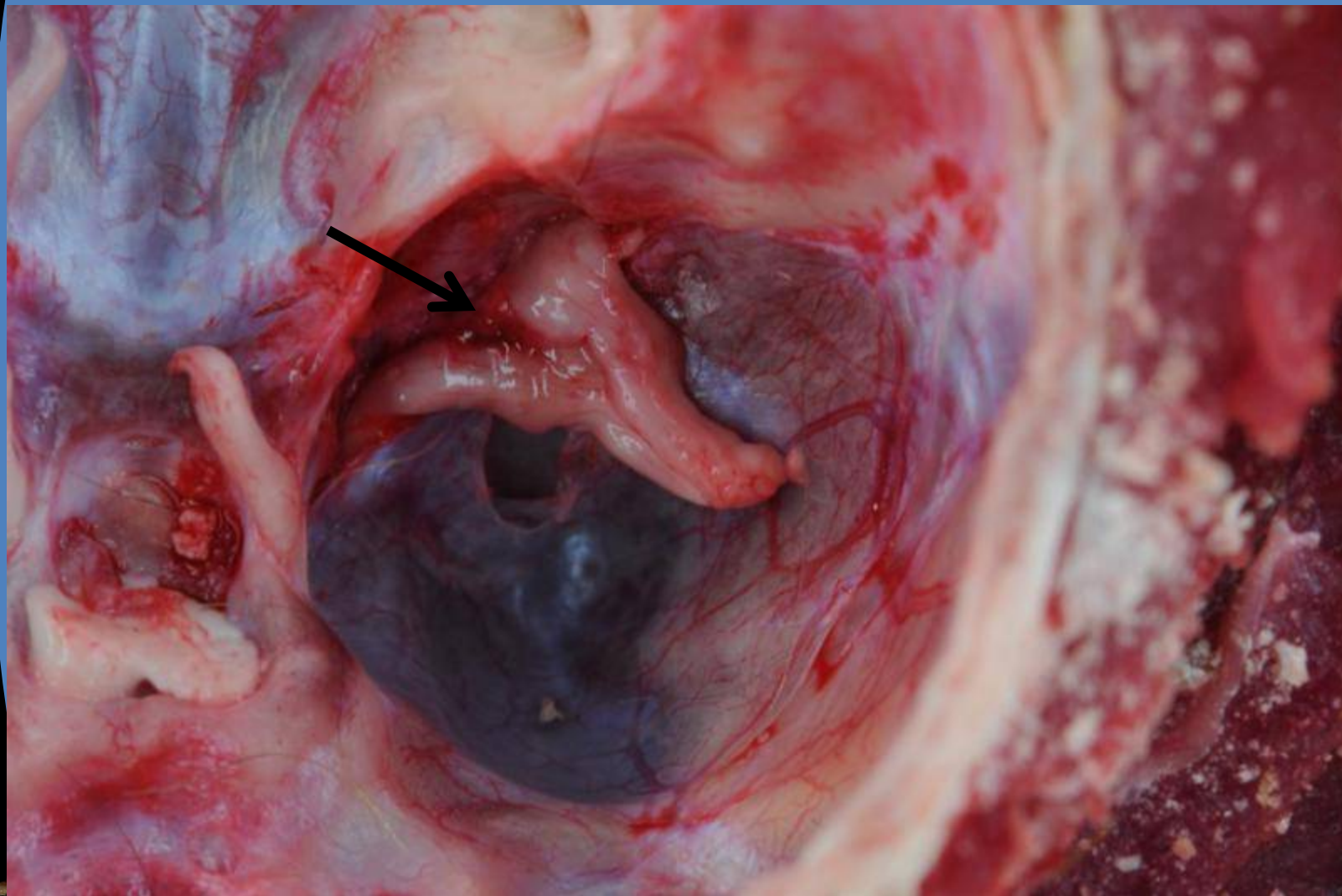
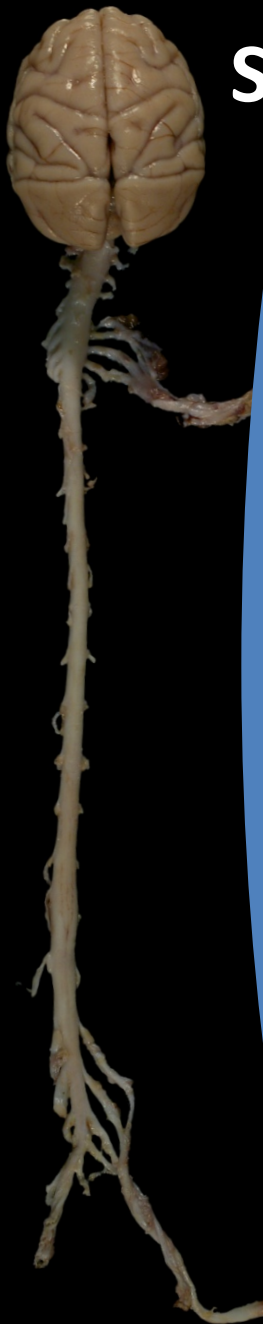
Non-human primate

