



# CONTINUING EDUCATION IN TOXICOLOGIC PATHOLOGY REPRODUCTIVE SYSTEM



ORGANIZED BY SOCIETY FOR TOXICOLOGIC PATHOLOGY IN INDIA (STPI)

OCTOBER 29-31, 2010

The Atria Hotel, # 1, Palace Road, Bangalore - 560 001



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# Toxicologic Pathology of the Male Reproductive System – 1

3rd STPI Seminar, Bangalore, October 29-31, 2010

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**Robert A. Ettl**

Dr. med., FIATP – FATS – ERT

**Ettl Consulting Ltd.**

CH-4142 Muenchenstein, Switzerland

# Handout version of presentation

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- ❑ Photographs, in particular histological slides, do not reproduce well in B&W at small size and are therefore generally not shown in the handout
- ❑ On the other hand, some slides in the handout might not be presented during the lecture because of time constraints
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# Toxicologic Pathology of the MR System

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- 2 lectures
  - The basis – 45 min
    - **The male reproductive (MR) system – 25 min.**
      - Overview over MR toxicity – 20 min.
    - Practice: Methods and Examples – 45 min.
  - Covered: mainly rats as well as some particularities of other species
  - Not covered: Developmental reproductive toxicity

# The MR System

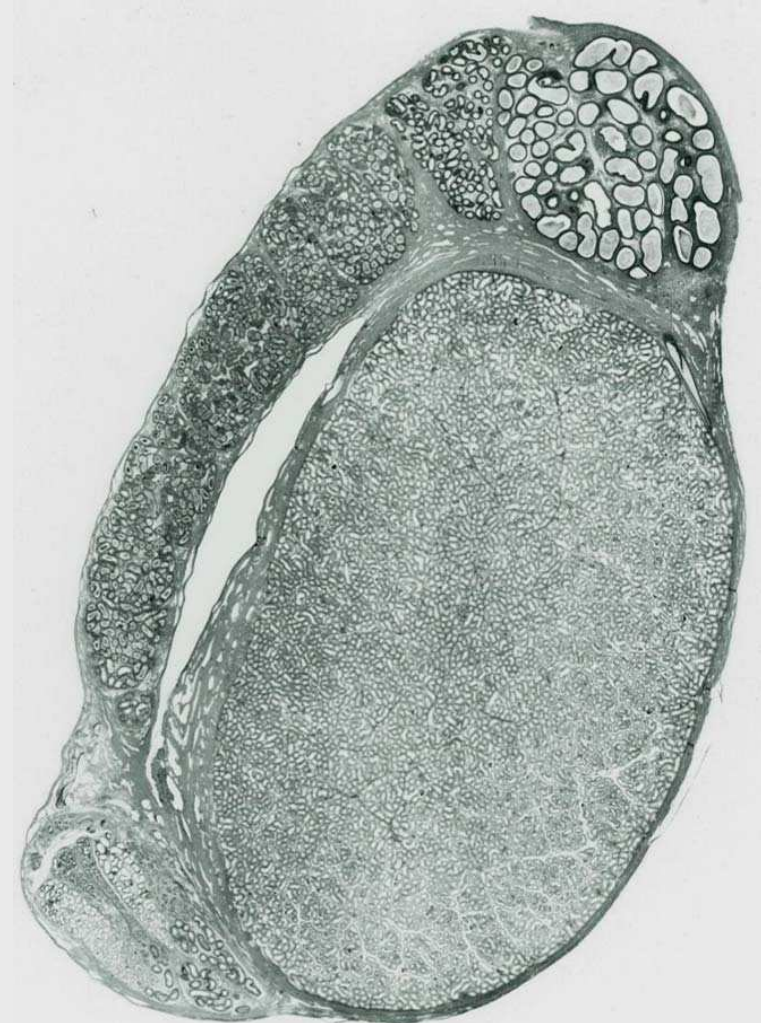
<i>Organ</i>		<i>Function</i>
Main organ	Testis	Sperm and fluid production
Transport (main parts)	Rete	Transport, fluid
	Epididymis	Transport, maturation, fluid
	Vas deferens	Ejaculation
Accessory sex organs → Secretions	Seminal vesicle	Nutrients
	Coagulation gland	Copulatory plug
	Prostate	Proteolytic enzymes
	Bulbourethral gland	Copulatory plugs
	Preputial gland	Pheromones
Shared with urinary system	Urethra	Transport
	Penis	Copulation

# The MR System

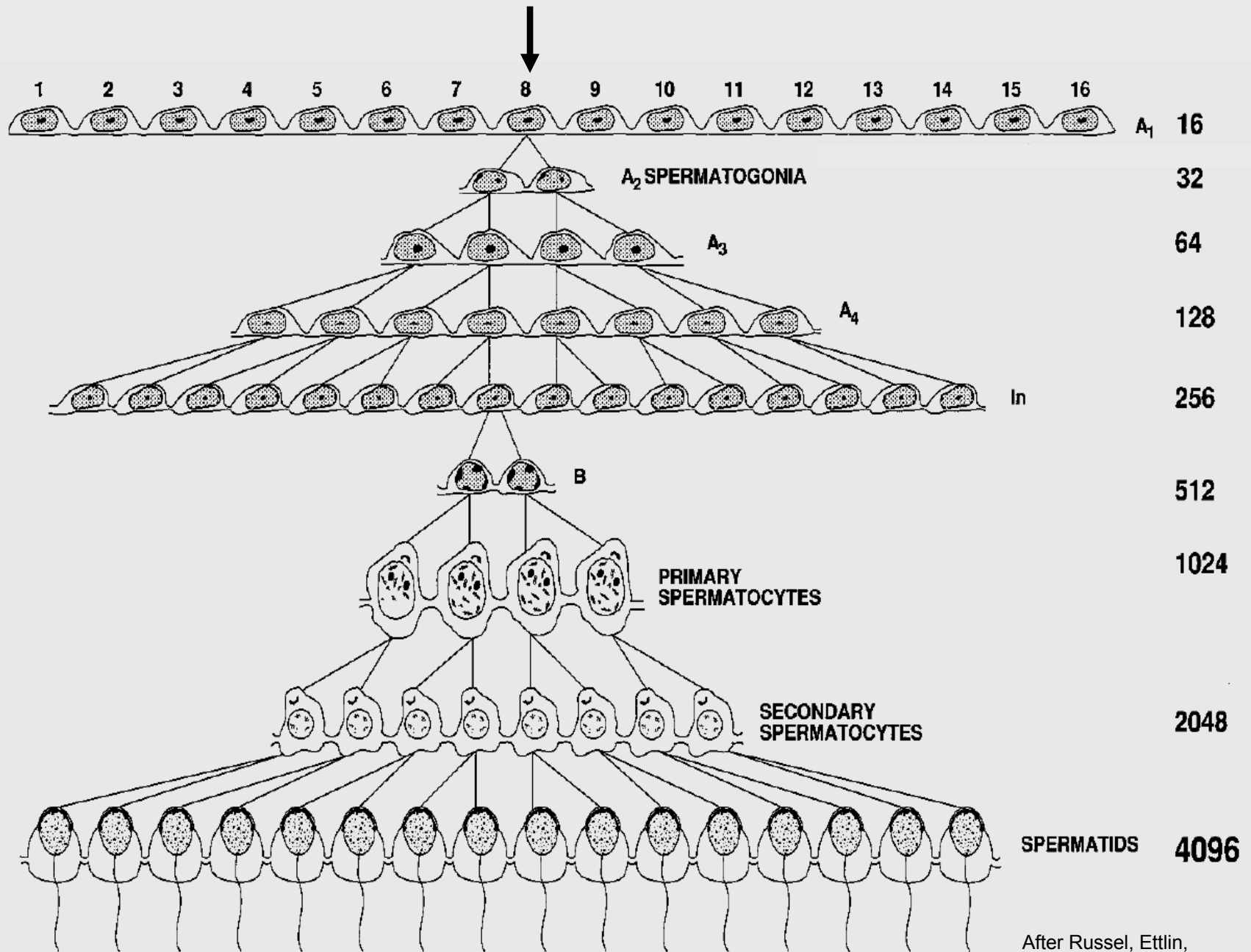
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## Testis

- Epididymis
- Accessory sex organs
- Other structures
- Endocrine, paracrine and autocrine regulation
- Embryology - Puberty
- Comparison laboratory animals vs. humans
- Conclusions



STEM CELLS (ISOLATED)



# Spermatogenesis – Spermatogonia

- **Stems cells**
  - Pale dusty nuclear structure
  - Isolated
  - Slowly replicating by mitosis, therefore less vulnerable than spermatogonia (spg) A, I, B
- **Spg A**
  - Syncytium (cytoplasm bridges)
  - Committed to differentiation
  - Relatively rapid proliferation by mitosis → vulnerable
  - Similar morphology and difficult to see in routine sections
- **Intermediate (I) and B spg**
  - Increasing formation of heterochromatin clumps

Stem cell  
↓  
A1  
↓  
A2  
↓  
A3  
↓  
A4  
↓  
I  
↓  
B

Outside blood-testis barrier (BTB)



# Spermatogenesis – Spc and spt

---

As of leptotene spc all cells inside BTB

Primary spermatocytes (spc)

Develop into the largest cells in germinal epithelium



**Meiosis I** (reduction division), 1.5 cycles long



Secondary spc

Haploid chromosome set, but double chromosome number  
Smaller than primary spc and short-lived



**Meiosis 2** (division without S-phase): very short in stage XIV



Spermatids (spt)

Haploid, single chromosomes

Spermiogenic differentiation over 1.5 cycles

Steps 1-19 based on morphologic criteria

# Meiosis 1

Identical phases also in meiosis 2 and mitosis

## □ Prophase: long – nuclear size increases

- Preleptotene: start to move through blood-testis barrier (intermediate compartment)
- Leptotene: chromatin threads forming
- Zygotene: chromosomes (chr) pairing
- Pachytene: > 1 week (depending on species), **crossing over**, rapid growth
- Diplotene: short, chr separate  
largest cells in seminiferous epithelium

