

CONTINUING EDUCATION IN TOXICOLOGIC PATHOLOGY RESPIRATORY AND CARDIOVASCULAR SYSTEM

Fourth
Conference

ORGANIZED BY

SOCIETY OF TOXICOLOGIC PATHOLOGY - INDIA (STP-I)

NOVEMBER 1-3, 2012

The Atria Hotel, # 1, Palace Road, Bangalore - 560 001



Non-Traditional Biomarkers: Challenges & Applications of Biomarkers in Safety and Translational Pharmacology

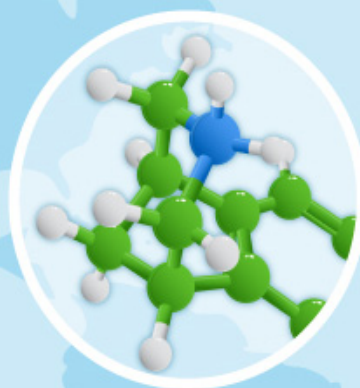
STP I meeting, Nov 1-3, 2012

Shashi Ramaiah

MVSc, PhD, DACVP, DABT

Head, Biomarker lab, Drug Safety Research & Development

Cambridge, MA



Overview

Part 1: Background

Clinical Pathology, Novel biomarker Challenges

•Part 2: Cardiac Injury Biomarkers

•Part 3: Biomarkers for both “safety” and “translational pharmacology” applications

- Kidney BM

- Cytokines & Acute phase proteins

Case examples

Clinical Pathology versus Biomarkers?

Routine (Clinical Pathology parameters)

- Hematology, Chemistry,
- Hemostasis, Urinalysis

Tried and true assays

Nonroutine (Safety biomarkers)

- BAL, CSF, bone marrow analysis, Flow cytometry, immunology, cell culture, novel biomarkers
- Translational pharmacology work
- Investigative issues
Novel hepatic, renal, skeletal muscle biomarkers

•Emerging assays
•New term for an old idea

An old “routine” assay can be a “new” biomarker if used differently

Why do clinical pathology parameter testing in pre-clinical safety studies?

Key goals of toxicology studies to support clinical trials

- *Identify an initial safe dose and the dose escalation regimen*
- *Identify potential target organs and reversibility*
- *Identify safety parameters for clinical monitoring*

Major components of a Tox-study

- *In-life*
- *Clinical pathology*
- *Anatomic Pathology*
- *TK*

In-life method to evaluate for toxicity (exaggerated pharmacology) in the following organ systems

- ◆ *Hematopoietic (blood and bone marrow)*
- ◆ *Hepatic*
- ◆ *Renal*
- ◆ *Musculoskeletal*
- ◆ *Cardiovascular*
- ◆ *Endocrine*
- ◆ *Immune*
- ◆ *Mineral/Electrolyte metabolism*

Contextual linkage to other study data

Translation of Safety Biomarkers in Drug Development; Difficult to monitor areas



Testicular biomarkers

Glomerular Injury biomarkers

Vascular injury biomarkers

Drug Induced Liver Injury (Idiosyncratic responses)

Testicular Toxicity Biomarker Gap

Preclinically, most sensitive method for detection of testicular toxicity is histopathologic assessment of the testis and epididymis.

Other quantitative methods include epididymal sperm counts and motility, testicular spermatid counts, and measuring sex and/or gonadotropin hormones level in blood.

Inhibin B has emerged as a biomarker of testicular toxicity for possible use in preclinical and clinical studies although there are no extensive studies for its validity.

New translatable biomarkers of testicular damage is a significant need.

Lack of Glomerular injury Biomarkers

- ◆ **Glomerular injury associated with large molecules**
 - ◆ **(Lack of translatable, monitorable glomerular injury biomarkers that can be employed in clinic once preclinical signal is identified)**
- ◆ **Glomerular injury with small molecules may be rare compared to tubular injury**
- ◆ **Novel set of biomarkers with better sensitivity than albuminuria is needed that will track glomerular injury caused by drugs**
- ◆ **Enable increased TI, monitorability and reversibility**

Hepatotoxicity Biomarker Issues

Biomarkers that identify hepatic function

Biomarkers that can test mechanisms

Biomarkers that can predict idiosyncratic DILI

Biomarkers that address nonspecific ALT elevations

Significant benefits

- Better hepatic functional biomarker will test if the signal is related to impending hepatic failure
- Information on the mechanistic basis of injury will result in potential risk management
- Will help address patient monitoring and can be used to mitigate DILI development
- Improve specificity and provide value for continued therapy

Current state

- Bilirubin pre-clinically of less value
- PON1 shows some promise but not yet qualified
- miRNA may be of potential utility, but still in early stages
- No promise yet with serum markers
- Recent studies have shown promise with genetic HLA screening
- PPMG biomarkers show some promise but not prospectively validated
- New biomarkers still in exploratory stages

Hepatotoxicity is costly safety issue for pharmaceutical companies either in terms of withdrawal from the market (Rezulin®) or severe labeling restrictions (Trovan®) or attrition in nonclinical or clinical development.

Biomarker translation; Some are easy and some complex!

EASY

Glucose

LESS OBVIOUS BUT ACHIEVABLE.....

Coagulation markers

UPHILL, ROCKY AND CHALLENGING.....

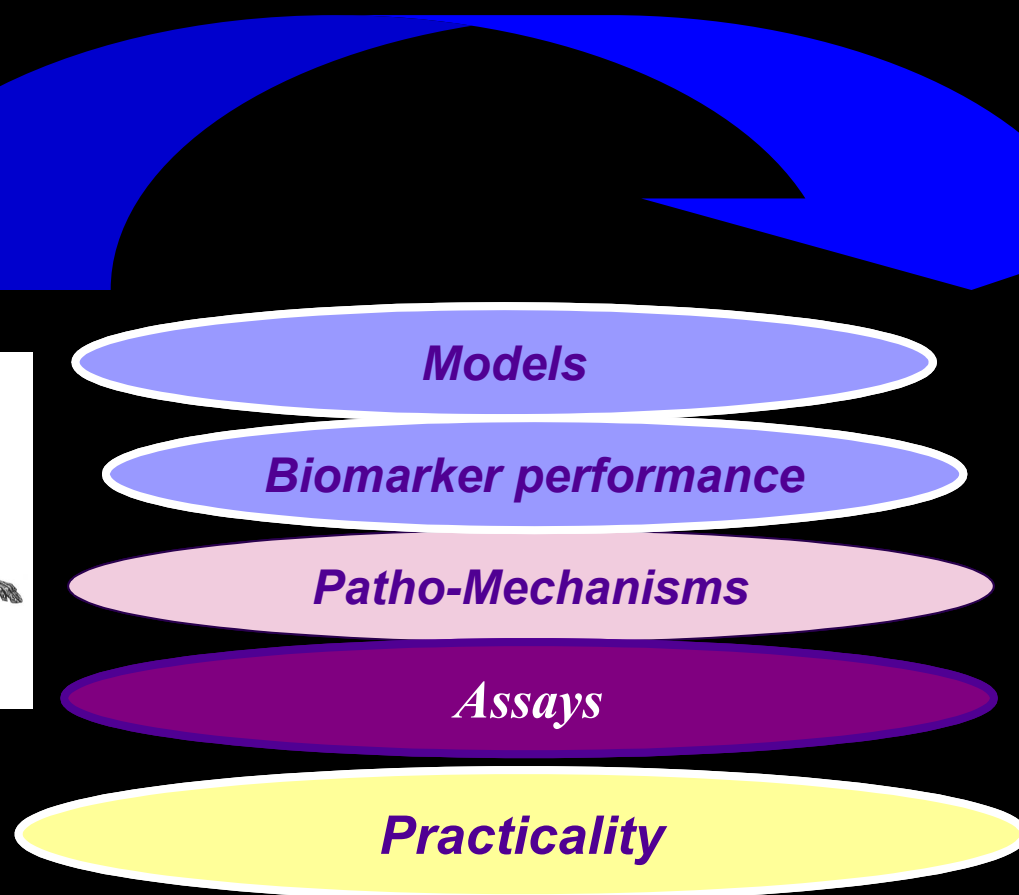
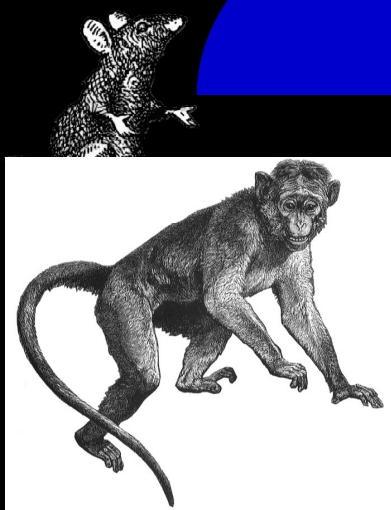
Idiosyncratic liver injury

Glomerular injury

Hypersensitivity

Translation of mechanisms, assays and timing critical

Hurdles for Translation: Major Buckets



Systematic approach and multidisciplinary collaboration critical for translating safety biomarkers into clinics and as diagnostic tests

Animal model as an hurdle for translation?

- ◆ Human studies mirroring the preclinical toxicity studies generally cannot be conducted
 - ◆ Treatments with a wide variety of known toxicants is not possible
 - ◆ Regular histopathology (i.e. biopsy) of target organs would not be practical
 - ◆ Pathologic changes are usually not similar across studies
 - ◆ Preclinical and clinical scientists need to align on preclinical studies designs
 - ◆ Difficulty to generate relevant animal models
 - ◆ Are we using rats or non rodents (fewer NHP's and dogs compared to rats)?

Predictability of Animal Testing

- ◆ Why are animals studies poorly predictive for idiosyncratic reactions?
 - ◆ Relatively few animals tested compared to humans exposed in clinical trials
 - ◆ Large clinical trials needed for DILI compared to relatively few animals preclinically
 - ◆ May be idiosyncratic only in one species
 - ◆ May be idiosyncratic in all species

Olson H et al. Regul Toxicol Pharmacol. (2000) 32: 56-67. Concordance of the toxicity of pharmaceuticals in humans and in animals.

Biomarker performance as hurdles for translation

- ◆ Complications with assessing biomarker performance in human studies
 - ◆ Benchmarking against histopathology is generally impractical
 - ◆ Benchmarking against current but flawed biomarkers (e.g. urine microalbumin, ALT, BUN) is complicated
 - ◆ Benchmarking against an infrequent clinical outcome may indicate many “false positives” for a sensitive biomarker of injury
 - ◆ Monitoring biomarker performance in human disease that approximates drug-induced injury
 - ◆ Monitoring biomarker performance in standard treatments that are known to carry a risk of injury:
 - ◆ Halothane hepatotoxicity
 - ◆ Acetaminophen hepatotoxicity
 - ◆ Cisplatin testicular toxicity
 - ◆ Tacrolimus or cyclosporine A treated patients

Patho-mechanism as hurdle for translation

- ◆ Similarities and differences may exist in mechanisms across species
 - ◆ Physical, metabolic and pathologic changes; eg; is hematopoiesis different across species? T1/2 of RBC's, neutrophils, platelets??
 - ◆
 - ◆ Fairly conserved mechanisms and processes may translate better (eg; hematotoxicity)
 - ◆ Ability of the liver to regenerate following hepatic insult? Is there difference between rat, mice and human?
 - ◆ Hy's law is difficult to reproduce preclinically?
 - ◆
 - ◆ Poor prediction for idiosyncratic responses

Logistical Translation Challenges?

- ◆ • Will need same tissue or fluid in clinical situations
- Research labs are not equal to clinical space, may include multiple clinical sites
- Limited or no technical support, protocol changes difficult
- Impact on enrollment
- Assay robustness and cost
- IP/FTO
- Reference ranges (challenging in clinical space)
- Magnitude of change for clinical relevance
- Impact on enrollment

Additional challenges for clinical Translation of New Safety Biomarkers

◆ Clinical themes

- ◆ Determination of baseline biomarker values
- ◆ Determination of prognostic / diagnostic threshold values
- ◆ Testing of threshold values
- ◆ Testing clinical outcomes based on biomarker-driven interventions

Part 2: Safety Assessment of Cardiac Toxicity

Traditional Approach

Δ Function

*Hemodynamics
Electrophysiology*



Δ Structure

Heart



Safety Pharmacology

*In vitro K⁺, Na⁺, Ca²⁺
In vivo telemetered animal studies*

Pathology

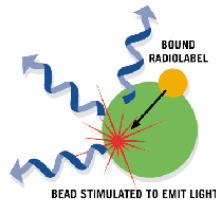
*Gross and microscopic
evaluation in repeat dose
studies*



Biomarkers

In vitro QT assessment (dofetilide and hERG)

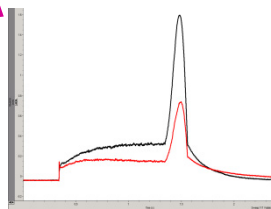
Dofetilide binding assay is designed for higher throughput screening of compounds for SAR.