Sampling the trigeminal nerve roots and ganglion

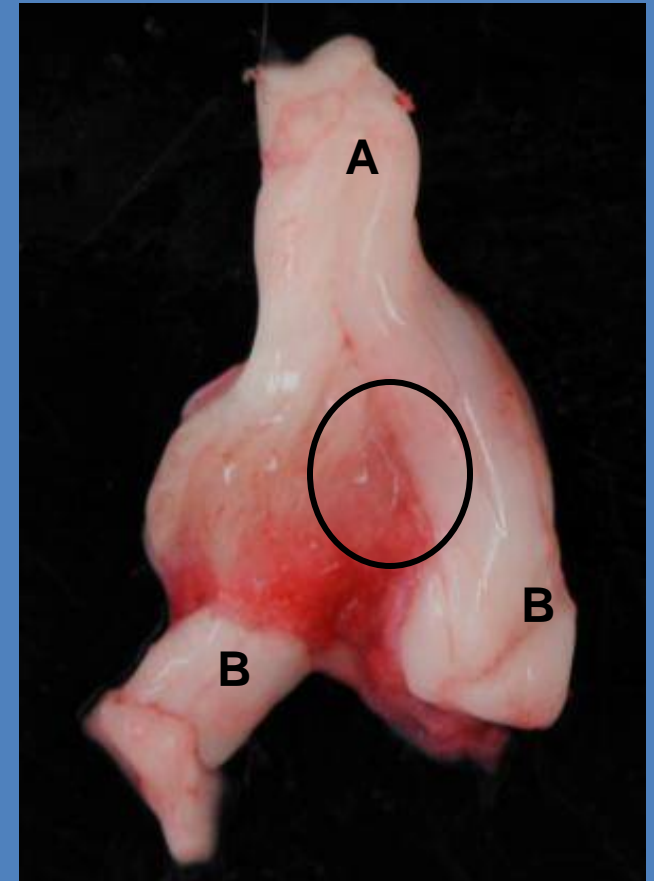
O: optic chiasm
Pg: pituitary gland
M: meninges
long arrows:
Trigeminal nerve
roots and ganglion



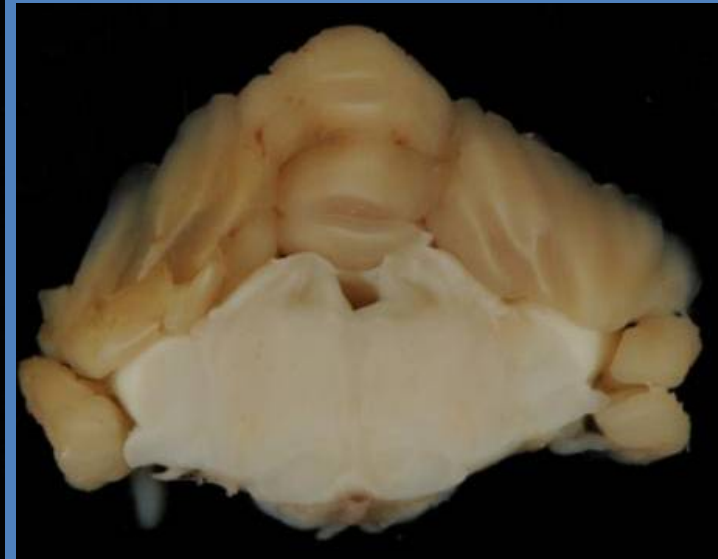
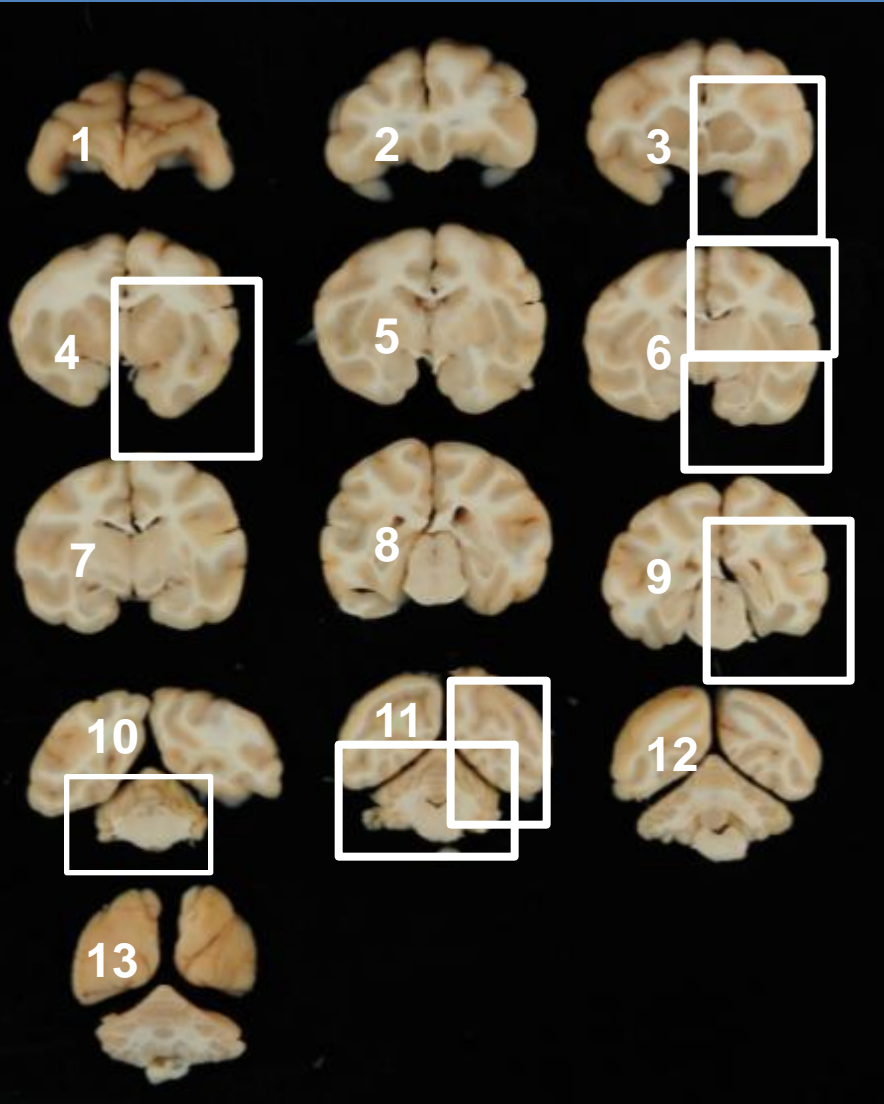
Sampling the trigeminal nerve roots and ganglion