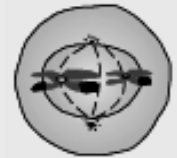
## □ Metaphase: chr in metaphase plate

## □ Anaphase: chr separate

## □ Telophase: cell division completed Formation of new cell membrane



P



M

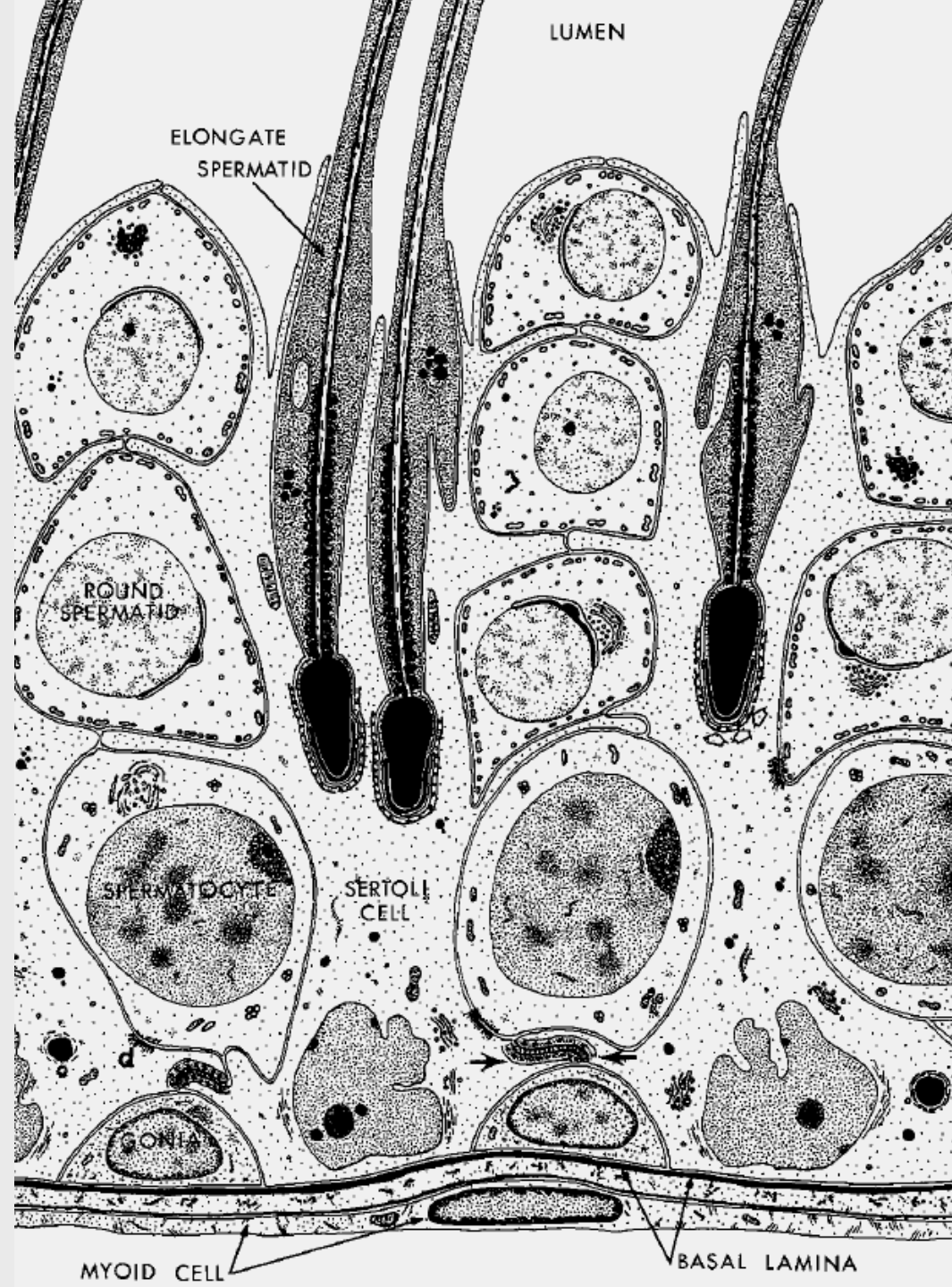


A



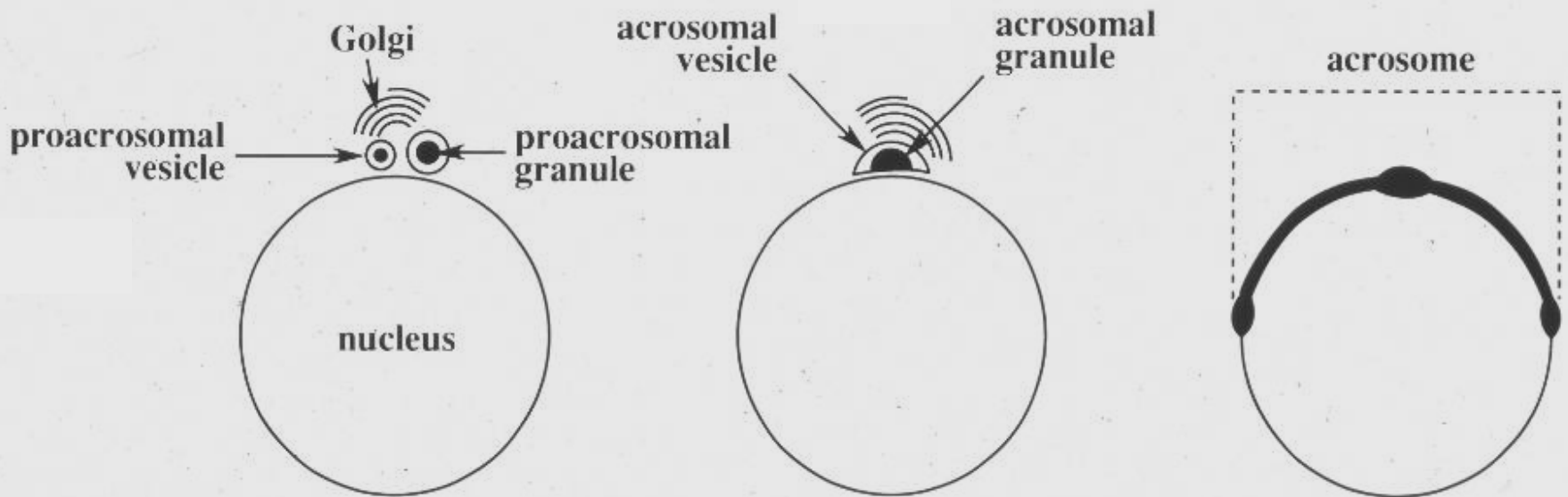
T

Short – Stage XIV



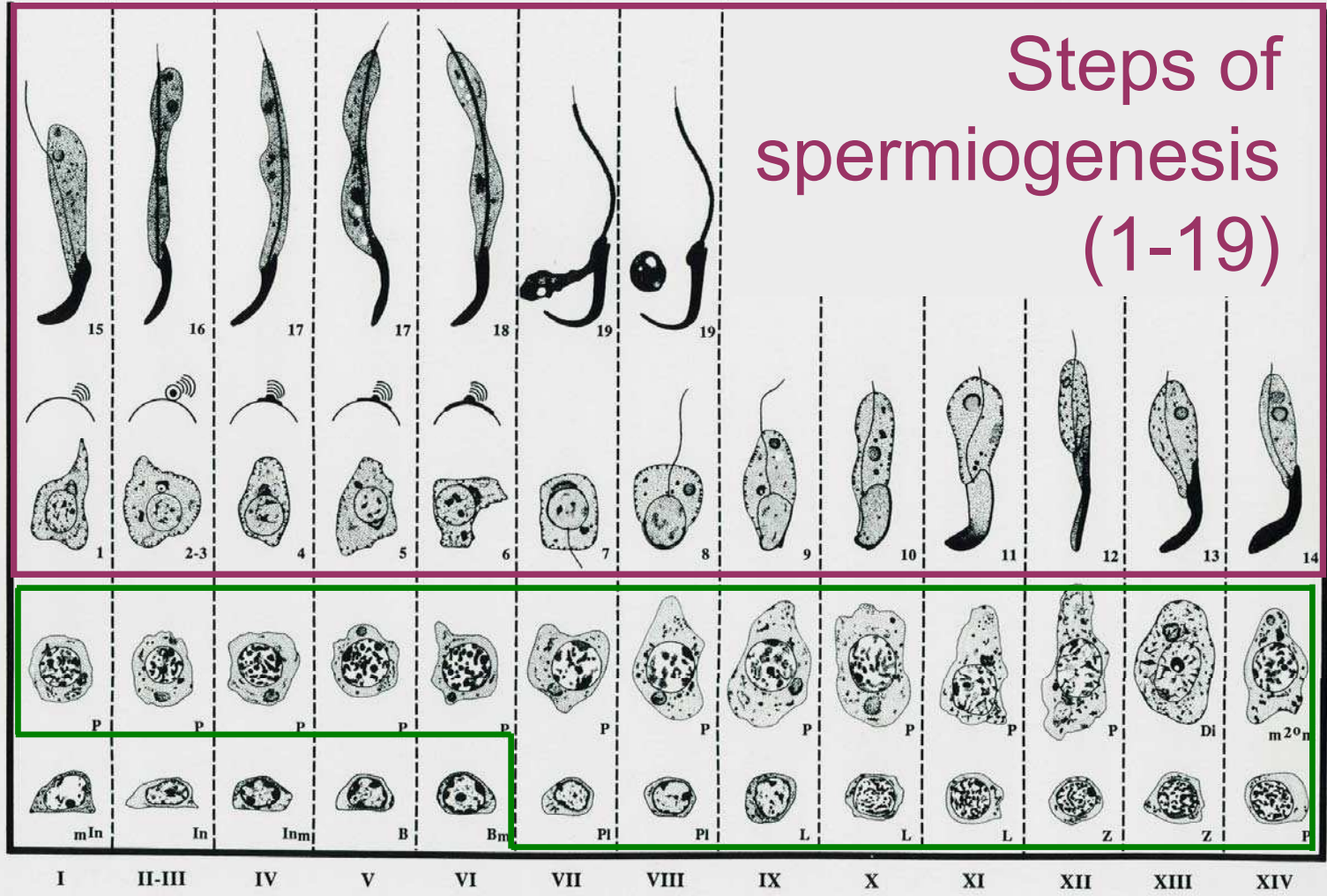
# The acrosome – Key for staging

Spermatid steps (and meiosis) define stages of spermatogenesis  
*Staging explained in separate presentation*