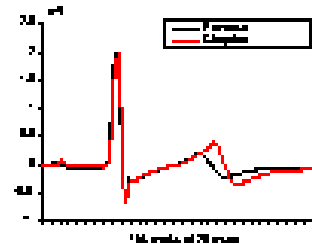
Dofetilide

Study Purpose:

To define the potential for a compound to interact with the hERG potassium channel and have potential to delay cardiac repolarization (QT prolongation).

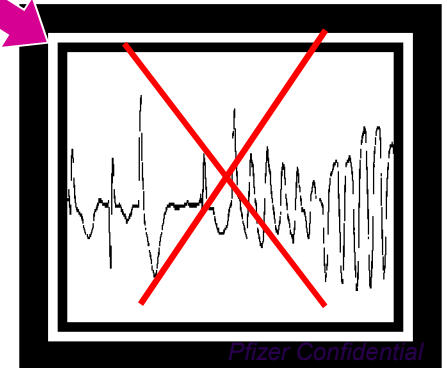


hERG



In vivo

Torsades



- hERG is used to generate a safety margin (~300x between hERG IC50 and project Ceff in humans), usually around lead selection, based on the estimated efficacious free plasma concentration in humans
- Derisking hERG is high priority due to potential QT prolongation. Significant concern for clinicians and regulators with this liability
- Anesthetized Guinea pig infusion studies at ~30X margin

Current state of Biomarkers and gaps

◆ **Current CV biomarkers**

- ◆ HR and BP - well established functional markers
- ◆ LVP dP/dT – measure of cardiac contractility (echocardiography)
- ◆ Troponins (TnI isoform specific for cardiac muscle)
 - ◆ used clinically – well accepted
 - ◆ Works across species; Ultra sensitive Singulex-assays available – concerns with over sensitivity
- ◆ BNP - used clinically as a marker of hemodynamic stress, dog assay exists
- ◆ NT-proANP – becoming accepted as marker of congestive heart failure

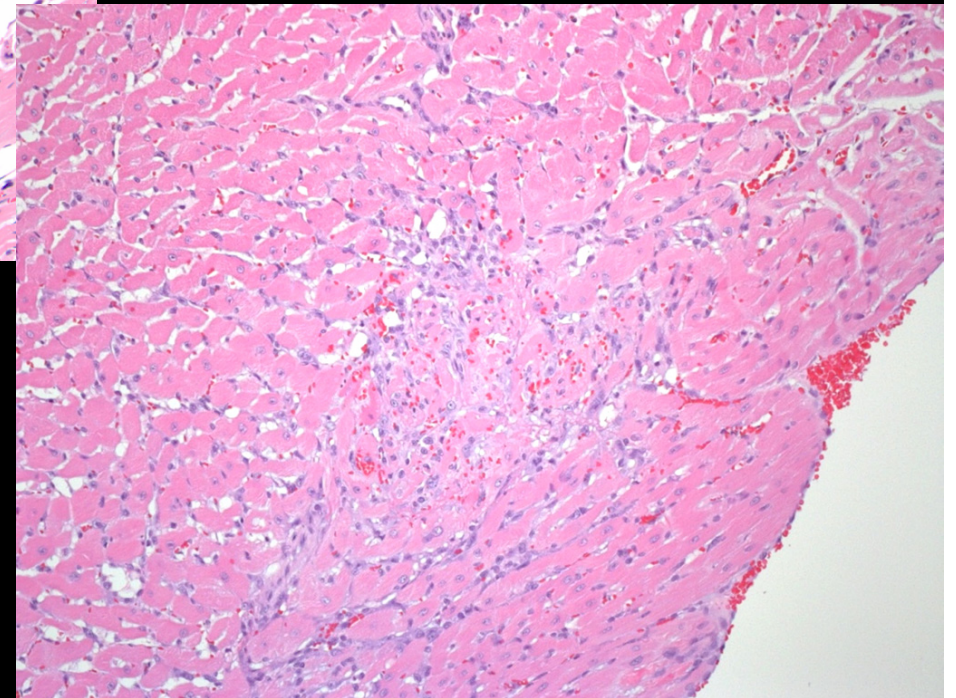
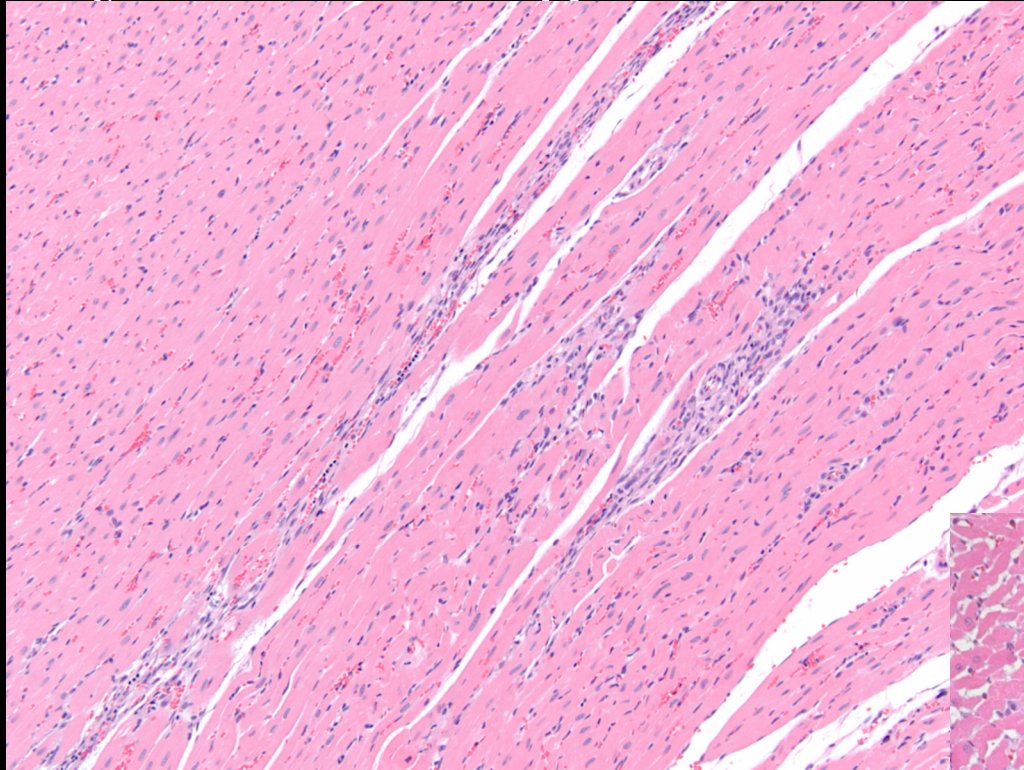
◆ **Perceived Gaps**

- ◆ Leading biomarkers of cardiomyocyte damage to detect injury while damage is reversible
- ◆ Current markers generally “report” lethal injury rather than “predict” it

◆ **Specific toxicities we want to be better able to monitor/predict**

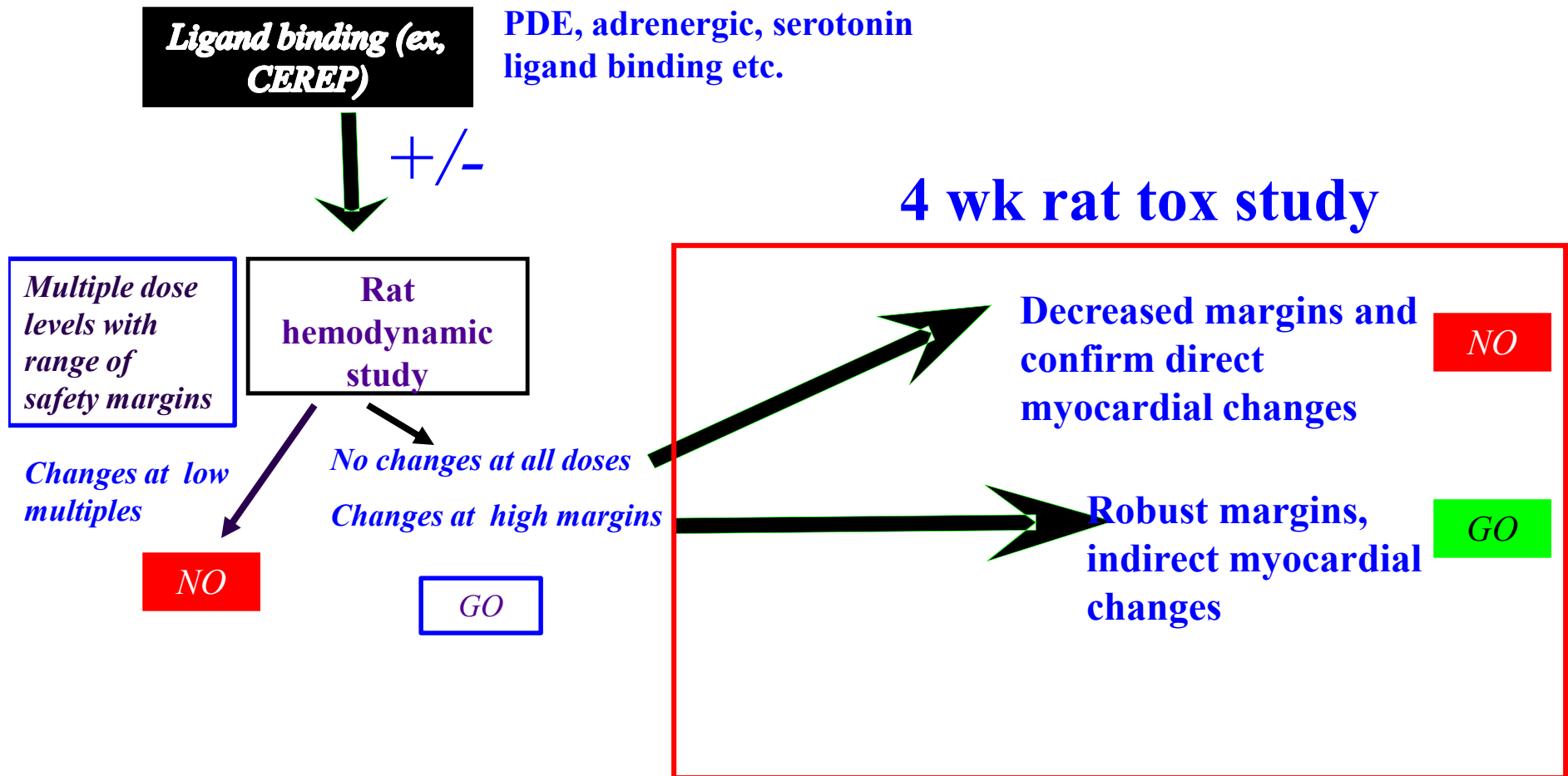
- ◆ **Direct cardiac muscle toxicity – more predictive than C-TnI**
- ◆ **Cardiac hypertrophy: BNP, NTproANP**
- ◆ **Valvulopathy**