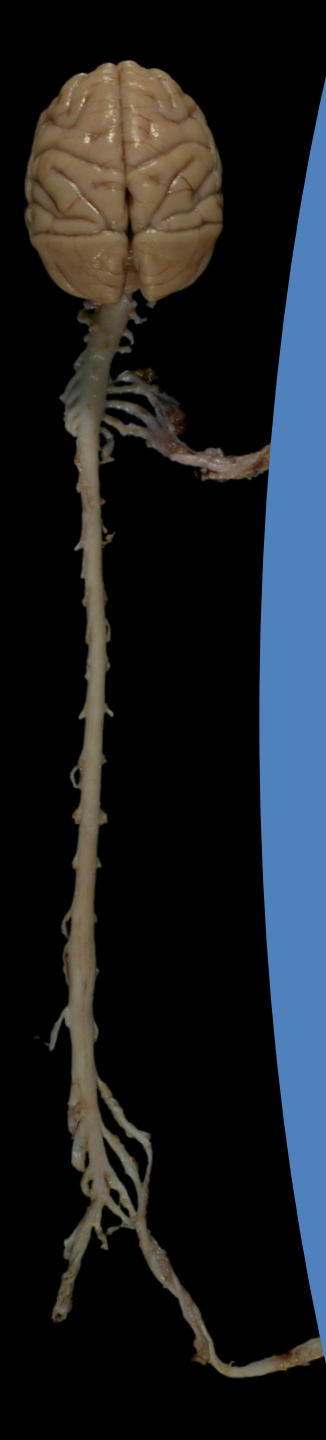
Sampling the trigeminal nerve roots and ganglion



Sampling the trigeminal nerve roots and ganglion



Backup slides



Abstract

- Brains should be weighed and trimmed similarly for all animals in a study.
- Certain structures should be sampled regularly: caudate/putamen, cerebellum, cerebral cortex, choroid plexus, eye (with optic nerve), hippocampus, hypothalamus, medulla oblongata, midbrain, nerve, olfactory bulb (rodents only), pons, spinal cord, and thalamus.
- Brain regions may be sampled bilaterally in rodents using 6 to 7 coronal sections, and unilaterally in nonrodents with 6 to 7 coronal hemisections.
- Spinal cord and nerves should be examined in transverse and longitudinal (or oblique) orientations.





Abstract

- Most Working Group members considered immersion fixation in formalin (for CNS or PNS) or a solution containing acetic acid (for eye), paraffin embedding, and initial evaluation limited to hematoxylin and eosin (H&E)-stained sections to be acceptable for routine microscopic evaluation during general toxicity studies; other neurohistological methods may be undertaken if needed to better characterize H&E findings.
- Initial microscopic analyses should be qualitative and done with foreknowledge of treatments and doses (i.e., "unblinded"). The pathology report should clearly communicate structures that were assessed and methodological details. Since neuropathologic assessment is only one aspect of general toxicity studies, institutions should retain flexibility in customizing their sampling, processing, analytical, and reporting procedures as long as major neural targets are evaluated systematically.