Russel, Ettlin, SinhaHikim and Clegg, 1990

# Steps of spermiogenesis (1-19)

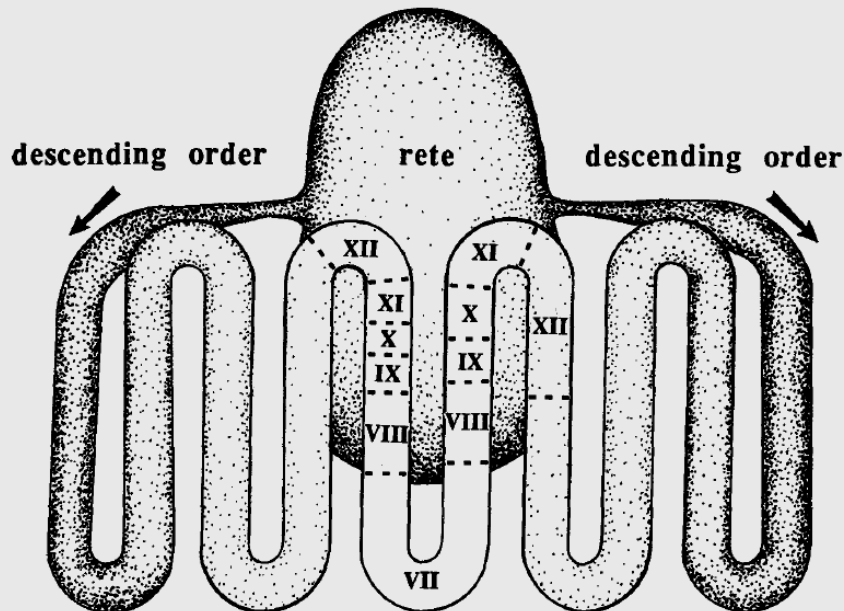


Spermatogonia

Spermatocytes

RAT: stages of spermatogenesis I-XIV <sup>13 days</sup>

# Tubular organization

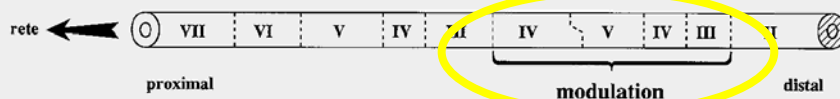


site of reversal

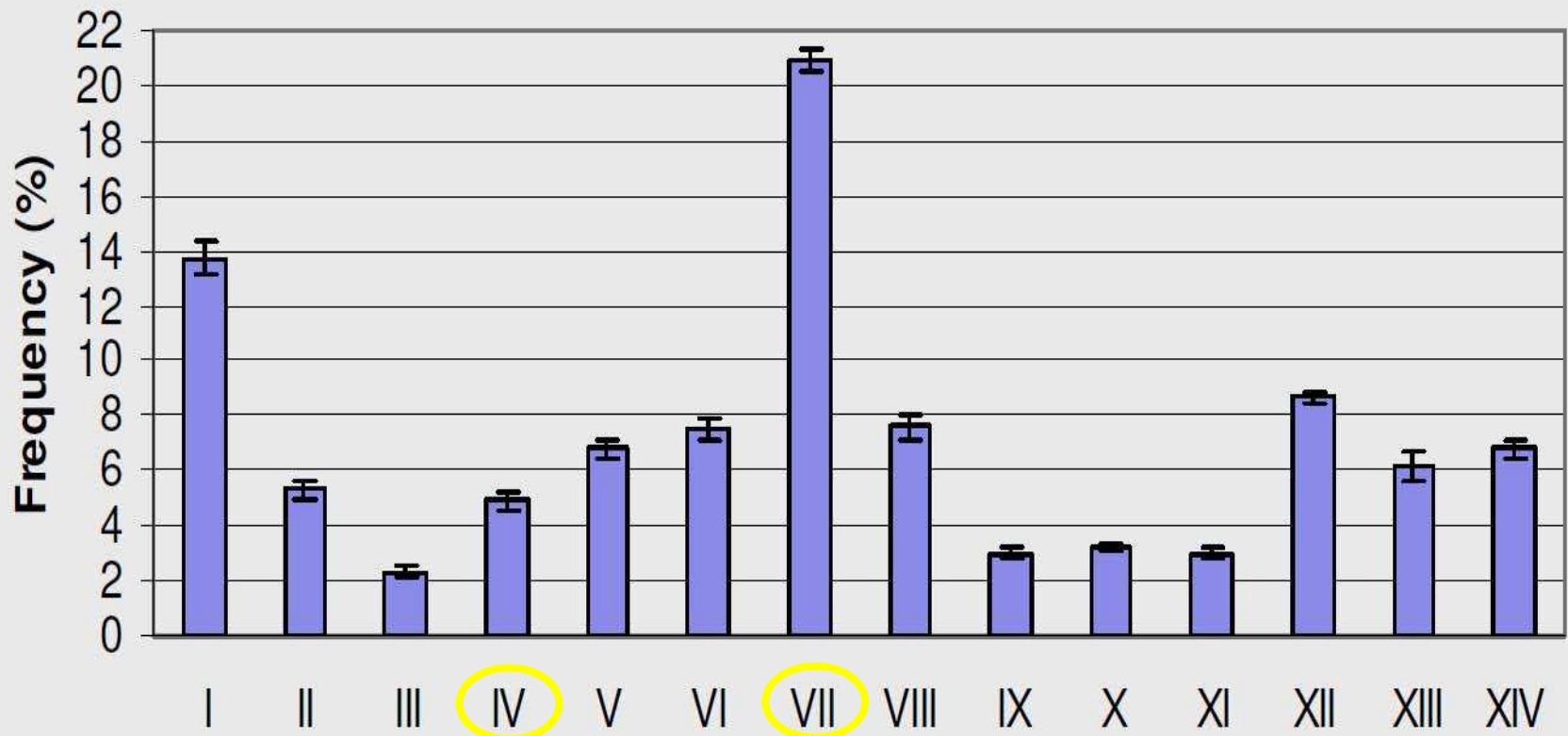
Approx. 20-30 U-shaped seminiferous tubules ending on both sides in the rete testis

Rat: ~ 12 m/g testis  
Spermatogenic longitudinal wave

Man: ~ 15-25 m/g testis  
Helical arrangement of spermatogenesis



# Frequency of stages in rat testis



The duration of a stage determines the frequency of its occurrence  
Example: stage VII lasts approx. 58 hours, stage IV approx. 12 hours in rats

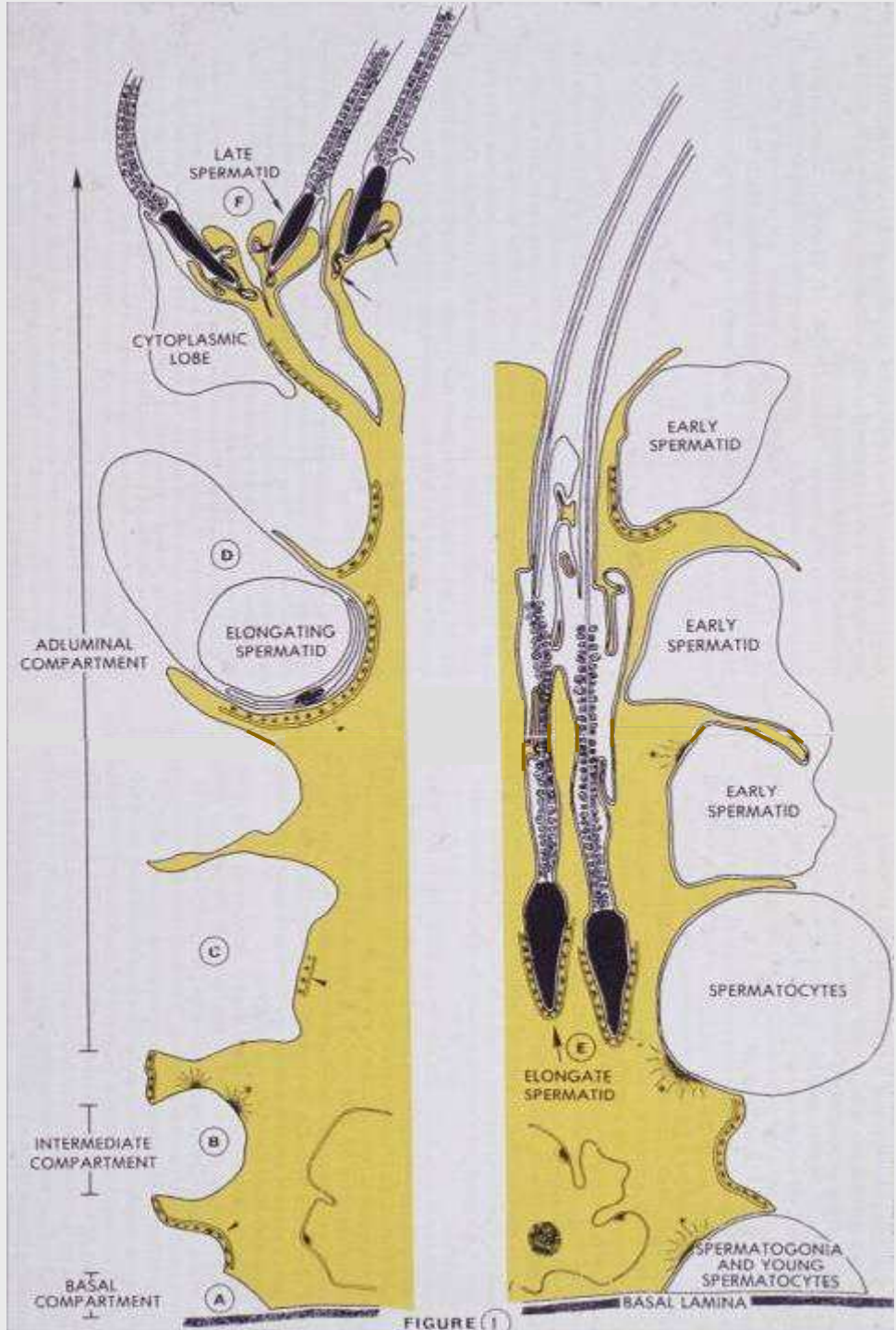
Histological photomicrographs to  
be shown



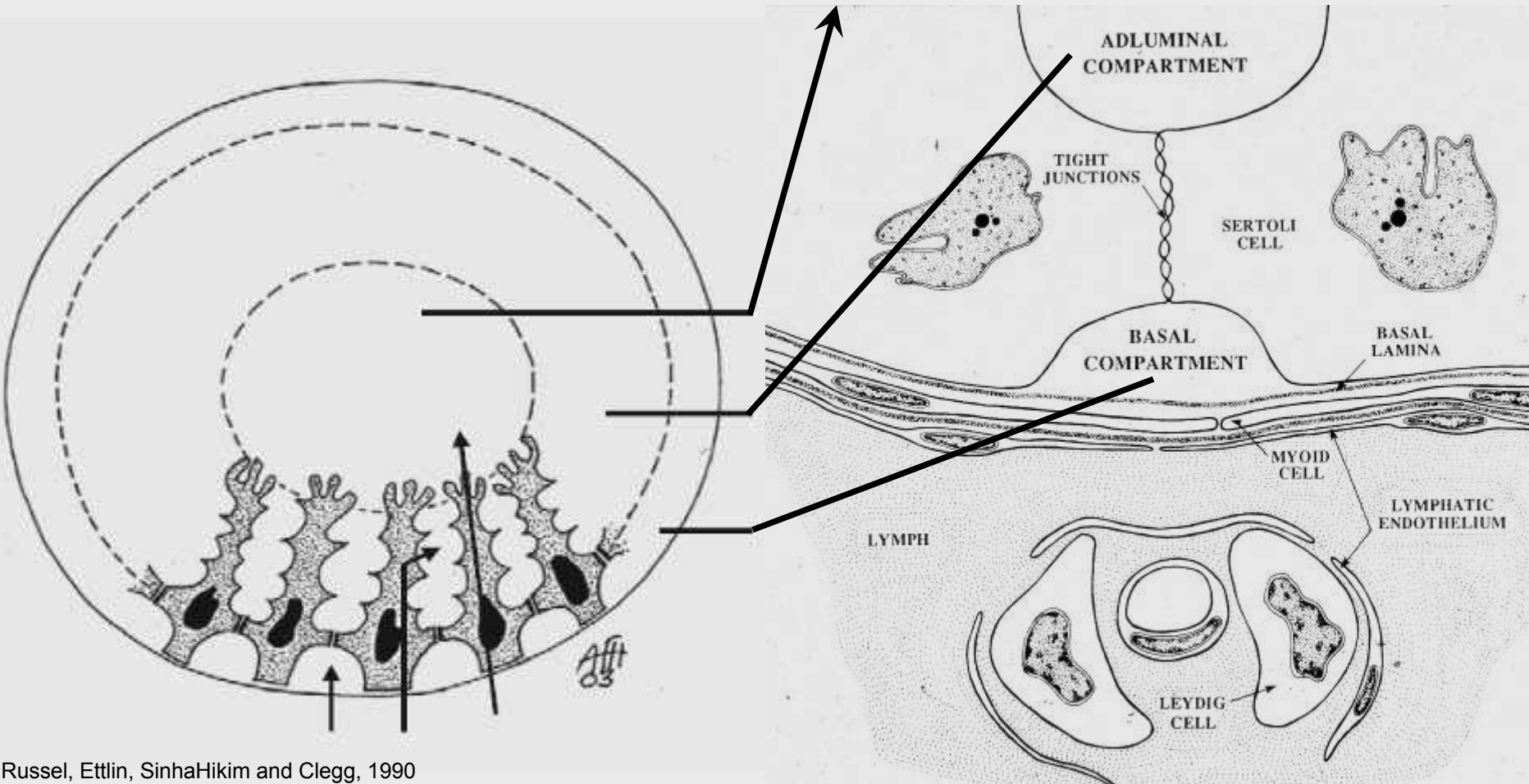


# Sertoli cell

Russel, Ettlin, SinhaHikim and Clegg, 1990



# Sertoli cells – 3 testis compartments



Russel, Ettlin, SinhaHikim and Clegg, 1990

# Sertoli cells (SC)

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- ❑ Divide in rats until 18-21 days of age
- ❑ Blood-testis (tubule) barrier
- ❑ Structural support to germinal epithelium
- ❑ Nutrition of germ cells: no blood vessels in seminiferous epithelium
- ❑ Phagocytosis, e.g. of apoptotic bodies and of degenerating germ cells
- ❑ Secretion
  - Androgen binding protein, inhibin, activin and other factors
  - Seminiferous fluid