Myocardial degeneration/regeneration



HEART	:	5	5	5
- Degen/regen: myofib.:	-	3	4	
- Inflam myocardium	:	-	1	3

Derisking myocardial toxicity: Characterization example



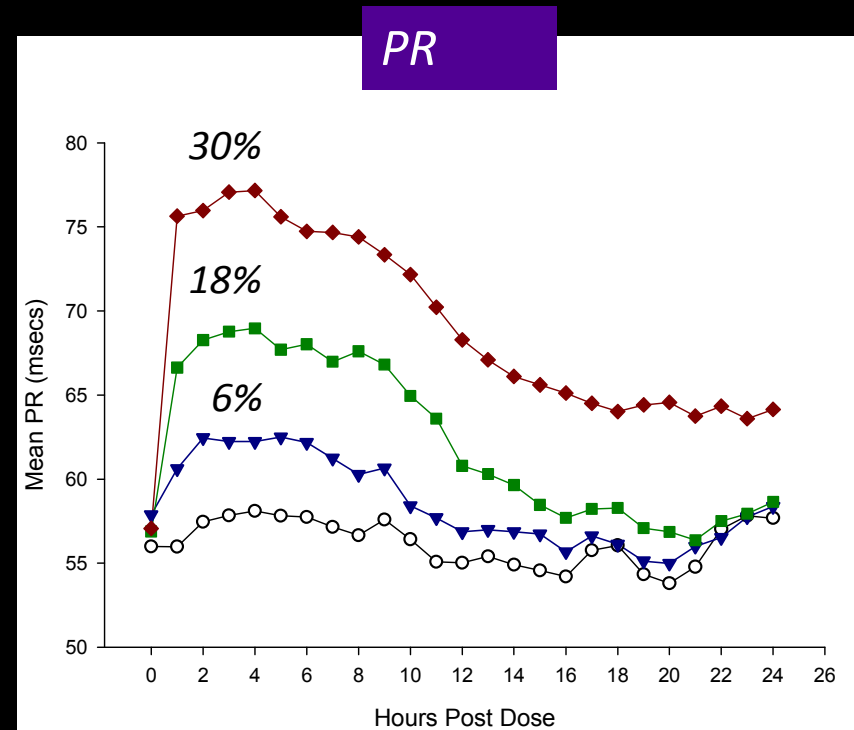
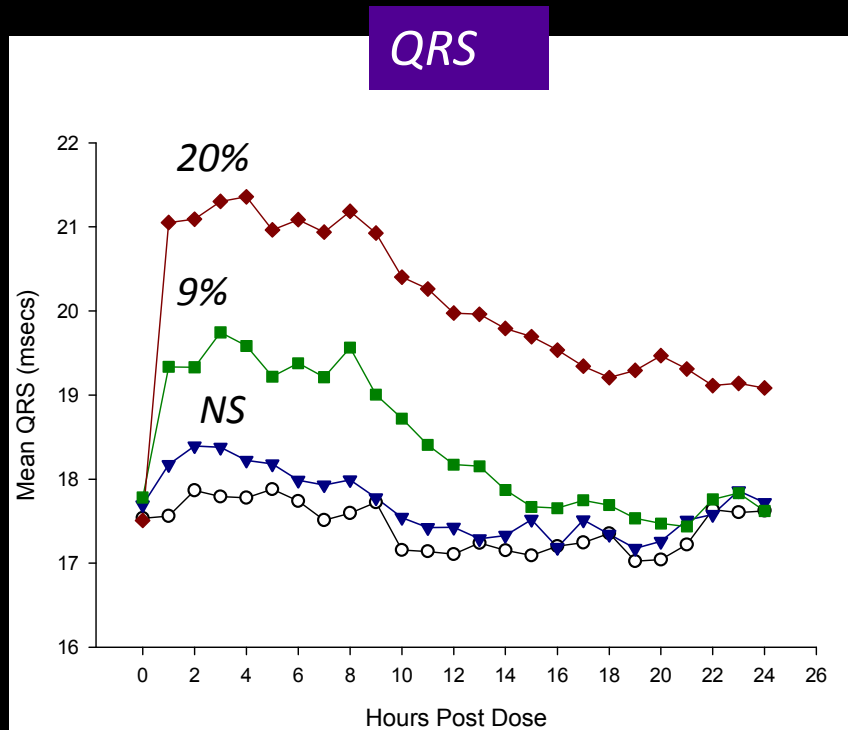
- Hemodynamic changes at higher doses may suggest myocardial damage due to hemodynamic changes (indirect effect)
- No hemodynamic changes suggest direct myocardial necrosis

Case example

- **In vitro CV assessment**
- *hERG IC₅₀: 1.7 μM*
- *Therapeutic margin ~200x*
- *Therapeutic Margin = hERG IC₅₀ / Target IC₅₀*
- ***Further investigations into cardiovascular-profile***

Langendorff and Rat in vivo CV Profile

- Langendorff assay demonstrates statistically significant change in QT interval at 0.3 μM .
- Also reveals changes in PR and QRS intervals at similar concentrations.



- Percent changes at C_{max} following SD exposure rat.

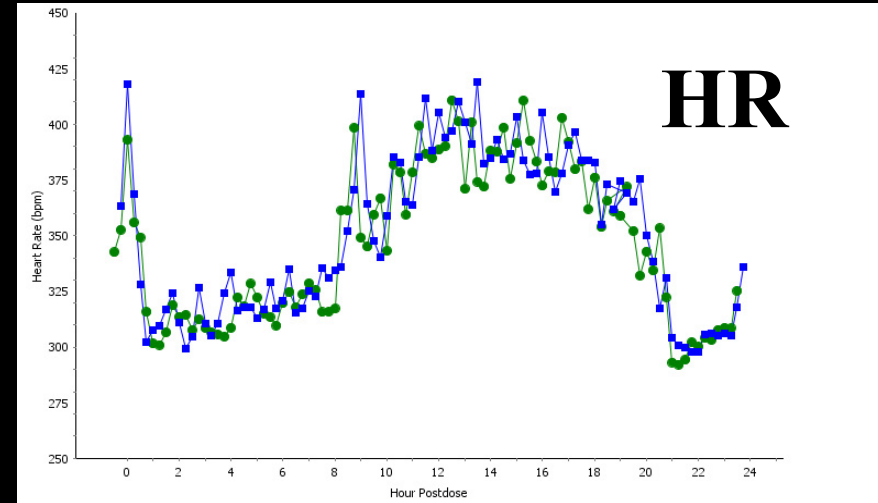
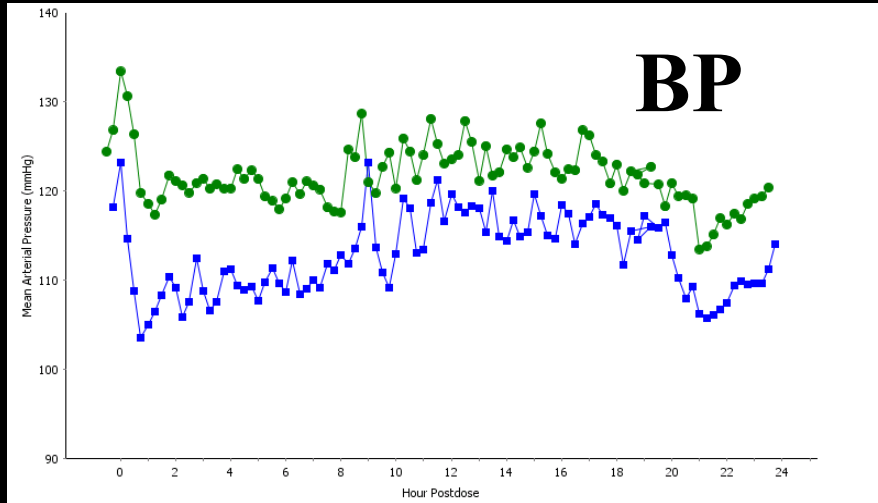
In vivo CV Profile: NHP

NHP CV GLP study results

Dose (mpk)	Multiple	CV Findings
Low dose	2	NOEL
Mid dose	6	↑QRS (6%)
High dose	19	↑PR(11%) & ↑QRS (12%)

- Further evaluation revealed a PR and QRS interval changes in a NHP study at low multiples.
- Development limiting and compound termination
- QRS prolongation due to inhibition of sodium channel
- Langendorff model to screen new compounds to test sodium channel inhibition

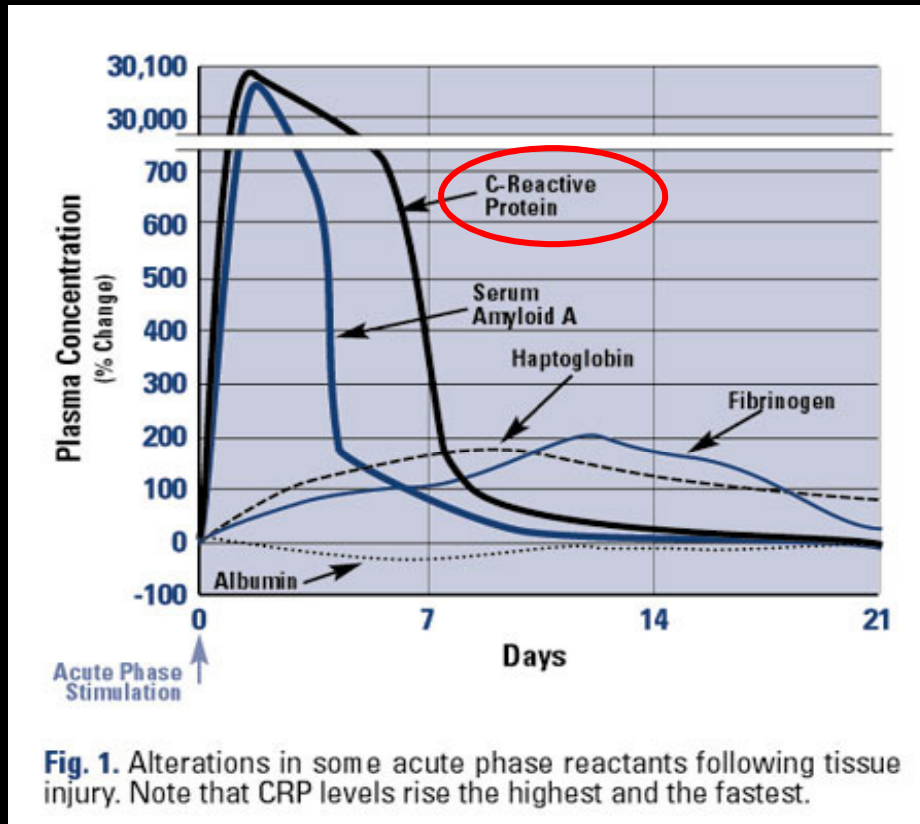
Another example; Day 4 Results – Compound A: Rat telemetry data



- ◆ Compound A produced a rise in blood pressure up to 8 mmHg after a single dose which was biologically significant
 - ◆ Heart rate showed a trend towards lowering but did not reach the 25 bpm threshold generally considered as significant
- ◆ Repeat dosing produced a sustained elevation in blood pressure (6-13 mmHg) which lasted for the full 24h of postdose monitoring
 - ◆ HR was no different from control at day 3 and 4
- ◆ Jacketed telemetry combined with tox study in the dog: No finding

Part 3: Biomarkers for both “safety” and “translational pharmacology” applications

Reverse translation example?



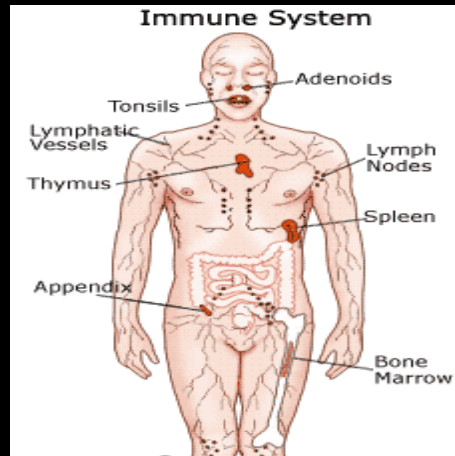
Gabay, C., and I. Kushner. 1999. Acute-phase proteins and other systemic responses to inflammation. *N. Engl. J. Med.* 340:448-454.