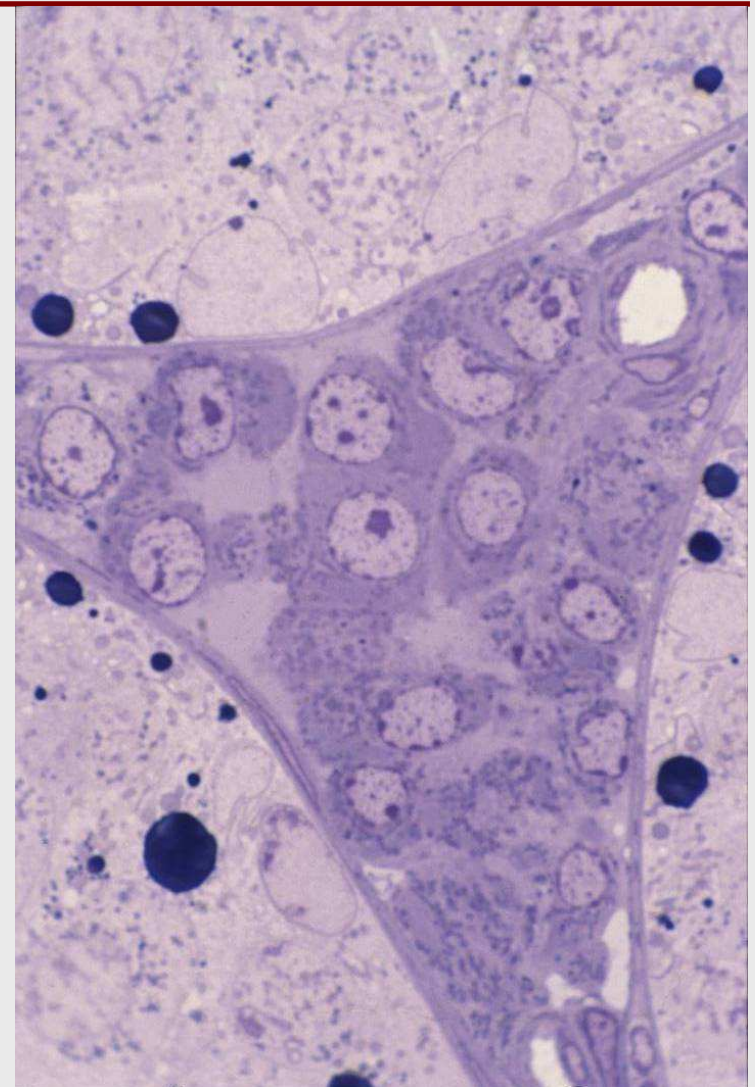
# Peritubular cells

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- Myoid cells with actin filaments
  - ➔ Propulsion of sperm along tubules
- Under control of testosterone (T)
- Modulate SC function, e.g. regarding production of androgen-binding protein

# Interstitial space

- ❑ Leydig cells (LC) arise from fibroblast-like, often peritubular cells, throughout life
- ❑ Localization and number species-specific
- ❑ Macrophages (up to 25%), specific function unknown
- ❑ Other cells and structures incl. blood and lymphatic vessels



# Testis ... Rete testis ... Epididymis

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- Both ends of a seminiferous tubule
  - Tubuli recti (SC only, valve function ?)
  - Rete testis
  - Efferent ductuli: 6 (rodents, merge into single entry duct) – 20 (larger mammals incl. humans)  
*Often discarded with fat pad!*
  - Epididymis
- Rete testis
  - Single or several interconnected channel(s)
  - Cuboidal or columnar epithelium
  - On cranial outer aspect of rat and mouse testis  
Central in dogs and rabbits
- Rete testis function: Reservoir, fluid resorption

Microscopic and histological  
photomicrographs to be shown

For an excellent review article in particular on  
the connecting ductal system between testis  
and epididymis

see

George L. Foley

Overview of male reproductive pathology  
Toxicol Pathol 29/1: 49-63, 2001

or

Papers by RA Hess



# The MR system

---

- Testis
- Epididymis
- Accessory sex organs
- Other structures
- Endocrine, paracrine and autocrine regulation
- Embryology - Puberty
- Comparison laboratory animals vs. humans
- Conclusions

# Epididymis – 1

---

- Abrupt transition between efferent ductuli (from rete testis) and epididymis with basal, apical and principal epithelial cells
- One single coiled duct
- Parts
  - Caput and corpus
    - Produce and secrete macromolecules, e.g. of steroids, carnitine, inositol
    - Reabsorb tubular fluid (up to 90%)
  - Caudal part is dilated with stored sperm  
Epithelium also contains clear cells (endocytic activity incl. resorption of remaining sperm cytoplasm)

## Epididymis – 2

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- Epididymal blood-lumen barrier (not as effective as BTB)
- Sperm reach
  - Caput approx. 2-5 days after release
  - Cauda approx. 1-2 weeks after release
  - “Memory” of damage to spermatogenesis
- During epididymal passage sperm mature (morphology and metabolism)
  - Capacitation: surface antigens enable fertilization

# The MR system

---

- Testis
- Epididymis
- Accessory sex organs**
  - Seminal vesicles**
  - Prostate**
  - Bulbourethral glands**
  - Preputial glands**
- Other structures
- Endocrine, paracrine and autocrine regulation
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# Accessory sex organs - Occurrence

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Species	Prostate	Seminal vesicles	Bulbour. gland	Preputial gland
<i>Rat</i>	+	+	+	+
<i>Mouse</i>	+	+	+	+
<i>Rabbit</i>	+	+	+	+
<i>Dog</i>	+	-	-	-
<i>Man</i>	+	+	+	-

Macroscopic and histological  
photomicrographs to be shown

# Secretions

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- ❑ **Seminal vesicles**: ~ 60% of semen; yellow-white and viscous, alkaline, nutrients for sperm survival (e.g. fructose, citric acid)
- ❑ **Coagulating gland**: proteins for copulatory plug
- ❑ **Prostate gland**: ~ 30% of semen, colorless, proteolytic enzymes
- ❑ **Bulbourethral glands** (Cowper): ~ 5% to semen, mucoid and clear, contributes to copulatory plug
- ❑ **Preputial gland** (sebaceous): pheromones and  $\beta$ -glucouronidase

# The MR system

---

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# Efferent ducts

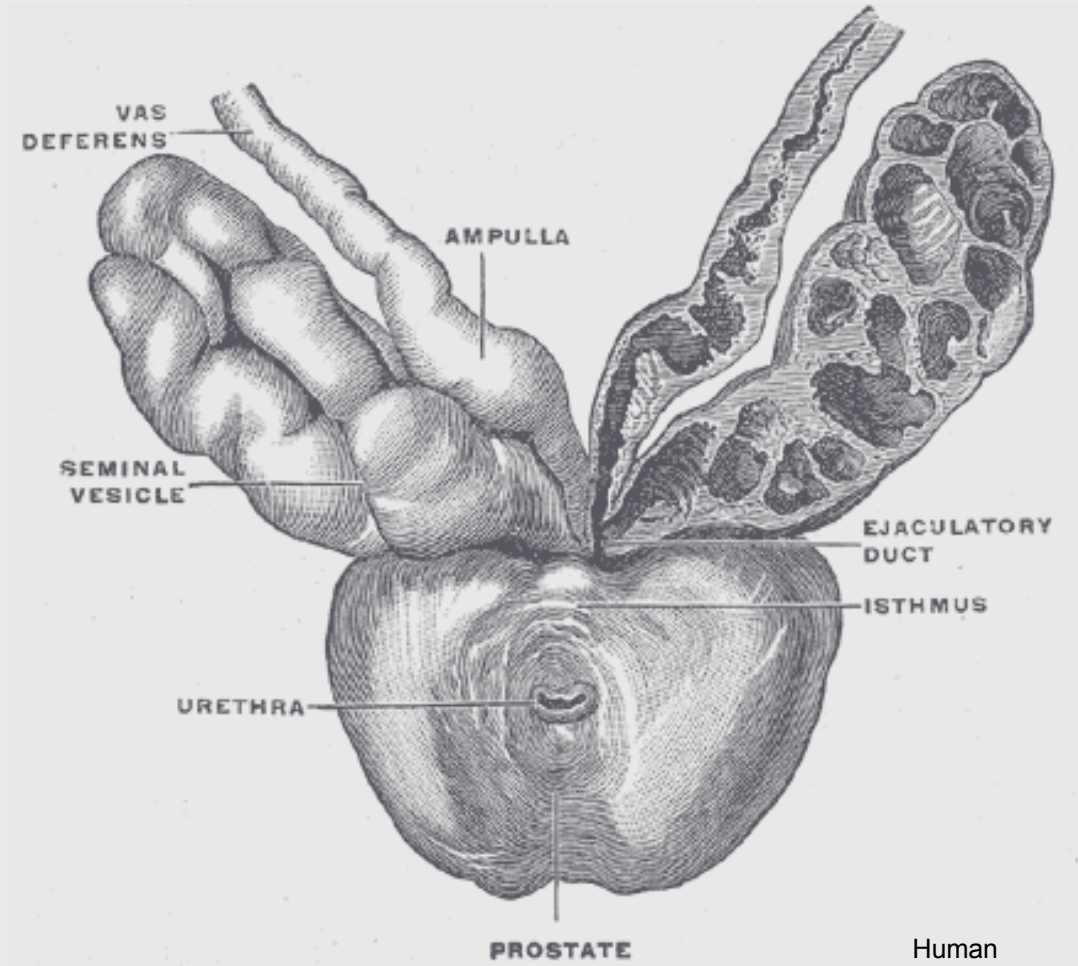
- Ducts deferens (also called vas deferens)

Widens at the end: ampulla

- Ejaculatory duct

Joining of ductus deferens and seminal vesicle

- Urethra



# Penis

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- Tactile or psychological stimulation leading to
  - Erection due to vasodilation of blood vessels mainly controlled by parasympathetic nervous system (NS)
  - Emission and ejaculation due to contraction of ductus deferens and “pelvic” muscles mainly controlled by sympathetic NS
- Erectile dysfunction in man is often multifactorial

# The MR system

---

- Testis
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# “Sex” hormones regulation – 1

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- Gonadotropin releasing hormone (GnRH), also called LHRH
  - From hypothalamus by pulsatile release and SC
  - Acts on pituitary (gonadotropins ↑), LC (rat only)
- Luteinizing hormone (LH), formerly also called ICSH
  - From pituitary by pulsatile release
  - Acts on LC (steroidogenesis ↑)
- Follicle stimulating hormone (FSH)
  - From pituitary by pulsatile release
  - Maintenance of spermatogenesis (esp. spg, spc) directly and indirectly (via SC)  
Acts on SC to produce regulatory proteins, etc.

# “Sex” hormones regulation – 2

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- **Prolactin (PRL):**
  - From pituitary by pulsatile release
  - Acts on prostate and seminal vesicles (regulation of secretion)  
LC (maintenance of GnRH receptors in rats)
- **Inhibin:**
  - From SC
  - Acts on pituitary (FSH production ↓, LH unchanged)  
Possibly also paracrine effect within testis
- **Activin**
  - From SC
  - Acts on pituitary (FSH production ↑)

# “Sex” hormones – T and metabolites

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## □ Testosterone (T):

- From LC by pulsatile release
- Acts on SC to produce androgen binding protein
  - ➔ T concentration in testicular fluid can be up to 100 times higher than in plasma
- Acts also directly on spermatids, accessory sex organs, associated blood vessels and peritubular myoid cells

## □ Dihydrotestosterone (DHT):

- Produced from T e.g. in epididymis and accessory sex organs
- Acts on epididymis, prostate and seminal vesicles

## □ Estradiol etc. (E):

- Produced from T by aromatases e.g. in adipose tissue, LC, SC (neonate only)
- Acts on LC (T ↓), pituitary (LH ↓), etc.

## Other hormones influencing MR system

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- **Thyroid hormones** T4, T3:  
From thyroid, act on SC (maturation of prepubertal SC)
- **Androstenedione:**  
From adrenal cortex, act on human prostate (growth promotion)
- **Aldosterone:**  
From adrenal cortex, act on epididymis (fluid regulation)
- **Oxytocin:**  
From LC und pituitary, act on peritubular myoid cells of testis and on epididymis (sperm transportation ↑)
- **Insulin:**  
From pancreas, act on SC (glucose uptake)
- **Etc.**

# Paracrine regulation of MR

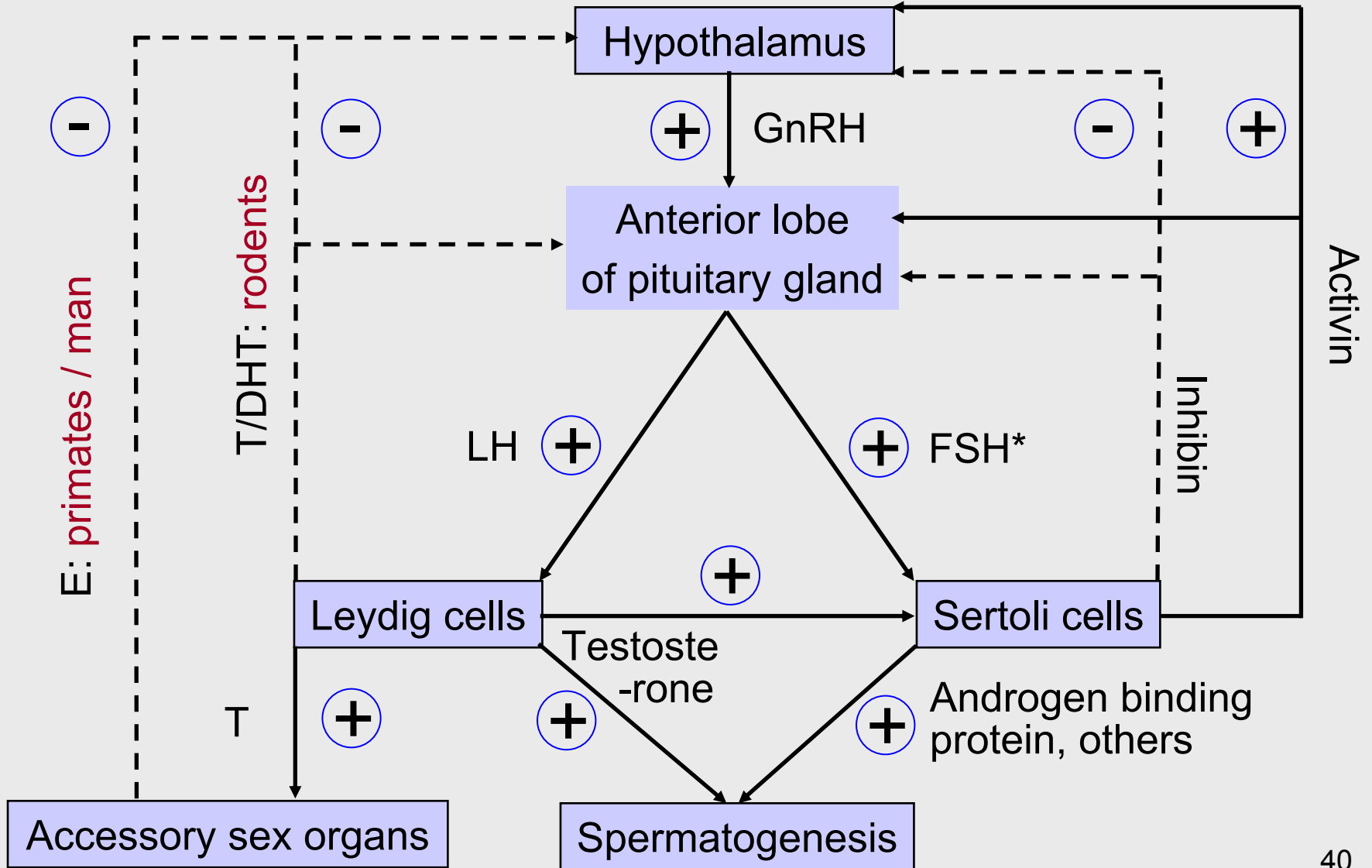
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- ❑ Some of the aforementioned hormones have also paracrine effects, e.g. inhibin, activin, T, DHT, E
- ❑ Growing list of further factors with functions often not well understood, including e.g. endorphin, ACTH and MSH produced by LC
- ❑ Production of such factors seems often stage-dependent
- ❑ etc.



# Hormonal regulation of the MR system

Simplified

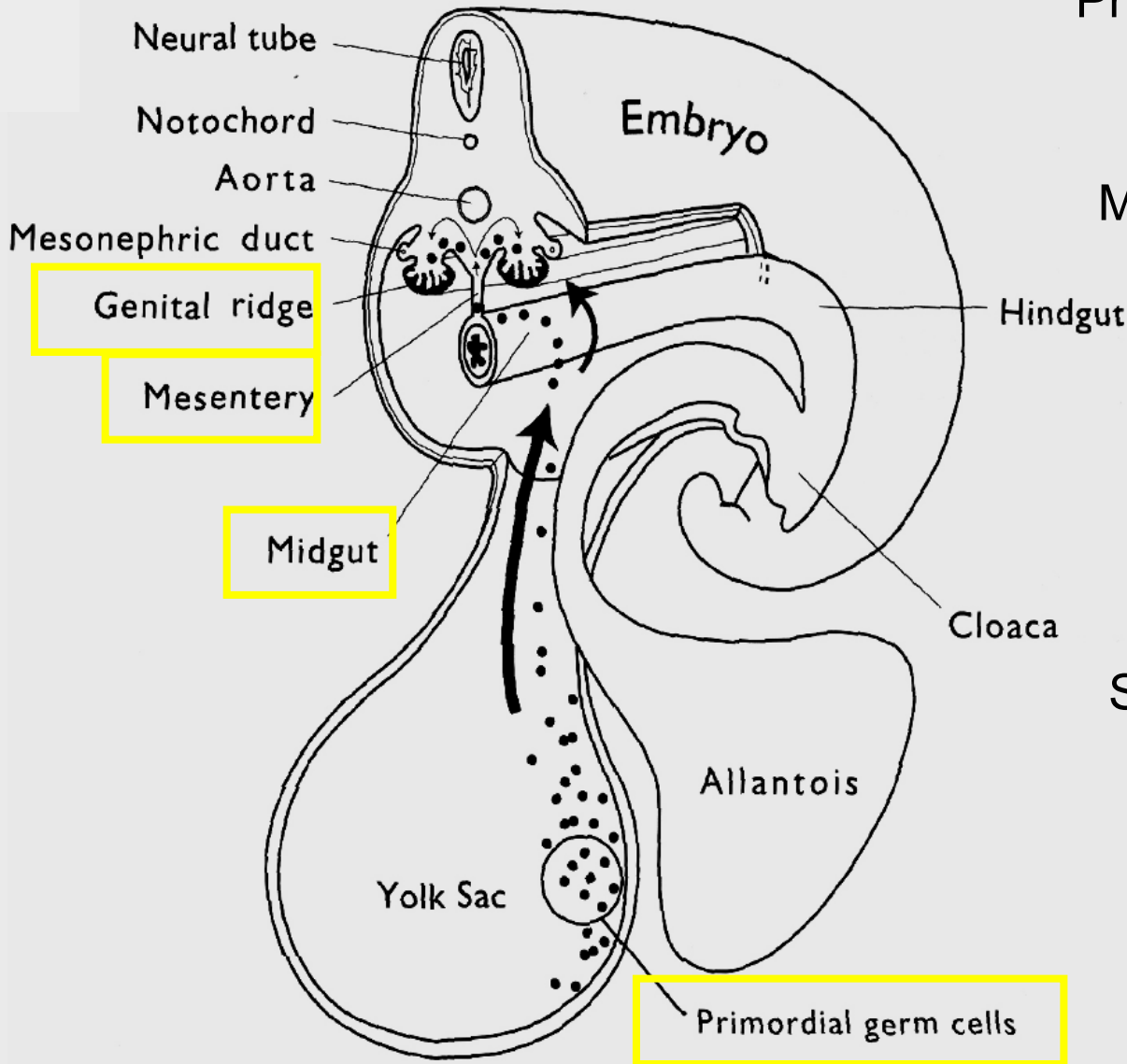


\* Also acting on spg

# The MR system

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- Testis
- Epididymis
- Accessory sex organs
- Other structures
- Endocrine, paracrine and autocrine regulation
- Embryology (see handout) - Puberty**
- Comparison laboratory animals vs. humans
- Conclusions



Primordial GC from yolk sac  
endoderm

*via*

Midgut region / mesentery

*to*

Genital ridge

+

Somatic cells from  
mesonephros (SC)



Seminiferous (medullary)  
cords

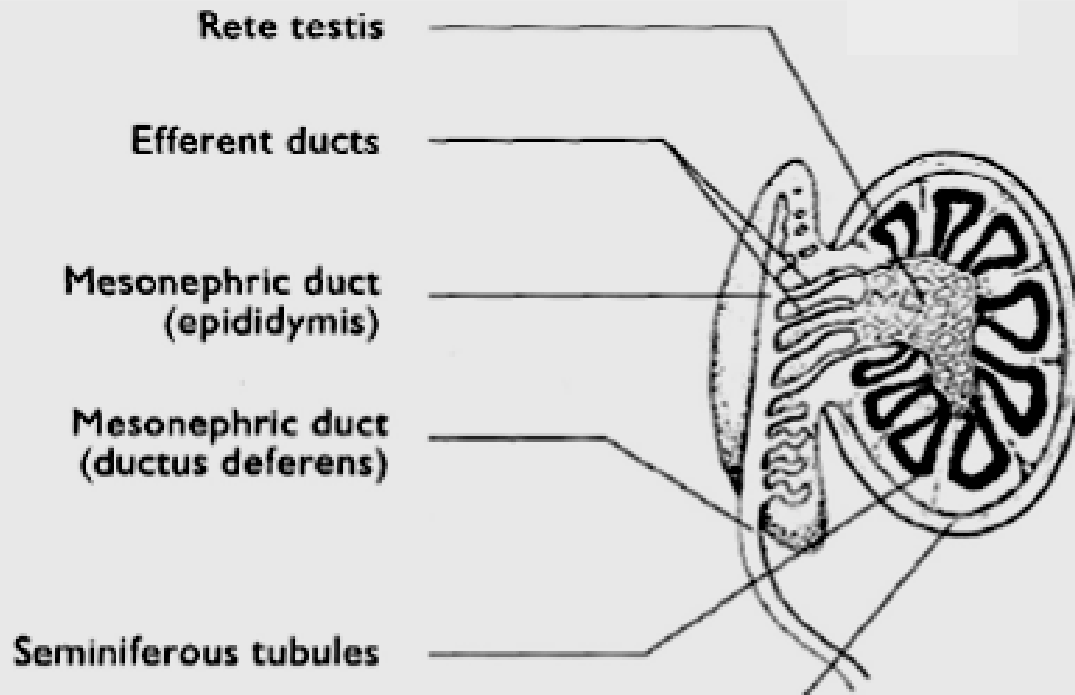
+

Interstitial cells  
(mesenchymal, LC)



Testis

# Development of testis and efferent ducts



Wolffian  
(mesonephric) duct



Efferent ducts  
Seminal vesicles

Fetal LC produce temporarily T → MR system  
Are later replaced by adult LC (rat > PN day 10)