Current Gap



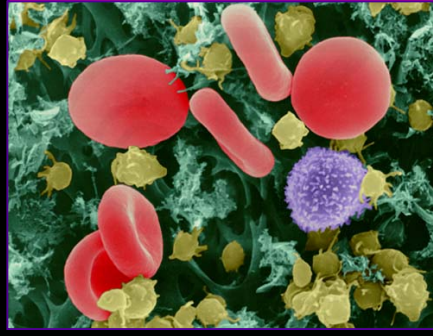
Disease (RA) and Inflammatory mechanisms



T and B cell activation

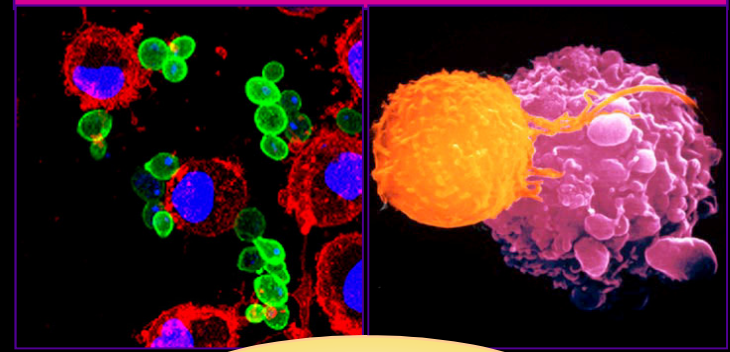
Inflammatory cell trafficking

Circulation Blood/Lymphatic



Innate Immunity

Normal Tissue Surveillance

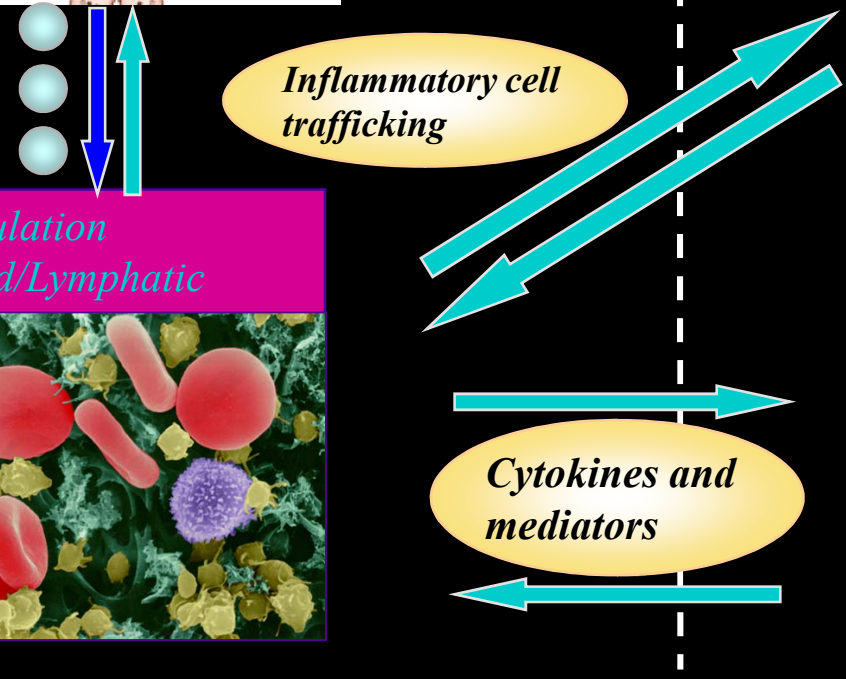


Immune cell effects on inflamed tissues

Inflamed tissues



Cytokines and mediators



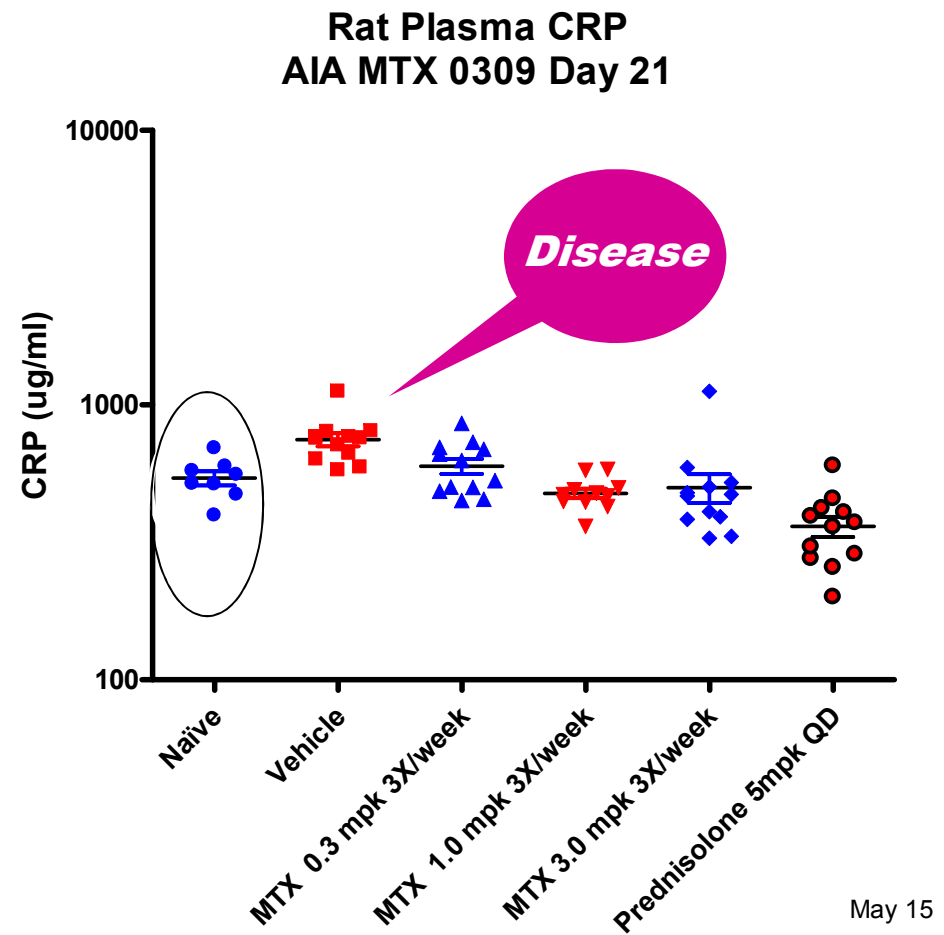
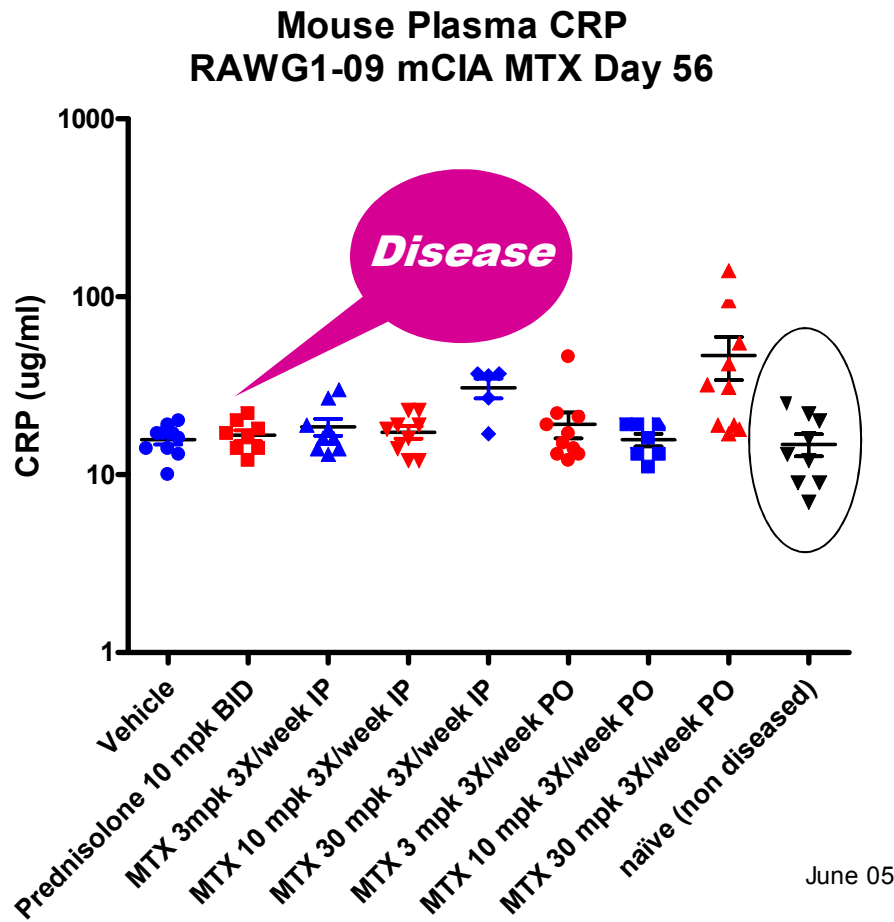
Species differences in utility of classic APRs as circulating markers:

Species differences in APRs detectable in blood, and their responses

APR:	human	dog	rat	mouse	rabbit	Monkey
CRP	++++	++++	0	+	++++	++++
SAA	++++	++	0	++++*	++++	++++
SAP	0	0	0	+++	?	0
α 2MG	0	+/-	++++	+/-	++	0
A1acid GP	++	++	+++	0	?	++
Ceruloplasmin	+	+	+	?	++	+
Haptoglobin	+	++	+++	++	+++	+
Fibrinogen	++	++	++	++	+++	++
Transferrin	↓	±↓	±↓	↓	↑	↓
↓alb	√	√	√	√	√	√
ESR	√	0	0	0	0	√

*+/- variable results; * strain-dependent + <1x, ++ 1-4x, +++ 5-10x, ++++ >10x*

The Challenge: CRP doesn't translate to Rodent Models of Inflammation



Considerable Strain to Strain variation in the acute Phase Response

Mouse Strain	Acute Phase Response for SAP
C57BL	Lowest baseline SAP value with largest incremental response to Inflammation
DBA/2	Highest baseline SAP and least responsive to inflammation
BALB/c	Intermediate responder
C3H/He	Intermediate responder (endotoxin unresponsive strain)

Species	Strain
Mouse CIA	DBA
Rat AIA	Lewis
Rat CIA	Dark Agouti

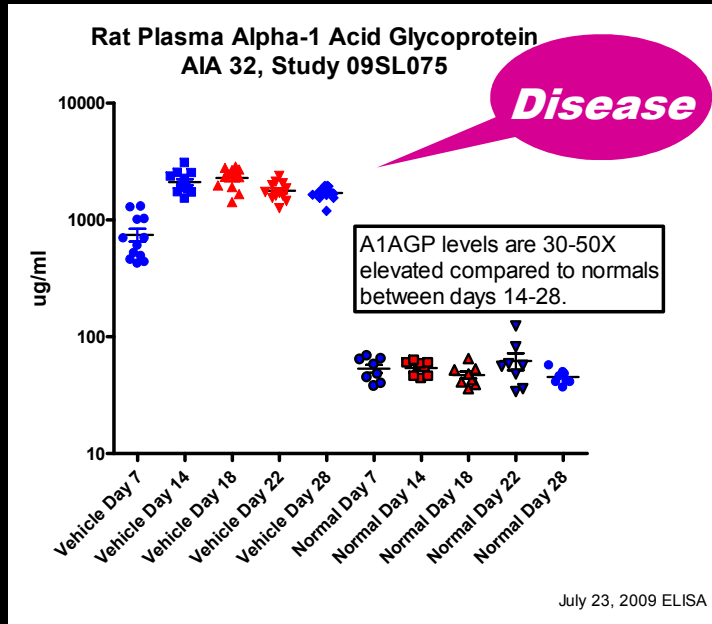
Data compiled in Biochemistry of Inflammation. J. T. Whicher, S. W. Evans. 1992.

Inflammation Models Utilize Multiple different Strains of Mice and Rats

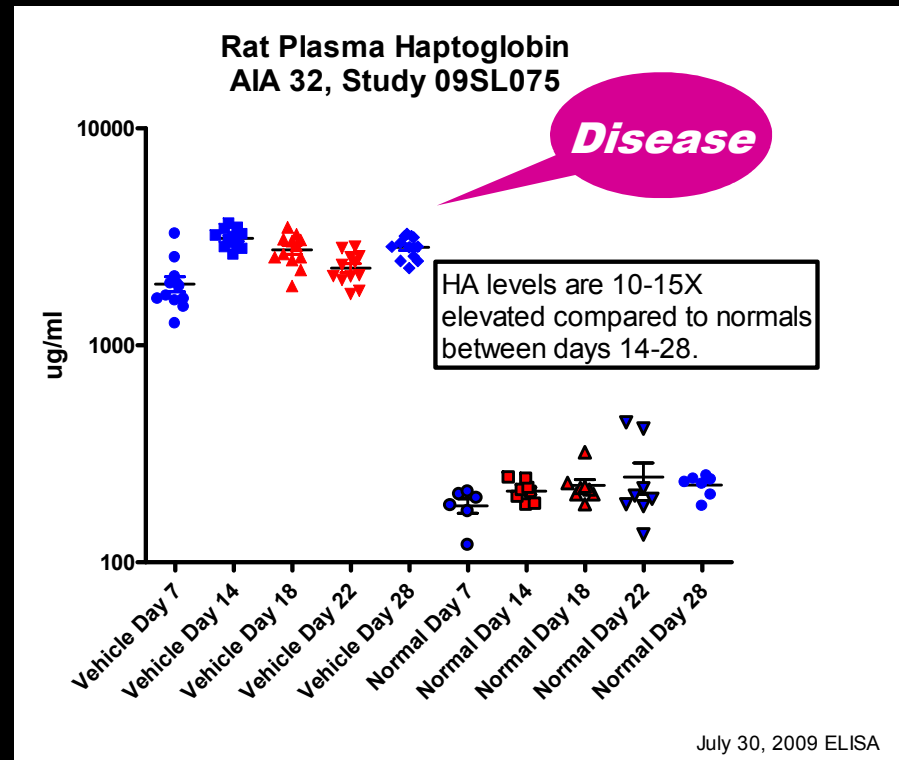
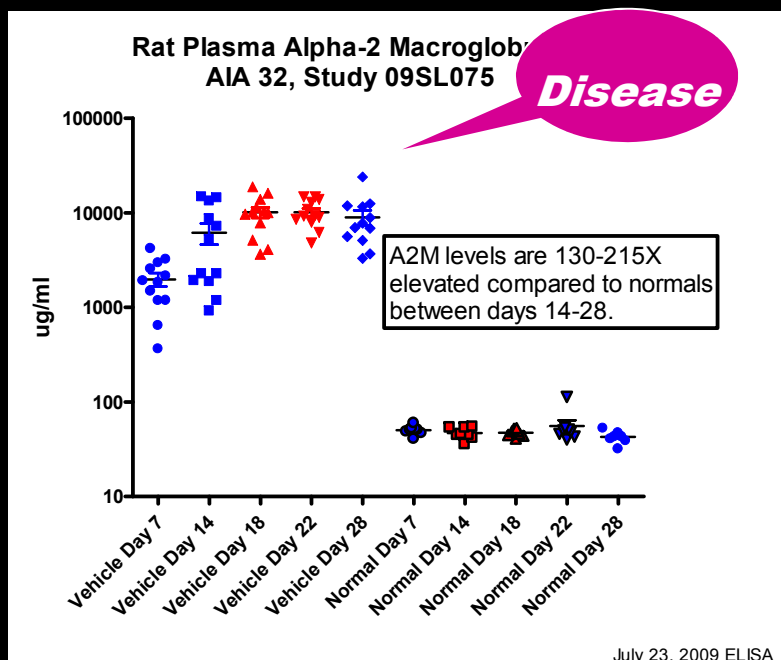
Species	Strain	Studies Examined	Relative Order of Response
Mouse CIA	DBA	5	SAA>SAP>CRP ++++ +++ +
Mouse TNBS	BALBc	1	SAA>SAP ++++ +++
Rat AIA	Lewis	4	A2M>A1AGP>HA>CRP ++++ +++++ +++++ +
Rat CIA	Dark Agouti	2	A2M>HA>A1AGP=CRP +++ ++ + +
Rat TNBS 30mg/acute	Sprague Dawley	4	A2M>HA>A1AGP>CRP ++++ ++ ++ +
Rat STZ	Wistar	1	A2M, A1AGP barely elevated 11wks + +
Rat 5-Day IVT	Wistar	1	A1AGP>A2M=HA ++++ ++ ++

+ <2X, ++ 2-5X, +++ 5-10X, +++++>10X elevation

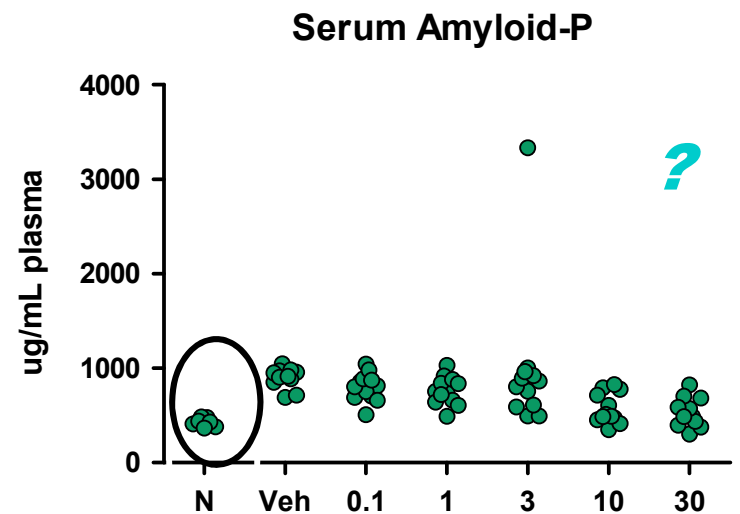
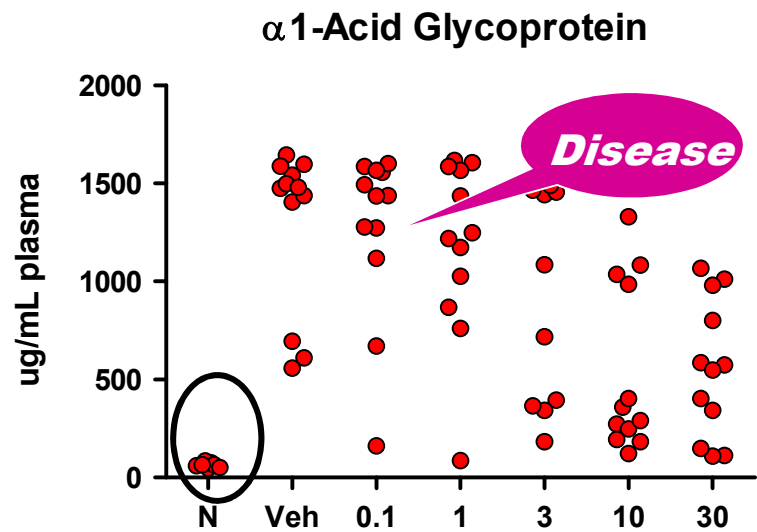
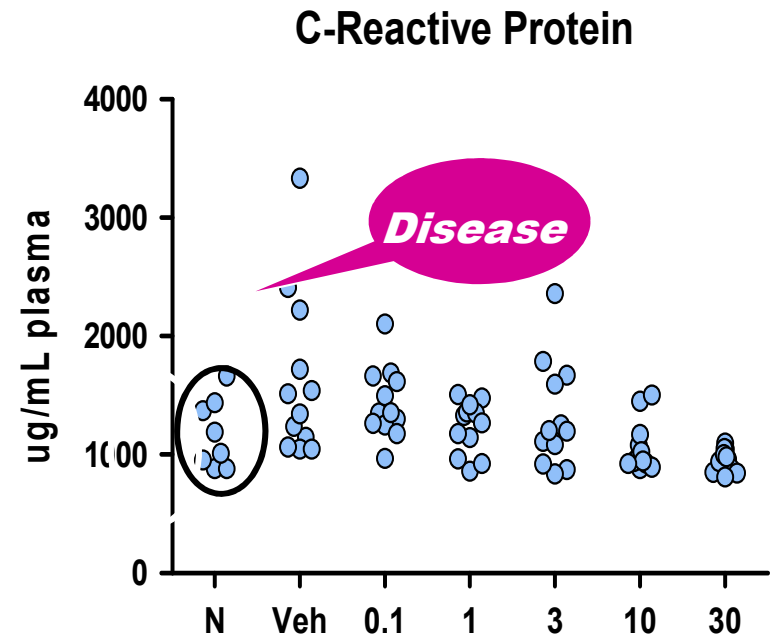
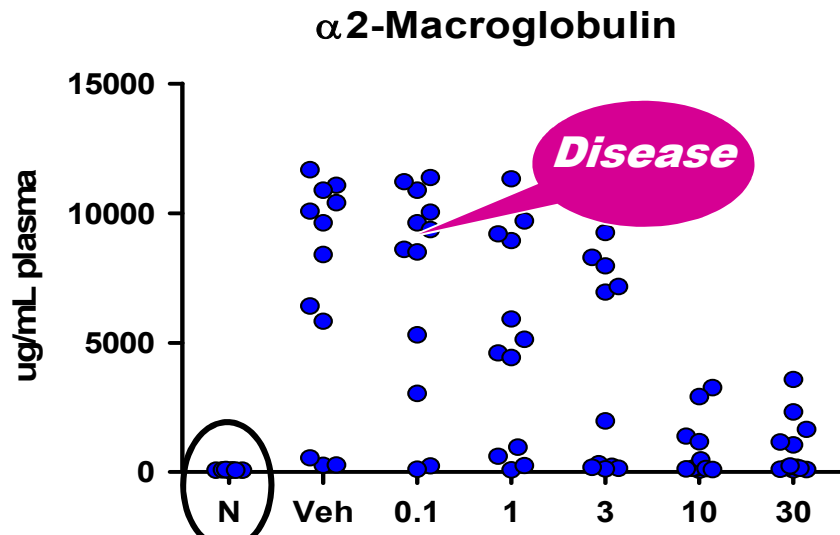
A2M, A1AGP, & HA are all significantly elevated in the Rat AIA model of inflammation



APP levels are still rising at day 7 in Rat AIA model, but level off between days 14-28 with magnitude increase A2M>A1AGP>HA. These windows should allow for a therapeutic dose response.

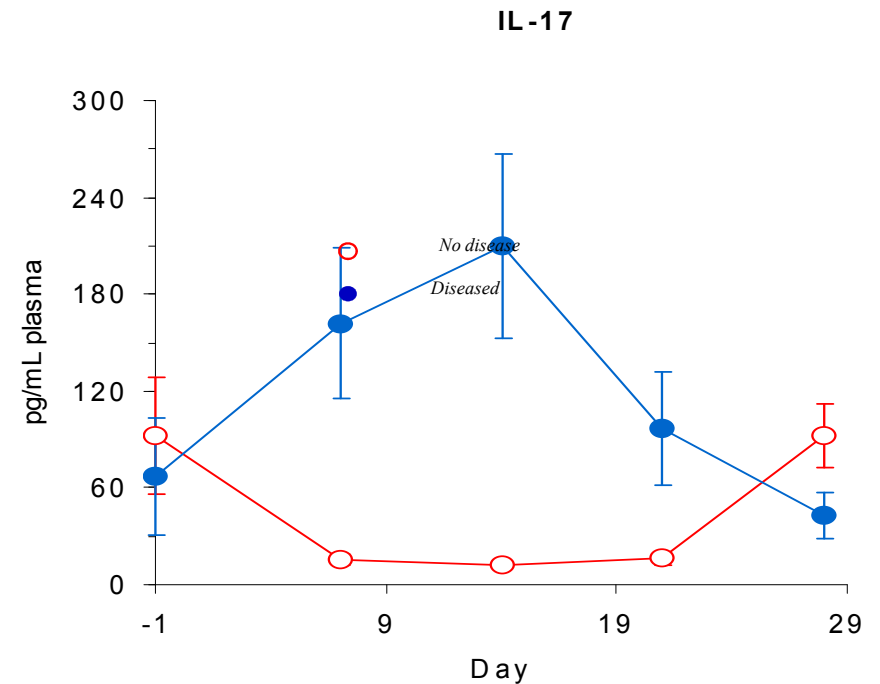
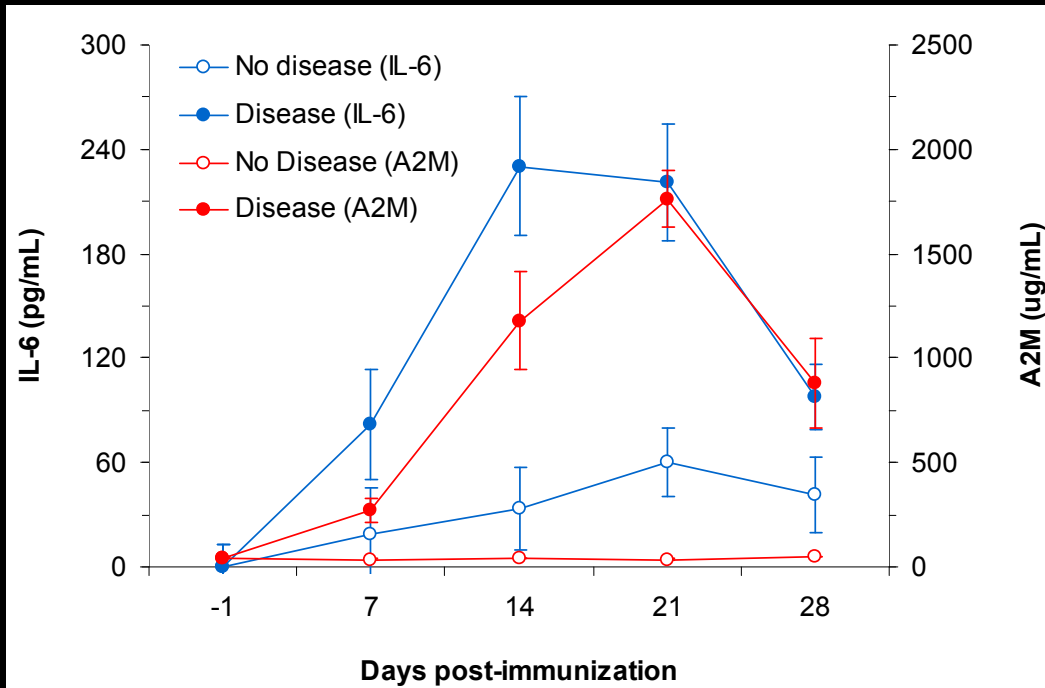