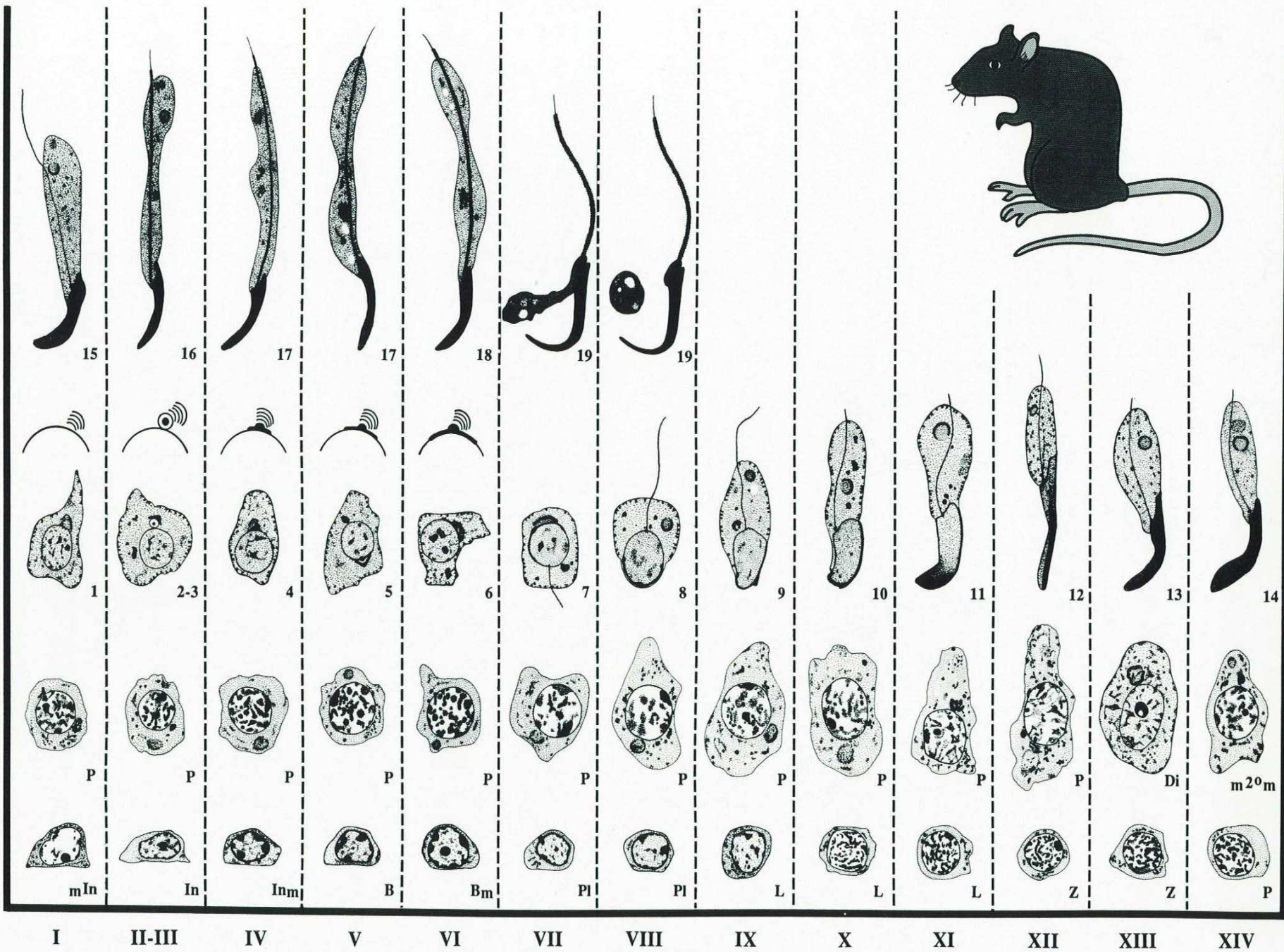
# Puberty in laboratory animals

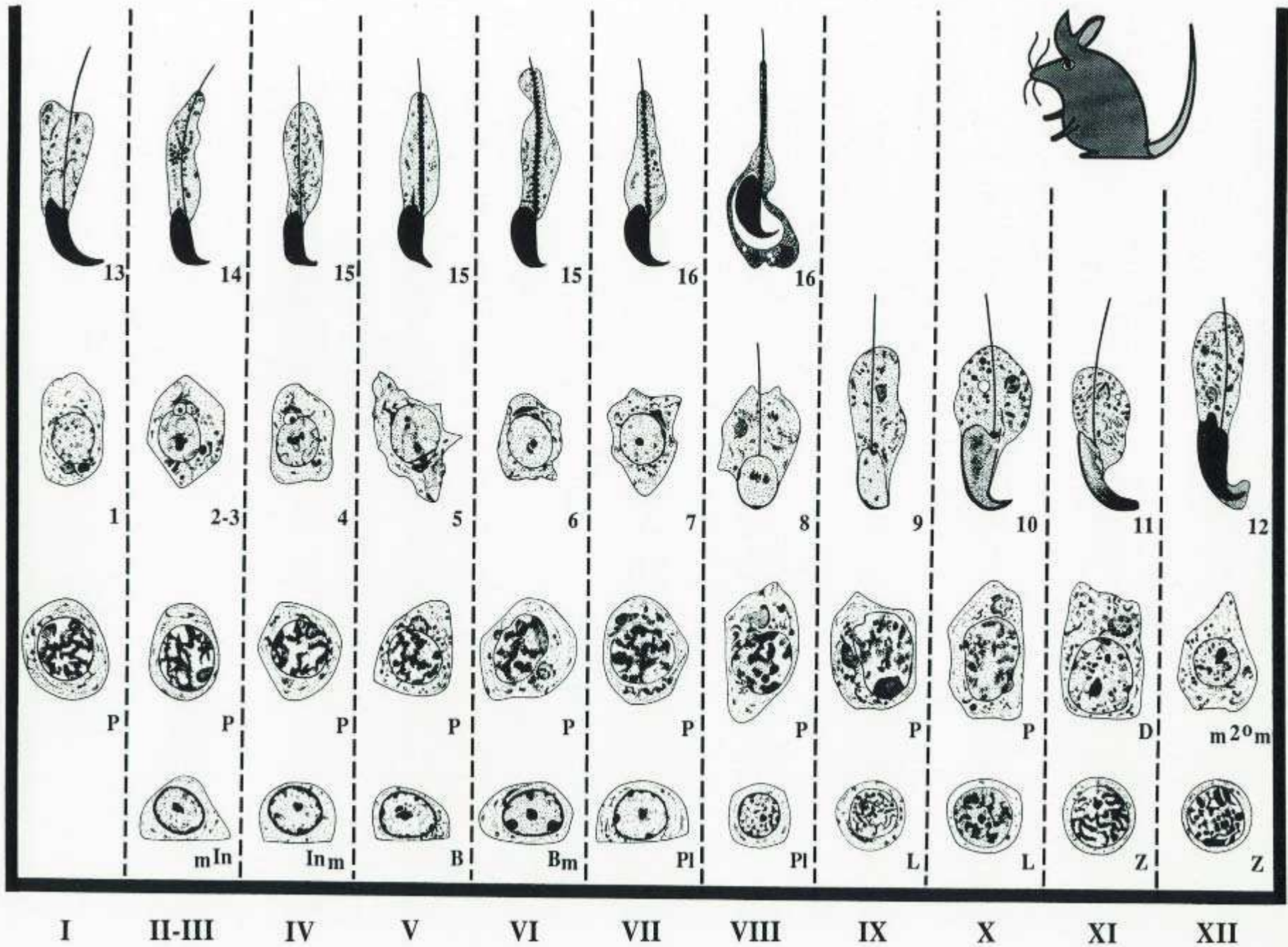
Species	Puberty
Rat	8 - 10 weeks
Mouse	7 - 8 weeks
Dog	7 - 12 months
Monkey	3.5 - 4.5 years

# The MR system

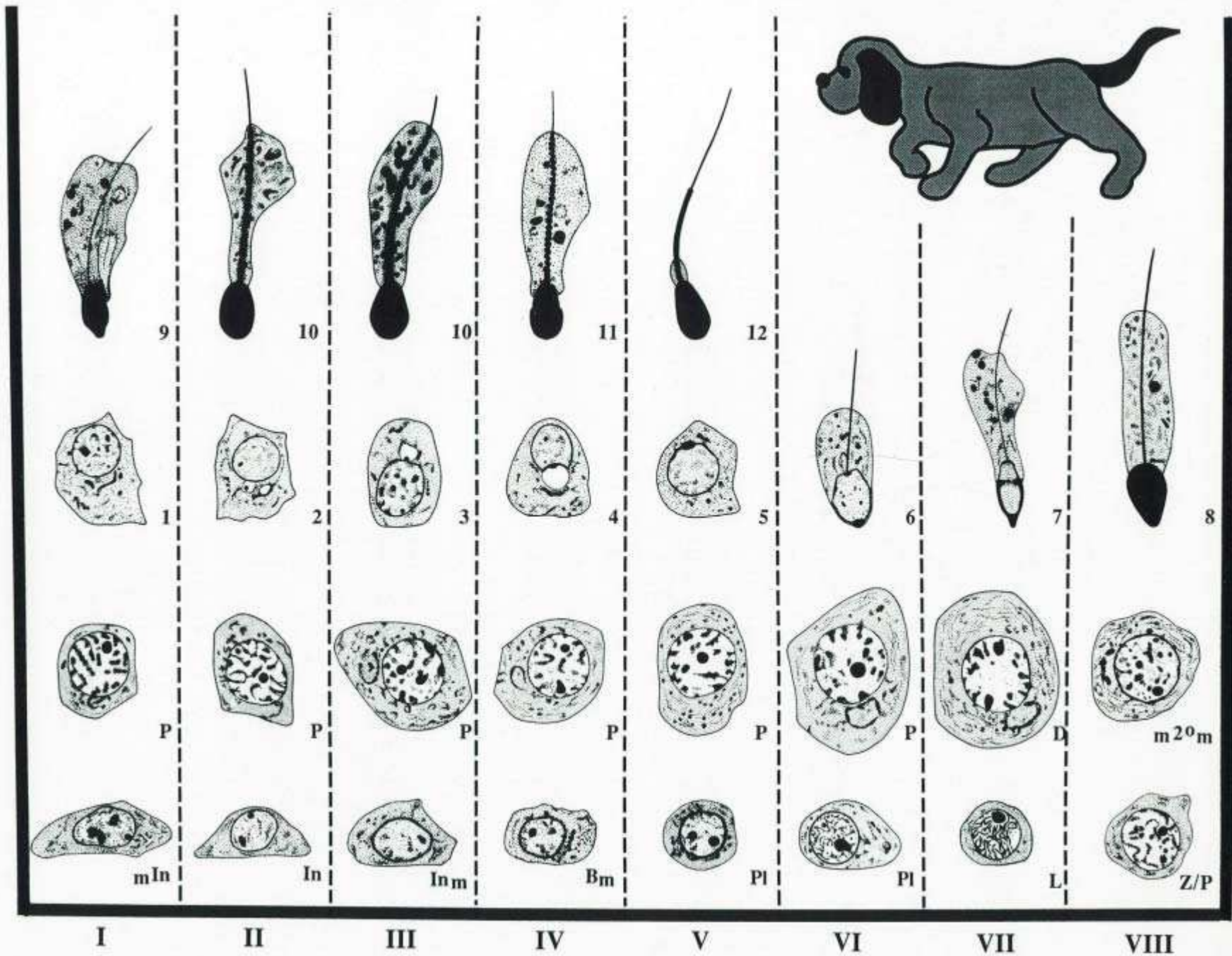
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- Testis
- Epididymis
- Accessory sex organs
- Other structures
- Endocrine, paracrine and autocrine regulation
- Embryology - Puberty
- **Comparison laboratory animals vs. humans**  
*Introduction. Further examples provided in connection with discussion of MR toxicity later in the presentation*
- Conclusions









# Spermatogenesis in different species

Species	# stages	Duration of one cycle (days)	Duration of spermatogenesis (days)
SD Rat	14	12.9	51.6
Wistar Rat	14	13.3	53.2
Mouse	12	8.6	34.5
Dog	8	13.6	54.4
Monkey	12	9.5	38
Hamster	8-13	8.7	35
Rabbit	8	10.9	51.8
Man	6	16.0	64

Tomas James Rees, Thesis: Literature Review in Applied Toxicology. Portsmouth University, 1993  
<http://www.brighton73.freemove.co.uk/tomsplace/scientific/msc-review/msr-top.htm>