Rat AIA: Day 18 (w/dosing of Compound A)

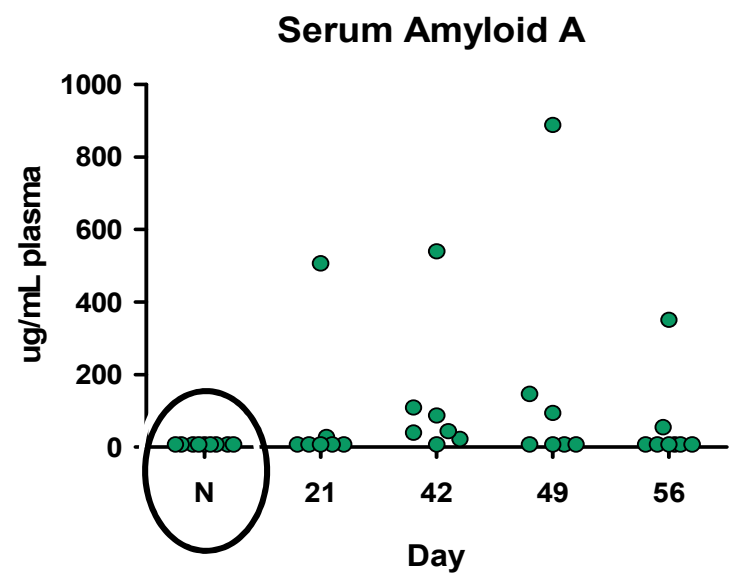
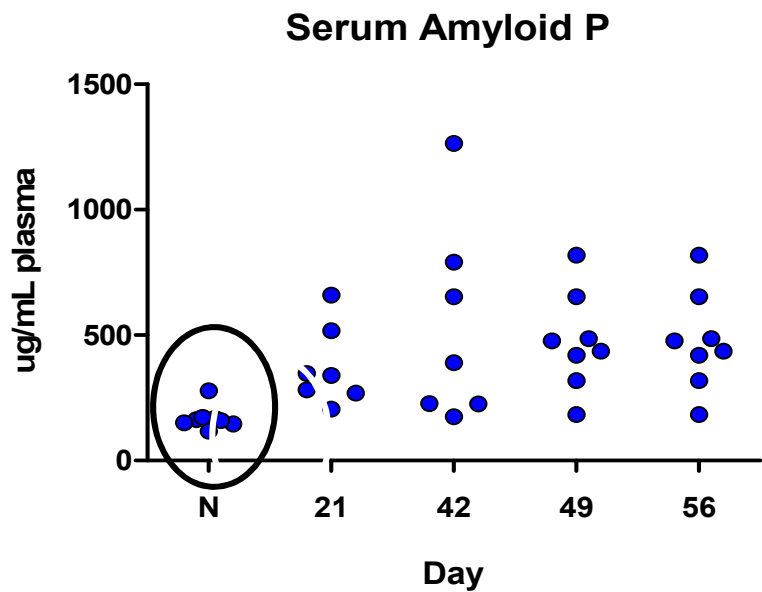
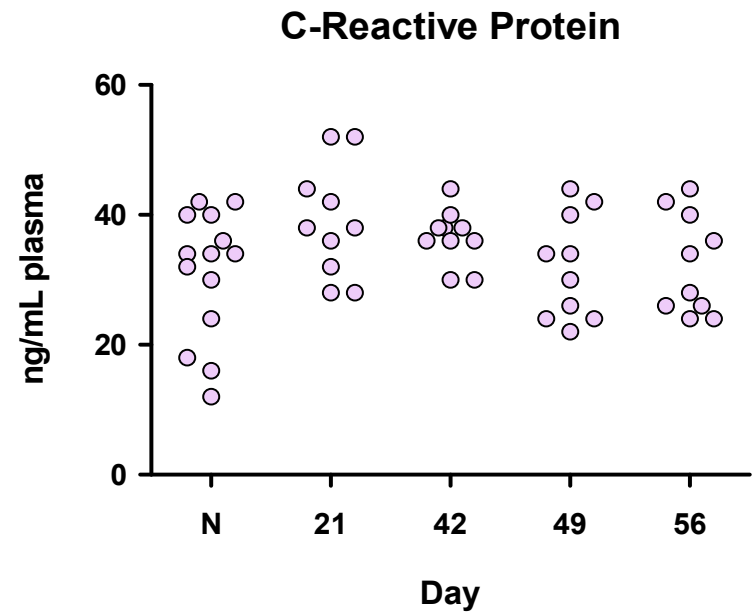
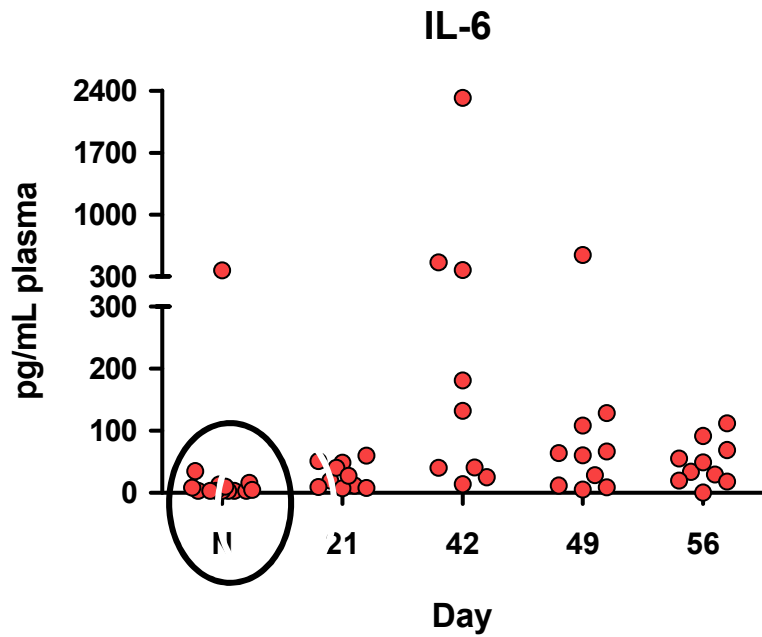


Note on cytokines

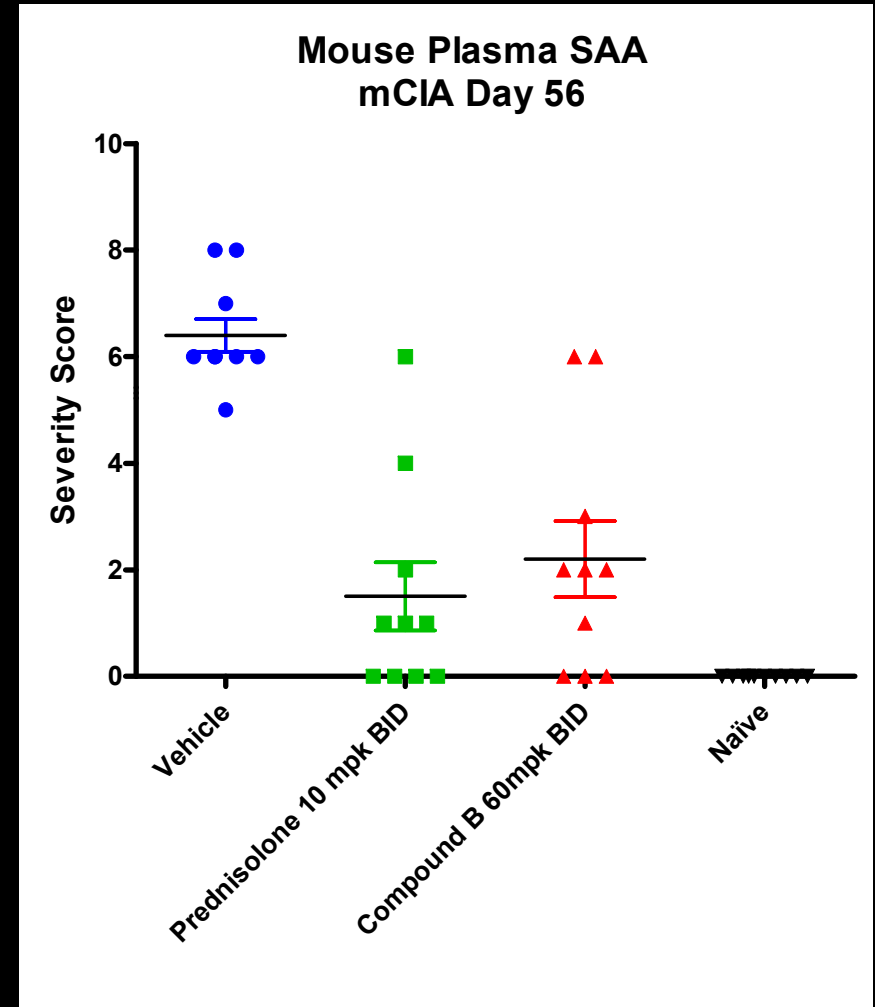
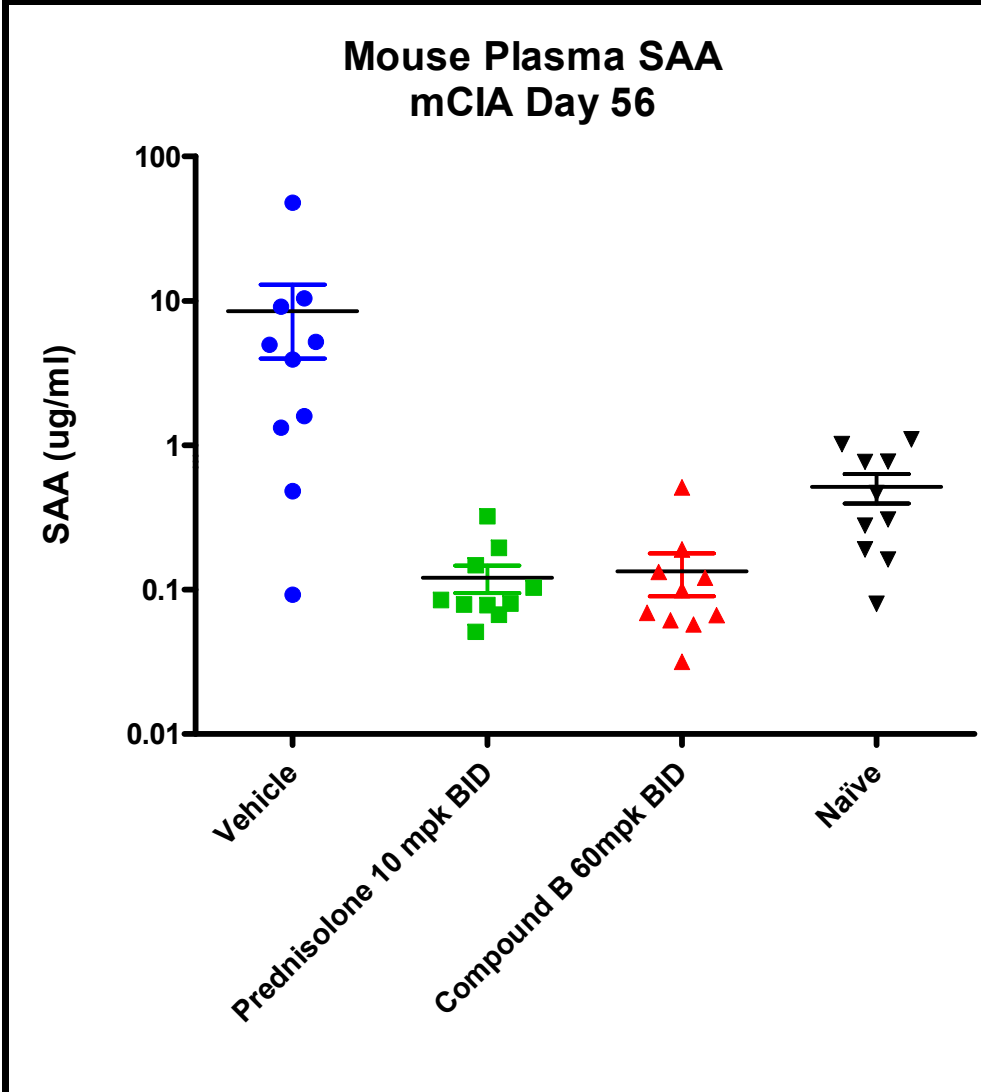
α -2-Macroglobulin, IL6, IL17 in Rat AIA Time-Course Study



Traditional Mouse CIA



In the Mouse CIA Model, SAA decreases in Response to Therapeutic Dosing (D40) with either Prednisolone or Compound B Correlating with Efficacy



Acute Phase Proteins: Summary

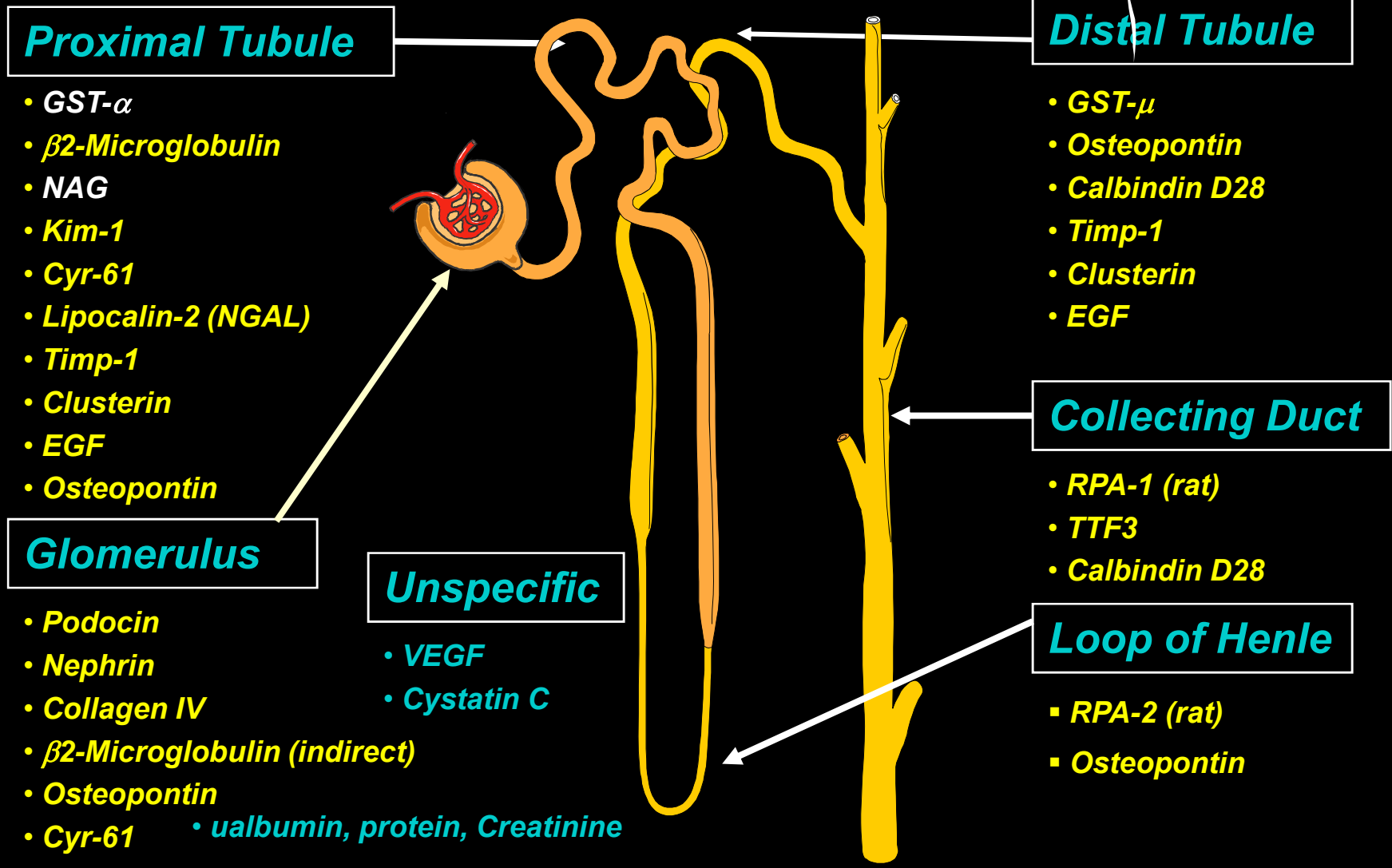
- ◆ SAA and SAP for Mice and A2M, HA, and A1AGP for Rats
- ◆ Confirmed that CRP is not responsive to Inflammation in Mouse and Rat models.
- ◆ Initial data suggests that the APP response can correlate to disease, efficacy, and potentially toxicities or secondary pharmacology, but defining the appropriate APPs for some models is a work in progress, and additional data in models where efficacy is seen are necessary
- ◆ In Rat AIA, all APPs showed significant and sustained elevation with A2M increasing the most.
- ◆ Haptoglobin and A2M assays now formatted for Advia 1650

Renal Biomarkers: Traditional clinical pathology parameters of renal injury

- ◆ Biomarkers of renal function
 - ◆ Primarily **plasma** markers of GFR
 - ◆ GFR most important clinically but it is a late change
- ◆ Biomarkers of renal injury
 - ◆ **Urinary biomarkers**
 - ◆ Routine urinalysis (including urine chemistry)
 - ◆ Novel rat urinary biomarkers (Lots of recent applications!)
 - ◆ Not discussed today

Biomarkers of renal injury (urinary enzymes, & proteins)

ILSI/HESI, PSTC, IMI, Academia, assay vendors....



• *albumin, protein, Creatinine*

Utilization of novel renal biomarkers in translational pharmacology

Kidney injury biomarkers – safety and efficacy assessment

Disease models:

- ◆ MLR/lpr lupus mouse
- ◆ Ischemia/ Reperfusion (I/R) acute kidney injury (AKI)
- ◆ BTBR ob/ob mouse

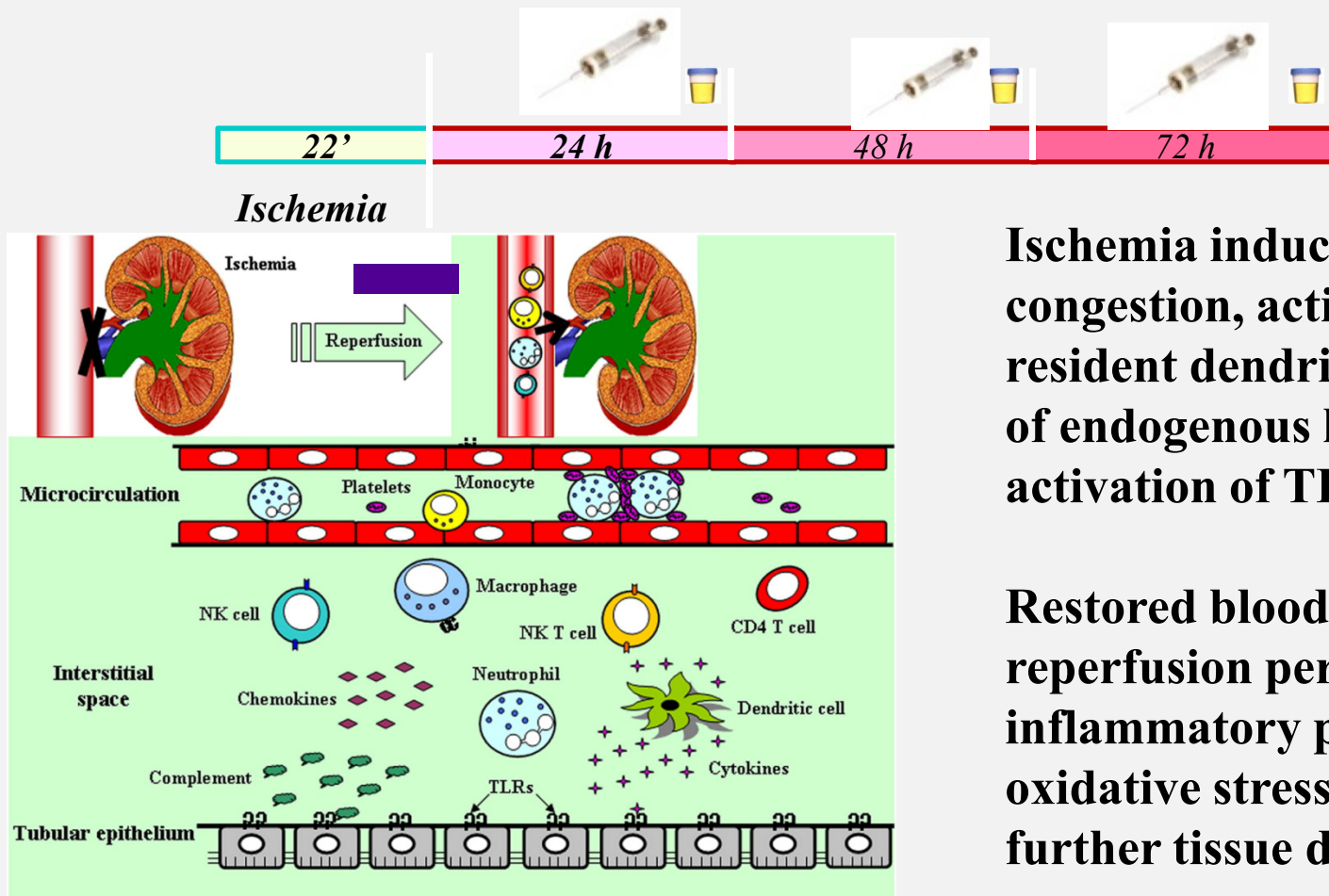
Assays for specific and non-specific kidney markers:

- ◆ NGAL
- ◆ Kim-1
- ◆ Cystatin C
- ◆ MCP-1
- ◆ NAG

- ◆ ClinPath:
 - ◆ serum: creatinine, BUN
 - ◆ urine: creatinine, protein, albumin

- ◆ Histology/ pathology

Acute Kidney Injury model



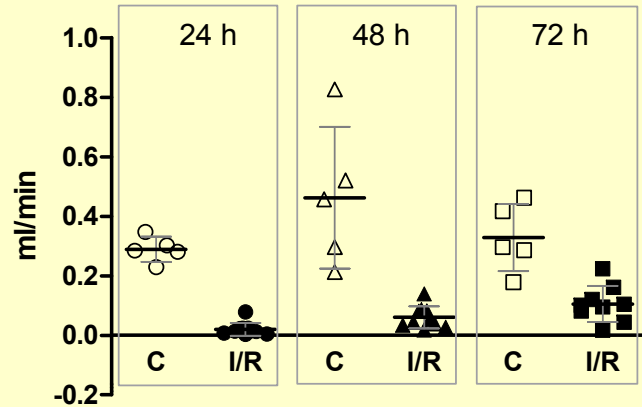
Ischemia induces vascular congestion, activation of resident dendritic cells, release of endogenous ligands and activation of TLRs

Restored blood flow during reperfusion period amplifies inflammatory process, oxidative stress and leads to further tissue damage

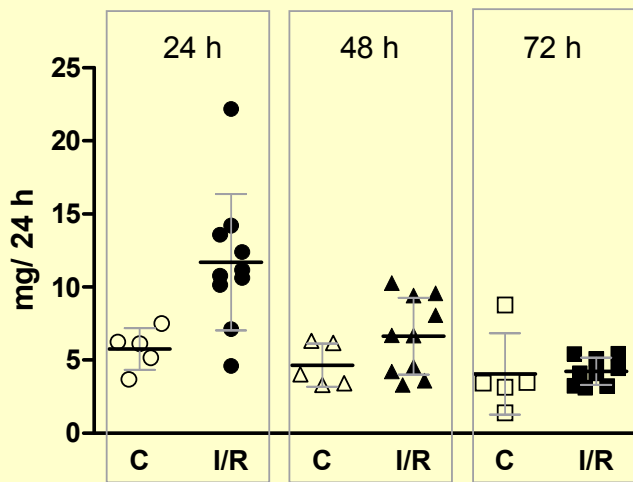
Modified from Clinical Immunology 2009; Vol.130; 41–50