# Sperm production

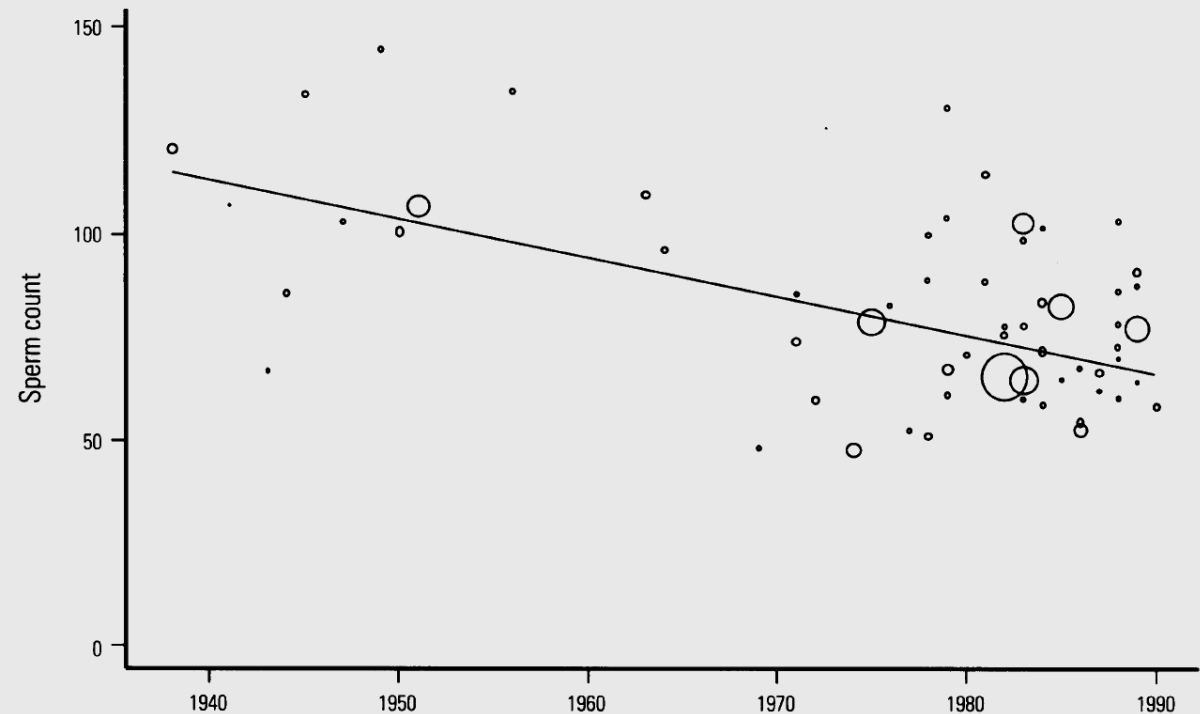
Species	Daily sperm production	
	Per g testis ( $\times 10^6$ )	Per male ( $\times 10^6$ )
Rat	18	48
Mouse	28	5
Dog	20	na
Monkey	23	1'100
Human	4.4	125

Toppari et al, 1996. Env Health Perspect 104, suppl 4: 741-803

# Human sperm numbers decline

**Rat**  
reproduction  
functions  
with 10%  
sperm

**Human**  
sperm  
production is  
borderline



Toppari et al, 1996.

Env Health Perspect 104, suppl 4: 741-803

# Conclusions Topic A: Normal MR

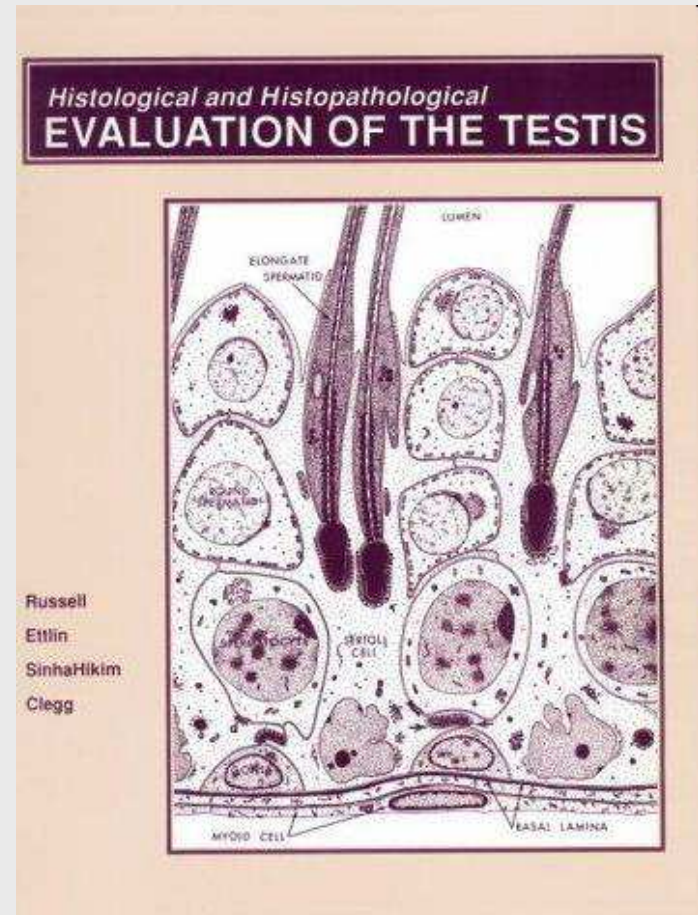
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- ❑ A system consisting of various, rather complex organs
  - ❑ Complex regulation
  - ❑ Species differences, but overall many similarities
  - ❑ MR system is key for survival of the species  
Declining human sperm number/quality
- ➔ Concerns

L.D. Russell, R.E. Ettlín,  
Amiya P. Sinha Hikim  
and E.D. Clegg

**Histological and  
histopathological  
evaluation of the testis**

Cache River Press,  
Clearwater, 1990



# Toxicologic Pathology of the MR System

---

- 2 lectures
  - The basis – 45 min
    - The male reproductive (MR) system – 25 min.
    - **Overview over MR toxicity – 20 min.**
  - Practice: Methods and Examples – 45 min.
- Covered: mainly rats as well as some particularities of other species
- Not covered: Developmental reproductive toxicity

# Overview over MR toxicity

---

## □ MR toxins – Introduction

- Targets of MR toxicity - General aspects
- Disruption of MR endocrine regulation
- Non-endocrine MR toxicity
- Conclusions

*The morphological appearance of adverse effects produced by MR toxins will be discussed in the second lecture*



# MR toxins

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- **Chemicals:** environment, workplace
- **Drugs**, including social drugs, alcohol and smoking (*addressed later in more details*)
- **Physical factors:** radiation, heat, noise, trauma, vibration, nanoparticles, etc.
- **Pathophysiological conditions:** infection, exhaustion, varicocele, hormonal dysregulation, spinal alterations, etc.
- **Psychological factors**

# Occupations at risk

Employment	Sperm parameters	Pregnancy	
		Rates	Outcome
Agriculture	+	+	+
Construction			+
Military	+		
Plastic production	+		
Printing			+
Mechanics	+		+
Blacksmiths			+
Taxi drivers	+		
Tobacco industry			+
Welding	+	+	+

P. Claman. Men at Risk: Occupation and Male Infertility. Sexuality, Reproduction & Menopause, 2/1: 19-26, 2004

# Human-relevant MR chemicals

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## □ Proven: e.g.

Aromatic hydrocarbons, carbaryl, chlordane, carbon disulfide, disulfonic acid, DBCP, EDB, *ethylene glycol ethers*, ethylene ether, PCE, dioxins such as TCDD, p-nitrophenole, Pb, *phthalate esters*, *2,5 hexanedione*

## □ Suspected: e.g.

- Anesthetic gases
- Other heavy metals: Al, As, B, Cd, Chr, Co, Hg, Mg, Ni, V
- Other pesticides: DDT
- Other organic solvents

## Key reference for workplace hazards

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### Workplace Hazards to Reproduction and Development: A Resource for Workers, Employers, Health Care Providers, and Health & Safety Personnel

Sharon L. Drozdowsky, Stephen G. Whittaker,  
Safety and Health Assessment and Research for Prevention  
(SHARP). Washington State Department of Labor and  
Industries

P.O. Box 44330, Olympia, WA 98504-4330

[http://www.lni.wa.gov/Safety/Research/files/repro\\_dev.pdf](http://www.lni.wa.gov/Safety/Research/files/repro_dev.pdf)

# Overview over MR toxicity

---

- MR toxins – Introduction
- **Targets of MR toxicity – General aspects**
- Disruption of MR endocrine regulation
- Non-endocrine MR toxicity
- Conclusions

# Hierarchy of toxicity targets

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- ❑ Molecular targets e.g. DNA and proteins  
Effects e.g. by alkylation, intercalation, antimetabolites, alkaloids
- ❑ Specific subcellular targets e.g. receptors  
Affected e.g. by agonists and antagonists of receptors
- ❑ Specific cell targets, e.g. Sertoli cells  
Affected e.g. by chemical disruption of cell-specific functions and processes
- ❑ Organ-specific targets: e.g. endocrine organs, CNS, PNS, vascular system  
Affected by endocrine disrupters, agents acting on innervations and blood vessels

*One MR toxin can have various targets*

# Functional MR targets

<i>Sperm production</i>	<i>Fluid production</i>	<i>Hormonal regulation</i>	<i>Sperm passage</i>	<i>Sperm quality</i>	<i>Sperm delivery</i>
Sertoli cells	Sertoli cells	Central NS	Ductal obstruction	Sperm motility	Libido
Germ cells	Rete testis	Peripheral: LC, SC, ...	Ductal motility	Sperm mal-formation	Erection
Vessels	Accessory organs	Receptors	Fluid	Capacitation	Ejaculation
Leydig cells		Metabolism		Gene damage	
		Clearance		Cytotoxicity	

Toxicity in the male reproductive system is often due to multiple pathways

# Effects of various MR toxins – 1

Toxin	Endocrinology	Spermatogenesis	Maturation and Storage	Accessory Sex Glands	Ejaculation
<b>Environmental</b>					
EDS	X				
Cadmium	X	X	X		
DBCP	X	X			
Boric acid	X	X		X	
TCDD	X	X			
Benomyl		X			
Ethylene oxide		X			
Fluoride		X			
Acrylamide		X			
MeCl		X	X		
EDB	X		X	X	
Anticholin.pesticides					X
Tomas James Rees, Thesis: Literature Review in Applied Toxicology. Portsmouth University, 1993 <a href="http://www.brighton73.freemove.co.uk/tomsplace/scientific/msc-review/msr-top.htm">http://www.brighton73.freemove.co.uk/tomsplace/scientific/msc-review/msr-top.htm</a>					



# Effects of various MR toxins – 2

Toxin	Endocrinology	Spermato- genesis	Maturation and Storage	Accessory Sex Glands	Ejaculation
<b>Therapeutic</b>					
Gossypol		X			
DES	X	X		X	
Radiation		X			
Radio-mimetics		X			
Anti-hypertensives					X
<b>Recreational</b>					
Ethanol	X	X	X	X	X
Cannabis	X	X			X
Modified after: Tomas James Rees, Thesis: Literature Review in Applied Toxicology. Portsmouth University, 1993. <a href="http://www.brighton73.freemove.co.uk/tomsplace/scientific/msc-review/msr-top.htm">http://www.brighton73.freemove.co.uk/tomsplace/scientific/msc-review/msr-top.htm</a>					

# Spermatogenic susceptibility

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Depends on spermatogenic stage, e.g.