Biomarkers of kidney function in I/R mouse

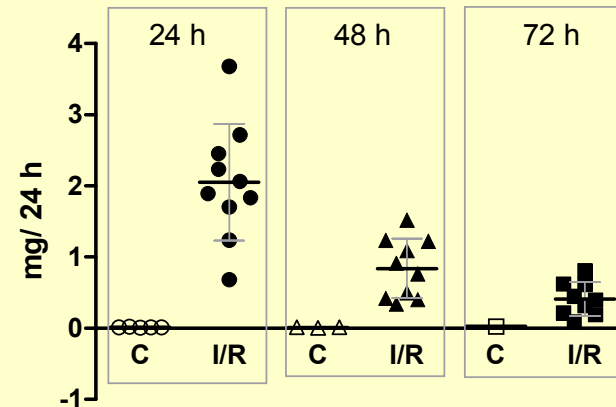
Creatinine clearance



Urine total protein



Urine total albumin

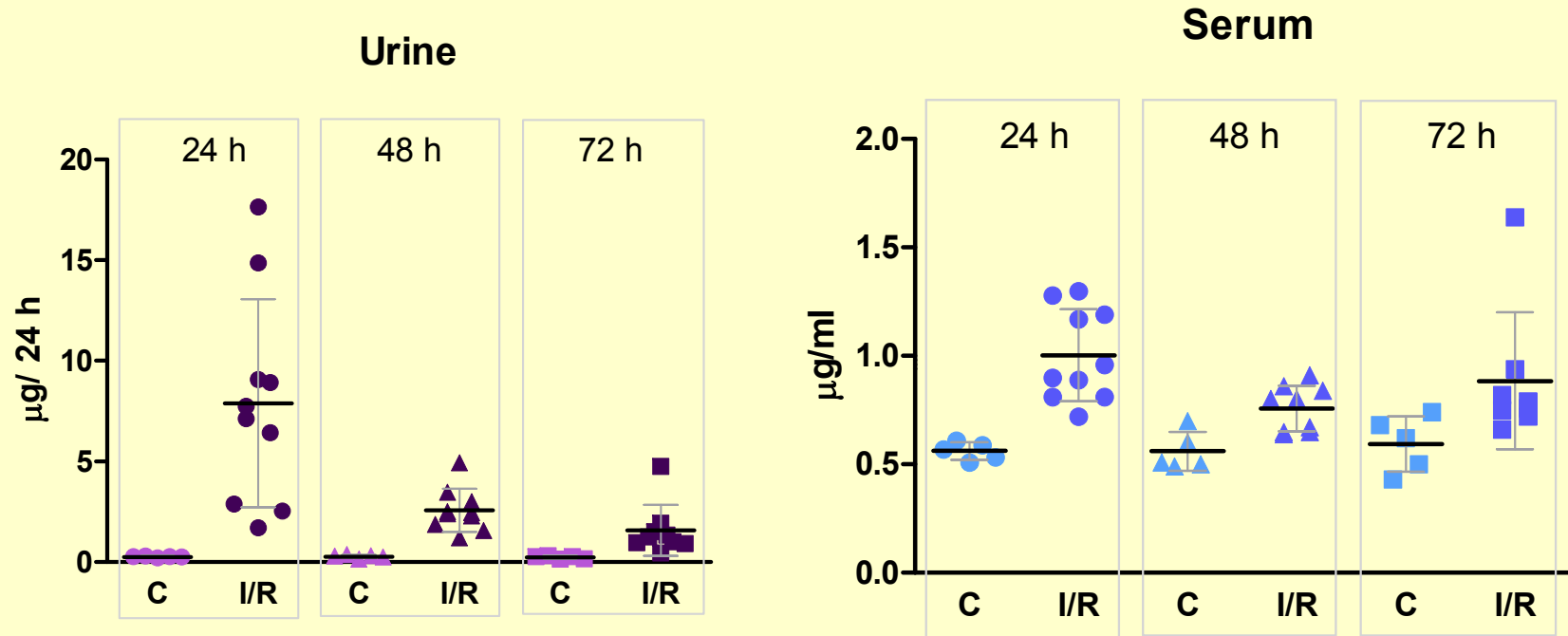


- *Serum creatinine* ↑
- *Serum BUN* ↑
- *Urine NAG activity* ↓

Creatinine Clearance:

$$\frac{\text{urine creatinine (mg/dL)} \times \text{urine total volume (mL)}}{\text{serum creatinine (mg/dL)} \times \text{collection time (minutes)}}$$

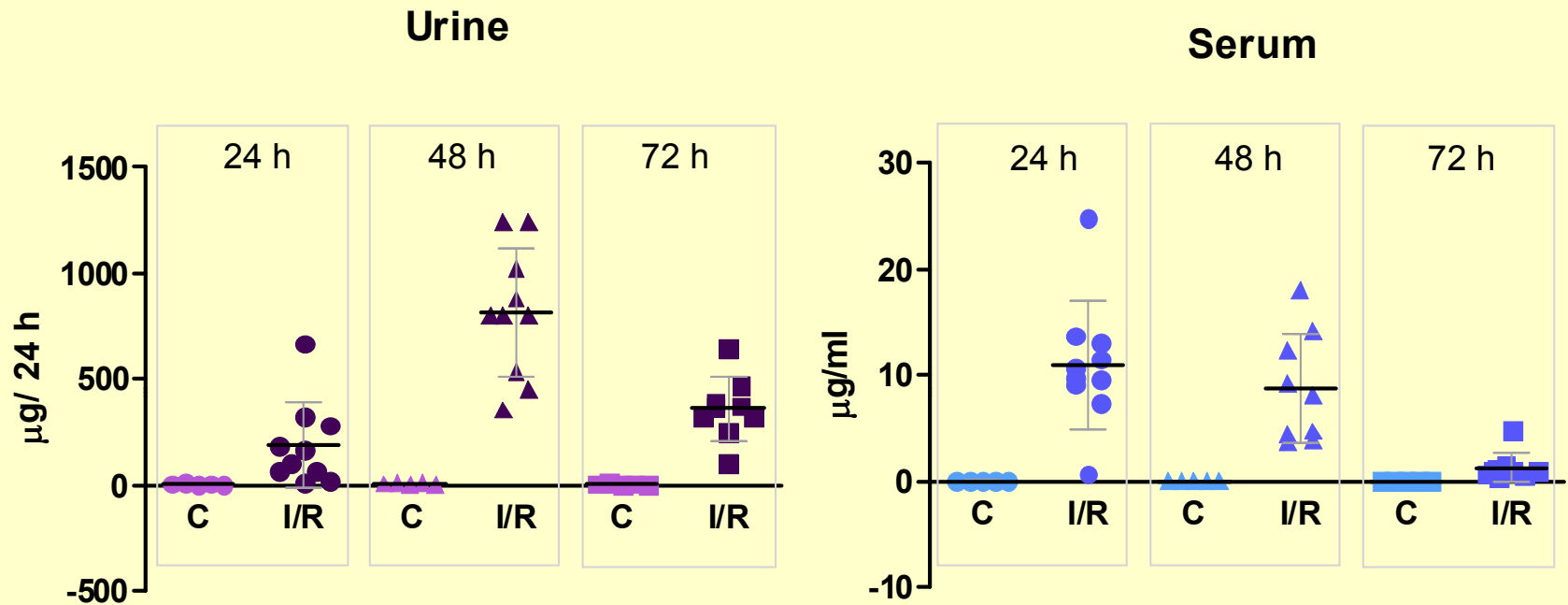
Urine Cystatin C – marker of tubular reabsorption



- *Cystatin C:*

- ✓ *modest, ~2-fold increase in serum with greater induction in urine 24 h post injury*

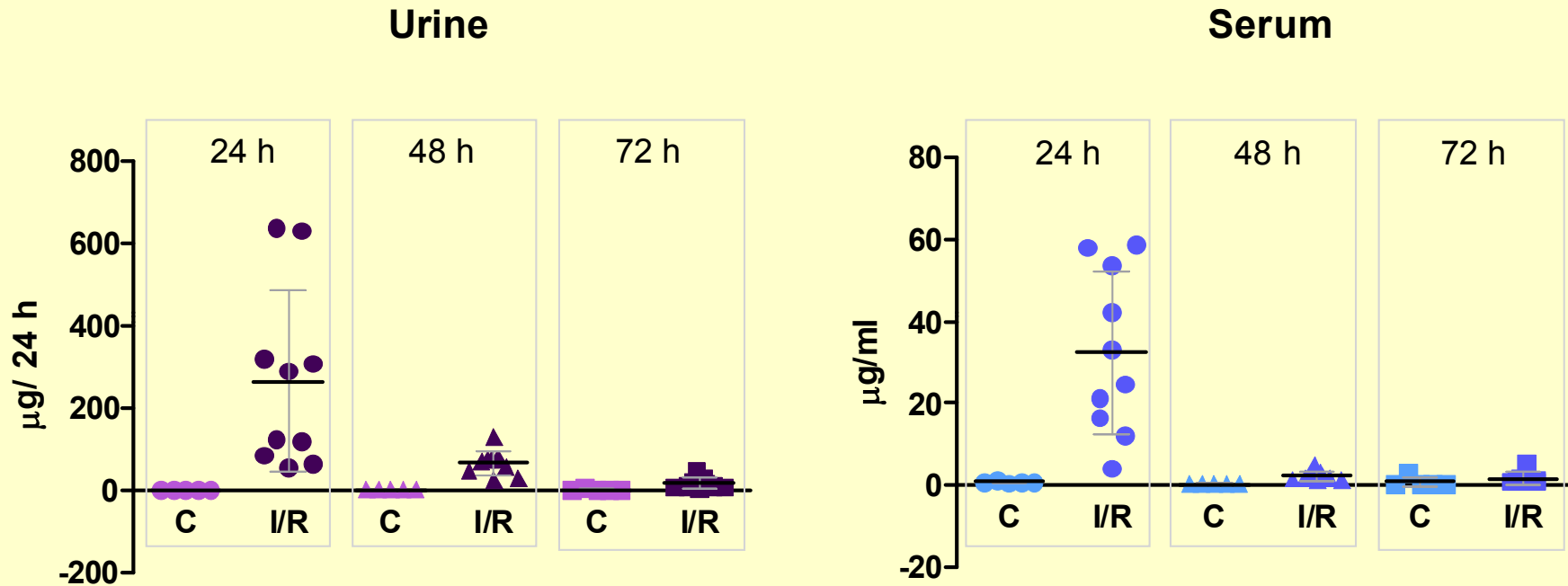
Kim-1 – changes after ischemia/ reperfusion injury



•KIM-1:

- ✓ elevated in serum at 24 and 48 h post I/R injury
- ✓ changes in urine levels follow changes in serum with the highest levels 48h post injury
- ✓ greater magnitude of induction in serum than in urine in response to I/R

NGAL – changes after ischemia/ reperfusion injury

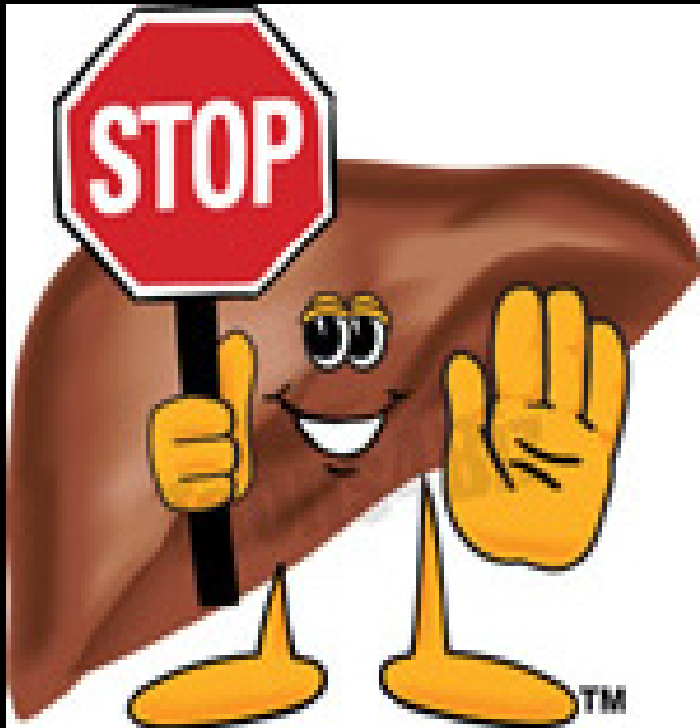


•NGAL:

- ✓ early marker of kidney injury, peaked within 24 h post I/R injury in serum and in urine
- ✓ recovery to normal level were faster in serum than in urine
- ✓ grater magnitude of induction in urine than in serum

General Thoughts and Take Home Messages

1. Biomarker translation involves extensive planning
2. Clinical input provide needed perspective and attention
3. Emerging applications provide new options
4. Ask decision making questions
5. Link biomarkers to most applicable mechanisms and disease
6. Manage expectations
7. Knowing what to do with the information should be the first priority



Questions?