Hormonal requirements

- High FSH levels needed in stages I, II, XI and XIV
- High T requirement of spc and round spt in stages VII and VIII

Cell divisions with increased metabolism  
Mitosis, meiosis

*Further examples to be discussed under mechanisms of toxicity*

# Overview over MR toxicity

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- MR toxins – Introduction
- Targets of MR toxicity – General aspects
- **Disruption of MR endocrine regulation**
- Non-endocrine MR toxicity
- Conclusions

## Example: Impairment of androgen action

Target	Mechanism of action	Compound
<i>Regulation:</i> Hypothalamus-pituitary axis	Feedback on GnRH secretion	Estrogens, progestin
<i>Production:</i> Androgen synthesis	Key enzymes	Steroid analogues, diphenylmethylenes (incl. DDD), pyridine derivatives, glutethimides, triazines, hydrazines, thiosemicarbazones
<i>Metabolism:</i> DHT synthesis	5 $\alpha$ -reductase	Androstene-17-carboxylic acid, estrogens
<i>Plasma binding</i>	Ratio of free/bound androgen	Estrogens
<i>Receptor binding</i>	Action block of DHT	Cyproterone acetate, spironolactone, dihydroprogesterone
<i>Receptor function</i>	Signal transduction	Cyproterone acetate, 17 $\alpha$ -methyl- $\beta$ -testosterone, flutamide

# CNS effects

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- GnRH receptor agonists (affect also peripheral receptors, e.g. in rats), e.g.
  - Buserelin, leuprolide (GnRH agonists)  
Paradox inhibition of gonadotropin release following long-term continuous receptor stimulation  
→ Atrophy of regulated organs
- Modulators of prolactin levels: e.g.
  - Neuroleptic drugs
  - Ergot compounds such as musergine, norprolac
  - Tricyclic antidepressants
  - Cimetidine
  - Gemfibrozil

# Example: Dopaminergic drugs

<i>Target organ axis</i>	<i>Mesulergine treatment – Sequence of events</i>	
<i>Hypothalamus</i>		③ Reduced testosterone feedback → LHRH ↑ (also through production ↑ in Sertoli cells)
<i>Pituitary</i>	① Prolactin secretion ↓	④ LH ↑
<i>Testis (LC)</i>	② → <b><u>Number of LH receptors on LC</u></b> ↓ → Testosterone production ↓ → T serum levels ↓	⑤ LH and LHRH ↑ have a tropic (proliferative) effect on LC → LC hyperplasia and neoplasia

After R.A. Ettlin et al. Dopamine agonists In: Classic Examples in Toxicologic Pathology, 3rd ed. E Karbe, W Drommer, PG Germann, G Morawietz, and R Kellner (eds). European Society of Toxicologic Pathology, Hannover. CD-ROM. 2009

Histological photomicrograph to  
be shown

# Peripheral effects – 1

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- Antagonists of peripheral androgen receptors, e.g.
  - Cimetidine
  - Linurol, procymidone
  - Vinclozolin
  - Flutamide, finastride
  - Cyproterone acetate
- LC GnRH receptor agonists in rats (acts also centrally), e.g.
  - Buserelin, leuprolide



# Peripheral effects – 2

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- Estrogen agonists
  - LC tumors in mice
    - May decrease incidence of LC tumors in rats  
(not by perfluorooctonate)
  - Diethylstilbestrol, ethinyl estradiol, ammonium perfluorooctonate, digoxin
- Direct Leydig cell impairment, e.g.
  - Alkylating agents
  - Ethanedimethane sulfonate
    - Selective destruction of LC

# Disturbance of steroidogenesis

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## Examples

- ❑ Modulators of drug metabolizing enzymes, e.g. P450 inducers or CYP17 inhibitors, such as Conazole
- ❑ Interaction with histamine receptors involved in steroidogenesis, e.g. proton pump inhibitors lansoprazole, isradipin, cimetidine
- ❑ Raising of estradiol level and/or inhibit testosterone biosynthesis e.g. by peroxisome proliferators buserelin, leuprolide, histrelin, nafarelin  
(relevant especially for rats)

# Disturbance of testosterone metabolism

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## Examples

- Aromatase inhibitors, e.g. letrozol, formestane
  - ➔ Block conversion of T to estradiol
  - ➔ In dogs (not in rats) LC hypertrophy / hyperplasia (aromatization of T important in dogs, non-human primates and man, but not so much in rodents)
- 5 $\alpha$ -reductase inhibitors, e.g. finasteride ➔ block conversion of T to DHT (dihydrotestosterone)

Histological photomicrograph to  
be shown

# Example: Aromatase inhibitors

	Letrozole		Formestane	
	Rat	Dog	Rat	Dog
<b>Testes</b>				
• Leydig cell atrophy			+	
• Leydig cell hypertrophy / hyperplasia, diffuse		+++		+++
• Disturbance of spermatogenesis		++		
• Leydig cell hyperplasia, multifocal	+			
<b>Prostate, seminal vesicles</b>				
• Atrophy	+	-	+	-
After U. Junker. Aromatase inhibitors. In: Classic Examples in Toxicologic Pathology, 3rd ed. E Karbe, W Drommer, PG Germann, G Morawietz, and R Kellner (eds). European Society of Toxicologic Pathology, Hannover. CD-ROM. 2009				

# Leydig cell responsiveness

Parameter	Rat	Man
Plasma LH levels with age	↑	↓
Number of LH receptors/Leydig cell	20'000	1'500
GnRH receptors on Leydig cells	Present	Absent
GnRH production by Sertoli cells	Yes	No
LH ↑	LC tumors	No tumors*
Cryptorchidism	No LC tumors	LC tumors
Drug associated Leydig cell tumors	Many	None
* Klinefelter syndrome (XXY, XXXY)		

# Disruption of MR endocrine regulation

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## General remarks

- Endocrine disruption
  - Generally affects various MR targets
  - Results in diverse alterations depending on the predominant effects
- In rodents (particularly rats) prolonged disruption of the hypothalamic-pituitary-gonadal axis generally results in Leydig cell tumors of minimal relevance to man (increased stimulation of LC)  
*Exception:* sustained GnRH stimulation (physiologically pulsatile) may result in paradox inhibition

# Overview over MR toxicity

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# Non-hormonal MR toxins - Testis

	Germ cells	Sertoli cells	Fluid balance	Leydig cells*
Examples	Anticancer drugs Chemotherapeutics „Male antifertility pill“  Dinitropyrroles Methylchloride	Vincristine „Male antifertility pill“  Phthalates Hexadione	Psychopharmaca (ACTH Cortisone) Oxytocin Endothelin	Anticancer drugs Ketoconazole Isradipine Ethanol  Tri-o-cresylphosphate Ethanedimethane sulfonate
MoA, e.g.	Alkylation Intercalation Antimetabolites Free radicals Apoptosis ↑ Cell division	Cytoskeleton Metabolism <i>See also fluid production</i>	Fluid production and resorption Tubular emptying Obstruction of efferent ducts	Cytotoxicity Inhibition of steroidogenesis

\* Results in secondary effects in the rest of the seminiferous epithelium and in accessory sex organs, mediated by hormonal imbalance  
(Partly also acting by endocrine mechanisms)

## Non-hormonal MR toxins – Other organs

	Epididymis	Blood vessels	Unspecific effects	Function
Examples	<ul style="list-style-type: none"> <li>α-chlorohydrin</li> <li>Epichlorohydrin</li> <li>Benomyl</li> <li>Guanethidine</li> <li>Antifertility agents</li>   <li>Carbendazim</li> <li>Methyl chloride</li> <li>Ethyl chloride</li> <li>Trichloroethylene</li> </ul>	<ul style="list-style-type: none"> <li>5-hydroxy-tryptamine</li> <li>Histamine</li>   <li>Cadmium</li> </ul>	<ul style="list-style-type: none"> <li>Zn deficiency</li> <li>Hypovitaminoses</li>   <li>Diseases of other organs</li> </ul>	(CNS/PNS drugs)
MoA, e.g.	<ul style="list-style-type: none"> <li>Damage to ductal epithelium</li> <li>Sperm granuloma</li> <li>Sperm maturation</li> <li>Sperm integrity</li> </ul>	Hypoperfusion	<ul style="list-style-type: none"> <li>Malnutrition</li>   <li>Photoperiod</li> <li>Eye lesions</li> </ul>	<ul style="list-style-type: none"> <li>Perfusion</li> <li>Erection</li> <li>Sex drive</li> </ul>
(Partly also acting by endocrine mechanisms)				

# Germ cell toxins – 1

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- Affecting among others spermatogonia
  - Alkylating agents: busulfan, cyclophosphamide (protective effect of cooling)
  - DNA-intercalating: doxorubicin, bleomycin
  - Antimetabolites: cytosin arabinoside, 6-mercaptopurin, methotrexate, 5-fluorouracil
  - Production of free radicals: bleomycin, 1,3-dimethyl-benzanthracene
  - Induction of apoptosis: 2-methoxyethanol, methoxyacetic acid
  - DBCP → epichlorohydrin →  $\alpha$ -chlorohydrin

# Germ cell toxins – 2

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- Affecting dividing cells (spermatogonia and spermatocytes): alkaloids, e.g. vincristine
- Affecting spermatocytes: 2-methoxyethanol , dinitropyrrroles, ethylene glycol monoethyl ether, heat
- Affecting spermatids incl. genetic damage: ethylmethane sulfonate, methyl chloride  
Late spt: boric acid, dibromoacetate
- Affecting various GC:
  - Chemotherapeutics: metronidazole, nitrofurantoin, sulphasalazin, artesunate, benomyl, ciprofloxacin
  - Antispermato-genic drugs: antabus, diamine,
  - Industrial chemicals, e.g. dinitropyrrrole, toluidamine

# Sertoli cell toxins

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Sertoli cells are “easy to impair, but difficult to kill

- ❑ Cytoskeleton: e.g. vincristine, vinblastine, colchicine, cytochalasin A, 2,5-hexanedione\*,
- ❑ Metabolism: e.g. antispermatogenic substances
- ❑ *See also fluid production*
- ❑ Mechanism not well understood: 1,3-dinitrobenzene\*, phthalate esters incl. DEHP\*, tri-o-cresylphosphate, thiamphenicol

\* Decreases also fluid production

# Disturbance of fluid balance

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- Fluid production by SC (androgen dependent)
  - Increased → Testicular swelling  
e.g. as consequence of psychopharmaca, ACTH, cortisone
  - Decreased e.g. by antiandrogens
- Disturbed resorption in rete testis or caput epididymidis (normally > 90% re-absorbed in caput epididymidis). *See also under epididymis*
- Reduced emptying
  - Of seminiferous tubules. Role of tubular contraction? Influence e.g. of oxytocin and endothelin
  - Obstruction of efferent ductuli:  
e.g. by sperm granuloma induced e.g. by carbamates pesticides. *See also under epididymis*

# Leydig cell toxins

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- Leydig cell toxicity
  - Direct toxicity
    - Busulfan etc.
    - Ethane-dimethane sulfonate
    - Ethanol (may also interfere with steroidogenesis etc.)
  - Inhibition of steroidogenesis
    - Tri-o-cresylphosphate
    - Ketoconazole
    - Isradipine

# Epididymal toxins

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- Epithelium:  $\alpha$ -chlorohydrin\*, epichlorohydrin, 6-chloro-deoxyglucose\*, methyl chloride, gossypol. May lead to:
- Sperm granuloma, seen .e.g. with
  - Carbendazim acting mainly on *efferent ductules* (*see there*)
  - Ethyl chloride by necrosis of epididymal epithelium
  - $\alpha$ -chlorohydrin and benomyl by inhibition of fluid resorption especially in the caput
  - Guanethidine by adrenergic ganglion blockade at the epididymis-vas deferens junction
- Sperm maturation: (e.g. estrogenic compounds)
- Sperm: trichloroethylene, alkylating substances, gossypol

\* Affects also sperm respiration



# MR toxins with various targets

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- Levamisol
- Blood vessels
  - 5-hydroxy-tryptamine and histamine → reduced blood flow with anoxia
  - Cadmium → endothelial necrosis
  - Circulatory disturbances

# Unspecific effects on MR

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- Malnutrition, in particular Zn deficiency
- Hypovitaminosis; A, B<sub>6</sub>, E, biotin, thiamin
- Diseases of other organs, in particular
  - Liver
  - Kidney
  - CNS, PNS
- Decreased photoperiod:  
e.g. hamster < 14 hours of light  
Eye lesions

# Functional effects

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- Action on CNS e.g. opiates, phenothiazine, hydantoin, benzodiazepine, tricyclic antidepressants, xanthine
- Action on PNS e.g. by
  - Sympathomimetic action: anorectica
  - Sympatholytic action: guanethidine, propranolol
- Decrease of organ/compartment perfusion e.g. by
  - Vasodilation: antihypertensive therapy
  - Diuretic action, e.g. thiazide (chlorthalidon)

Many articles about male reproductive toxicity in general and due to endocrine effects by

Dianne Creasy

e.g.

Pathogenesis of male reproductive toxicity  
Toxicol Pathol 29/1: 64-76, 2001

or

OECD guidance document on endocrine  
disruption (co-author)

# Conclusions Topic B: MR toxicity

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- ❑ MR system can be affected in many different ways
- ❑ Often more than one MR target adversely affected
- ❑ Large array of diverse chemicals and drugs have MR adverse effects.
- ❑ Have a basic understanding of class effects
- ❑ Though, similar chemicals might have diverse MR effects depending on the predominant effect
- ❑ Endocrine adverse effects are often species-specific (see also Topic E)